

17<sup>th</sup> WORLD CONGRESS OF MUSIC THERAPY  
17<sup>e</sup> CONGRÈS MONDIAL DE MUSICOTHÉRAPIE



July 24 – 29 Juillet 2023  
Vancouver, Canada

# PROGRAM BOOK

July 24 - 29 Julliet 2023 | Vancouver, Canada

#WCMT2023



[www.wcmt2023.org](http://www.wcmt2023.org)





## Canadian Journal of Music Therapy

The **Canadian Journal of Music Therapy (CJMT)** is a bilingual, peer-reviewed publication that aims to raise international standards of music therapy knowledge and practice.

Since 1973, CJMT has provided a medium for the dissemination of music therapy scholarship. We seek articles and book reviews on music therapy research, theory and practice and the intersection between music therapy, the arts and science.

We accept articles in English and in French. The journal welcomes submissions from first time authors and seasoned veterans and offers a manuscript development program to assist authors through the writing process. Our team is proud to offer the journal on an open-access platform.

**Feel free to connect with our editorial team if you are interested in publishing with us!**

Please send your cover letter, manuscript, and any additional tables, figures, or appendices to the Editor in Chief (for English content) at [journal@musictherapy.ca](mailto:journal@musictherapy.ca) or to the French Content Editor (for French Content) at [revue@musictherapy.ca](mailto:revue@musictherapy.ca).

## Revue canadienne de musicothérapie

La **Revue canadienne de musicothérapie (RCM)** est une publication bilingue évaluée par les pairs visant à relever les normes internationales touchant les connaissances spécialisées et les pratiques exemplaires en musicothérapie.

Depuis 1973, la RCM se voue à la diffusion du savoir en musicothérapie. Nous sollicitons des articles et critiques d'ouvrages traitant de la recherche, de la théorie et de la pratique de la musicothérapie, ou relevant d'une approche intersectionnelle de la musicothérapie, des arts et des sciences.

Nous acceptons les articles rédigés en anglais et en français. La revue accueille des auteurs qui en sont à leur première publication tout autant que d'autres plus chevronnés, et elle offre un programme d'aide à la rédaction pour les accompagner tout au long du processus. Notre équipe est fière de publier la revue en libre accès.

**Si vous souhaitez publier un article dans la revue, communiquez sans hésiter avec notre équipe de rédaction!**

Faites parvenir votre lettre de présentation, votre article et tout document d'accompagnement pertinent (tableau, image ou annexe) à la rédactrice en chef — [journal@musictherapy.ca](mailto:journal@musictherapy.ca) — pour le contenu en anglais, ou à la directrice du contenu en français, à l'adresse [revue@musictherapy.ca](mailto:revue@musictherapy.ca).



**Principal Contact / Contact principal**  
Editor-in-Chief / Rédactrice en chef  
[journal@musictherapy.ca](mailto:journal@musictherapy.ca)

**Canadian Association of Music Therapists /  
Association canadienne des musicothérapeutes**  
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## Value a music therapy standard around the world.

Worldwide, music therapists know their training and experience promotes healing, both emotionally and physically. Simply providing an outlet to express one's feelings offers benefits for each client and family.





Yet, quite often, too few of our colleagues, employers and co-workers recognize the role and value of music therapy. It's time for music therapists across the globe to change that.

Start by earning your credential from the Certification Board for Music Therapists. CBMT is recognized around the world for its quality, integrity, and professional commitment to music therapy practice.

Music Therapy Board Certification (MT-BC) is more than a credential - it's an emblem of your clinical competence. Your MT-BC lets the world know your contributions validate the profession, evolve the practice and help people thrive.

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Connect with us at the World Congress or visit [cbmt.org](http://cbmt.org) to learn more.**



    | 800-765-CBMT (2268)

**CBMT is a proud Silver Sponsor – Allegro of the 17th World Congress of Music Therapy.**



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MUSICOTHÉRAPIE  
DU CANADA

*Instrumental in transforming lives through music therapy*

**Wishing  
Everyone a  
Wonderful  
Congress!**



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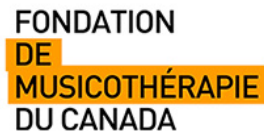
# Thank You to All Our Supporters

The 17th World Congress of Music Therapy (WCMT 2023) would like to thank the following companies for their support:

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# Thank You to all our Supporters

The 17th World Congress of Music Therapy (WCMT 2023) would like to thank the following companies for their support:

## SUPPORTERS





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WCMT 2023 Program Book

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# Our Land Acknowledgement

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We acknowledge that the 17th World Congress of Music Therapy takes place on the ancestral, unceded traditional territories of the  $x^w m \theta k^w \acute{e} y \acute{e} m$  (Musqueam),  $S_k w x w \acute{u} 7 m e s h$  (Squamish), and  $s \acute{e} l i l w \acute{e} t a \dagger$  (Tsleil-Waututh) Nations.

# Welcome Letters

Prime Minister of Canada

Dear Friends:

I am pleased to offer my warmest greetings to everyone attending the 17th World Congress of Music Therapy (WCMT 2023), hosted by the Canadian Association of Music Therapists (CAMT).

This triennial event provides music therapy professionals and specialists associated with the field an important platform to discuss current research and share insights and best practices. I am certain that delegates will make the most of the many educational and networking opportunities planned for the next six days centred on this year's theme: "Music Therapists: Reflecting, Connecting and Innovating in the Global Economy."

I would like to commend the CAMT for offering this congress in both in-person and virtual formats and for putting together an informative and rewarding program for everyone involved.

I would like to thank the citizens of Vancouver for their warm hospitality.

Please accept my best wishes for an engaging experience.

Sincerely,



A handwritten signature in black ink, which appears to read "Justin Trudeau". The signature is written in a cursive style and is positioned above a horizontal line.

The Rt. Hon. **Justin P. J. Trudeau**, P.C., M.P.  
Prime Minister of Canada



# Welcome Letters

## Congress Organizer

Welcome to the 17th World Congress of Music Therapy! The theme of our congress, Music Therapists: Reflecting, Connecting and Innovating in the Global Community, invites us to more deeply engage with our colleagues and our profession, and to engage in important conversations, learning from each other's expertise, and challenging each other's thinking, while building new connections and strengthening lasting relationships.

We encourage you to take in all this congress has to offer whether you are in-person or at home.

- From Spotlight Sessions to Pecha Kuchas, from Fireside Chats to Round Tables, we hope the vibrant mix of topics and delivery platforms will allow everyone to come away with something new and meaningful.
- For those of you with us in Vancouver, we hope to see you at the Welcome Reception, on the Cultural Tours, at the After Party and everything in between.

Thank you to all our sponsors and exhibitors. This is my 9th year of planning conferences and I want to specifically thank the Planning Committee, the Scientific Committee, International Conference Services, the World Federation of Music Therapy, and the Canadian Association of Music Therapists membership for helping us organize one of such scale. I have personally learned so much from this experience and know CAMT couldn't, and wouldn't want to, do it without all of you!



*Pam Lansbergen, MTA*  
**WCMT2023 Congress Organizer**  
**CAMT Manager of Operations**

# Welcome Letters

WFMT President

Welcome to the 17th World Congress of Music Therapy! It is indeed a special time to gather together. We are grateful to the Canadian Association of Music Therapists for assembling and producing a fantastic congress during demanding circumstances. The world changed dramatically during the process of organizing the congress.

Indeed, now is our time to Reflect, Connect, and Innovate. Change requires all three, and that is what we are here to do. If you have attended a previous World Congress of Music Therapy, you will recognize some familiar aspects, and you will find new opportunities to engage and learn. We hope you embrace the changes that come from connecting with others from different backgrounds, diving into research and practice knowledge, and exploring new landscapes.

Wishing you all an enlightening experience!



*Anita L. Swanson, PhD, MT-BC*  
**WFMT President**



# 01

# Welcome Letters

CAMT President

Welcome! Bienvenue!

It is an honour to host the 17th World Congress of Music Therapy in beautiful Vancouver, BC Canada. On behalf of the Canadian Association of Music Therapists (CAMT), our board and our membership; we hope that this experience is one that enriches your connection to the field of music therapy and invites you to learn about the music therapy landscape around the world.

Thank you to the World Federation of Music Therapy (WFMT) for entrusting Canada to host the first in-person congress post-pandemic. It is because of their vision that we invite music therapists with diverse backgrounds, experiences, cultures, and perspectives to gather here from across the globe. Whether you are physically present or joining us online, it is an honor to be in fellowship with you - our beloved music therapy community. Let us reflect, connect, and stay innovative together.



*Hayley Francis Cann*  
**CAMT President**

# Welcome Letters

## A Message of Support

As Premier of British Columbia and Minister of Mental Health and Addictions, we are pleased to extend our warmest welcome to everyone attending the 17th World Congress of Music Therapy (WCMT).

This conference brings together music therapists, educators and experts in related disciplines from around the globe to share their expertise and insights. The past few years have been challenging for many, and we recognize the vital role that music therapy plays in supporting physical, emotional and mental well-being during difficult times. Music evokes powerful emotions and can help people express themselves, connect with others and find meaning and purpose in their lives. Music therapy can be a valuable tool for promoting holistic well-being and improving quality of life, and it is wonderful to see so many practitioners taking the time to improve their skills and elevate this field.

We would like to take this opportunity to thank the Canadian Association of Music Therapists (CAMT) and all the organizers and volunteers whose hard work and dedication have made this event possible. For over four decades, CAMT has been at the forefront of promoting and advancing the practice of music therapy in Canada, helping to improve the lives of countless individuals. Thank you for your commitment and contributions to the mental health and wellness of people in our province and beyond.

We wish you all a productive and enjoyable conference and hope that your time here in Vancouver will be both rewarding and inspiring.



A handwritten signature in black ink, reading "David Eby".

---

Honourable  
**David Eby, KC**  
Premier of British  
Columbia



A handwritten signature in black ink, reading "Jennifer Whiteside".

---

Honourable  
**Jennifer Whiteside**  
Minister of Mental Health  
and Addictions



# Welcome Letters

Mayor of Vancouver



---

## MAYOR KEN SIM

On behalf of the citizens of Vancouver, and my colleagues on City Council, I want to extend my warmest greetings to those attending the World Congress of Music Therapy (WCMT) held here in Vancouver from July 24th-29th, 2023.

We are very proud of the reputation Vancouver enjoys as one of the world's most beautiful and unique meeting destinations. There are many educational, cultural and recreational activities that complement the many shopping and entertainment opportunities in our multicultural city. I hope you will be able to find time outside the conference schedule to sample some of the many activities Vancouver has to offer.

I want to commend the organizers of this event for their hard work, and welcome everyone to the City of Vancouver for this important conference.

Sincerely,



A blue ink handwritten signature of Mayor Ken Sim, consisting of stylized, overlapping loops and lines.

---

Mayor Ken Sim



WCMT2023 will be hosted as an in-person event in Vancouver, BC at the Vancouver Convention Centre. The health and safety of all our stakeholders is of the utmost importance.

Although there are currently no restrictions in place for large gatherings in Vancouver, we still want your visit to be a safe one. We fully support precautions such as face masks and regular handwashing to ensure a safe environment for all throughout the congress.

For the latest current measures, please visit  
[www2.gov.bc.ca/gov/content/covid-19/info/restrictions](http://www2.gov.bc.ca/gov/content/covid-19/info/restrictions)



# 03

## About WCMT

The World Congress of Music Therapy



The World Congress of Music Therapy is held every three years. Music therapy professionals and experts in related fields from around the world gather at the congress to share ideas, experiences, trends, and research outcomes.

The World Congress of Music Therapy is hosted by a WFMT organizational member in conjunction with a local host. The site of each congress is determined by a bid process undertaken by the WFMT Council six years in advance. The Federation makes an effort to circulate the location of the congresses among the eight regions.

WFMT members who would like to host a World Congress should contact the WFMT Past President to request proposal details.



# 04

## WCMT Committees

### Planning Committee



**Daniel  
Bevan-Baker**  
MTA



**Melissa  
Brotons**  
PhD, MT-BC, SMTAE



**Jennifer  
Buchanan**  
MBA, MTA



**Hayley Francis  
Cann**  
BMT, NMT, MTA, MScAH



**Aksana  
Kavaliova-Moussi**  
MMT, MACP, RP, MTA



**Pamela  
Lansbergen**  
MTA



**Méliane  
Laurier-Crompt**  
MTA



**Susan  
Summers**  
PhD, MTA



**Kayla  
Turnbull**  
MTA



## Scientific Committee Chair

**Dr. Petra Kern**  
MT-BC, MTA, DMtG

We are pleased to share with you our scientific committee which includes 26 members from 17 countries across all 8 regions of the world.

**Amy Clements-Cortes**  
Ph.D, RP, MTA, MT-BC

**Annabelle Brault**  
MA, MTA, MT-BC

**Baishali Mukherjee**  
PhD

**Bhuvaneshwari Ramesh**  
MSC.MMT; PGDMT;  
MBA(HR)

**Charles-Antoine Thibeault**  
MA, MTA

**Claudia Zanini**  
PhD, MT

**Debbie Carroll**  
PhD, MTA

**Dr Giorgos Tsiris**  
PhD

**Elizabeth Mitchell**  
PhD, RP, MTA

**Eri Haneishi**  
PhD, MT-BC

**Grace Thompson**  
PhD, RMT

**Hyejin So**  
PhD, MT-BC

**Jebali Rihab**  
PhD

**Jen Glover**  
MMT, NZRMTh

**Karyn Stuart-Röhm**  
MMT

**Kate Farquharson**  
BMus MMus

**Kerry Devlin**  
MMT, LPMT, MT-BC

**Kevin Kirkland**  
PhD, MTA

**Kezia Putri**  
MMT, MTA, MT-BC

**Krzysztof Stachyra**  
PhD, MT-C

**Lee-Anne Dowsett**  
MTA, CCC

**Melanie Voigt**  
PhD

**Mélie Laurier-Crom**  
MA, MTA

**Melissa Mercadal-Brotons**  
PhD, MT-BC

**Nai-Wen Chang**  
PhD, TRMT

**Soyoung Moon**  
PhD, NMT



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*A complete program summary is available upon request.*

If you have any questions,  
please contact our team today!

## CONTACT

1-800-463-5208  
camt@mitchellabbottgrp.com  
mitchellandabbott.com

2000 Garth Street, Suite 202  
Hamilton, Ontario, L9B 0C1

**We are pleased to provide the following Insurance Summary to better protect the members of the CAMT:**

- Policies start at \$159 annually.
- Professional Liability (Errors & Omissions) and Commercial General Liability Coverage is available for either \$1,000,000, \$2,000,000 or \$5,000,000 per claim.
- ARAG Legal Expense Insurance included for members who have purchased Professional Liability. The policy provides personal legal and tax protection advice.
- Policy pays the full cost of the legal defence up to the limit of liability selected (subject to sub-limits for the following: Abuse & Sexual Misconduct, Disciplinary Action, Penal Defence Reimbursement).
- No exclusion for libel and slander.
- Legal Entity coverage now includes up to three professionals on staff.
- Legal Entity options available for businesses with more than three professionals.
- E-counselling is included in the province that you are regulated to offer the service in and/or any unregulated province.
- Security & Privacy Liability is included up to \$75,000 per member, subject to a shared \$3,000,000 aggregate limit.
- Retired / inactive members receive a discounted rate for an extended reporting period.
- Students and interns receive a discounted rate.
- Cyber Liability Available.
- Commercial Property & Instrument Coverage Available.
- Health Benefits Available.





**TEXAS WOMAN'S**  
UNIVERSITY

## ARE YOU A MUSIC THERAPIST PRACTICING IN A COUNTRY OUTSIDE OF THE UNITED STATES OF AMERICA?

Please consider participating in a research study focus group on ethics in music therapy



### Research Study Information

Researchers Lauren DiMaio (PhD, MT-BC), Rebecca West (PhD, MT-BC) and Della Molloy Daugherty (PhD, MT-BC) are seeking focus group participants for a research study titled "A Phenomenological Study of International Music Therapy Ethical Dilemmas."

### To Participate:

Please scan the QR code for more information and to view the research study consent form.

*Participation is voluntary. There is a potential risk of loss of confidentiality in all email, downloading, electronic meetings, and internet transactions.*

Questions? Contact Lauren DiMaio, PhD, MT-BC at [ldimaio@twu.edu](mailto:ldimaio@twu.edu).

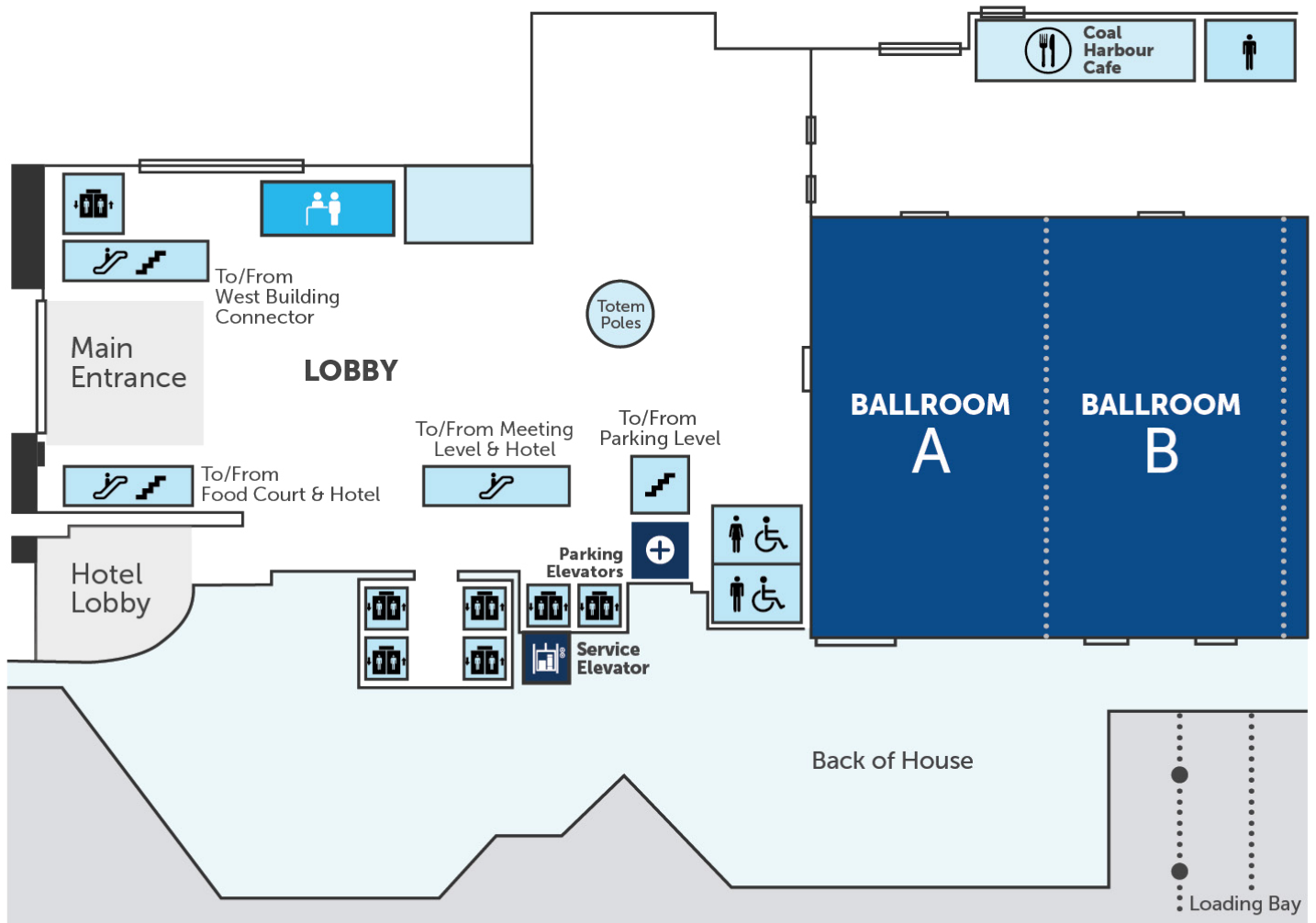
### Eligible Participants Must:

- Be a music therapist practicing in a country outside of the United States of America
- Be willing to participate in a 60-minute focus group on ethics in music therapy
- Be willing to participate in the focus group using the English language
- The focus groups will take place during the 2023 World Congress



# Venue Floorplan

## Convention Level

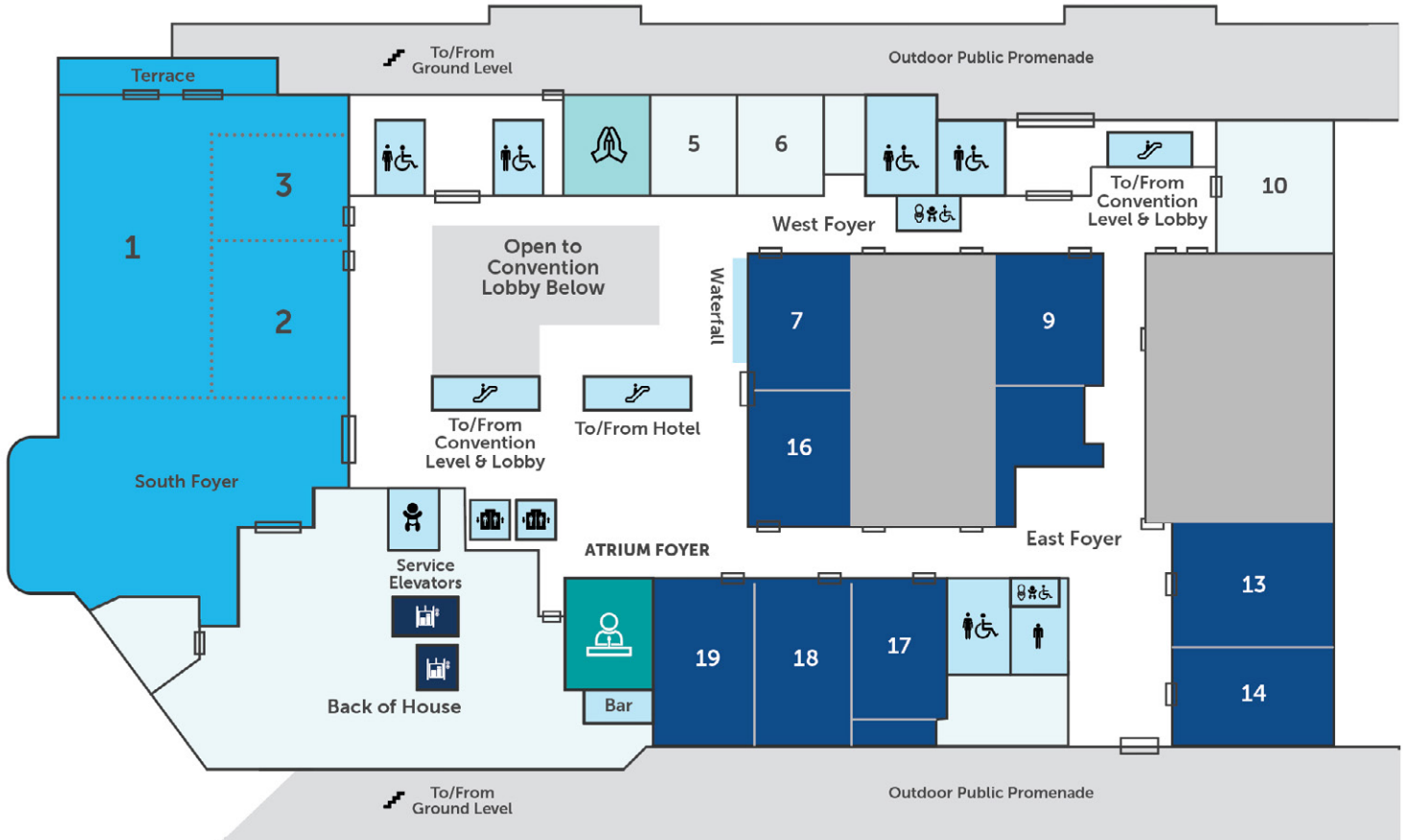


**Main Session Room**  
Salle de conférence principale


**Registration**  
Inscription

# Venue Floorplan


## Meeting Room Level



 **Exhibit & ePoster Hall**  
Salle d'exposition et affiches

 **Multi-Faith Prayer Room**  
Salle de prière multiconfessionnelle

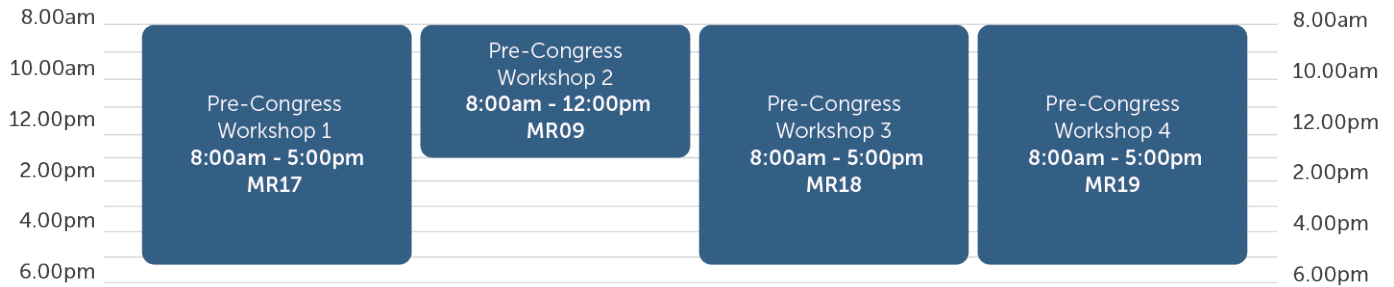
 **Family Room**  
Salle familiale

 **Speaker Ready Room**  
Salle réservée aux conférenciers

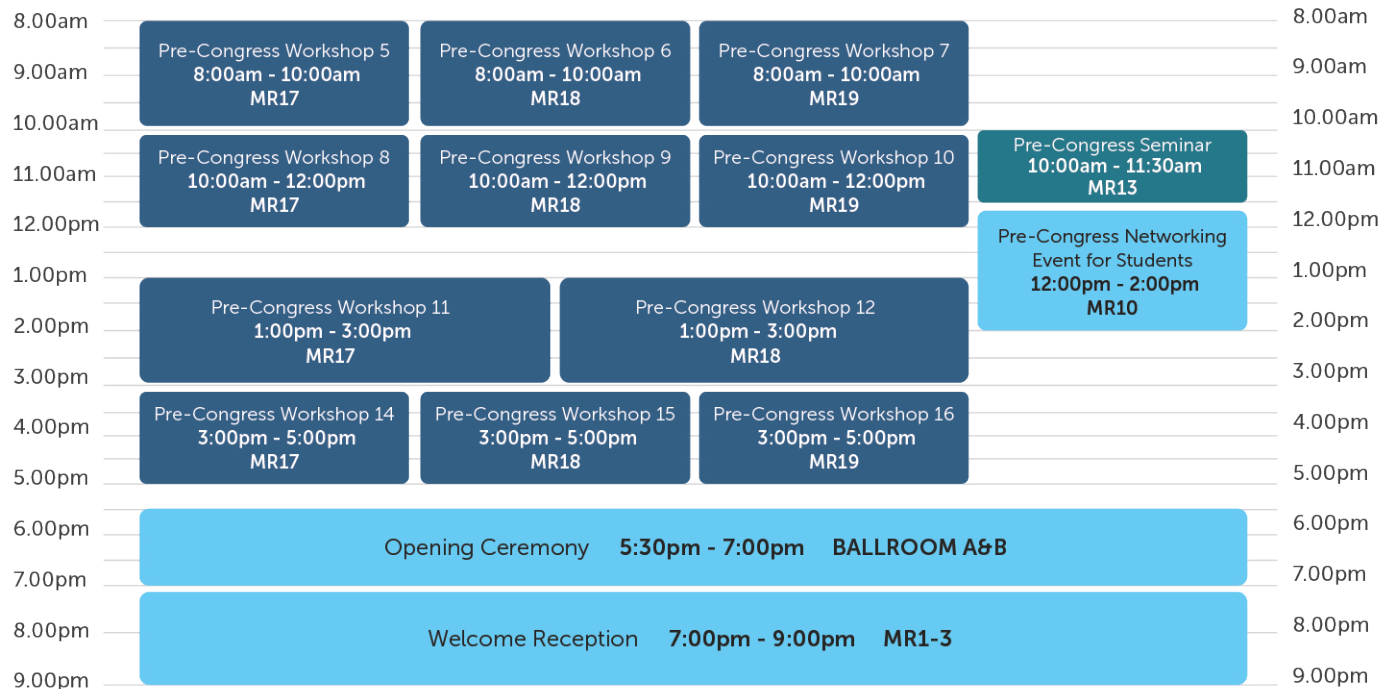
 **Session Rooms**  
Salles de conférences

## Schedule at a Glance

### MONDAY, JULY 24, 2023

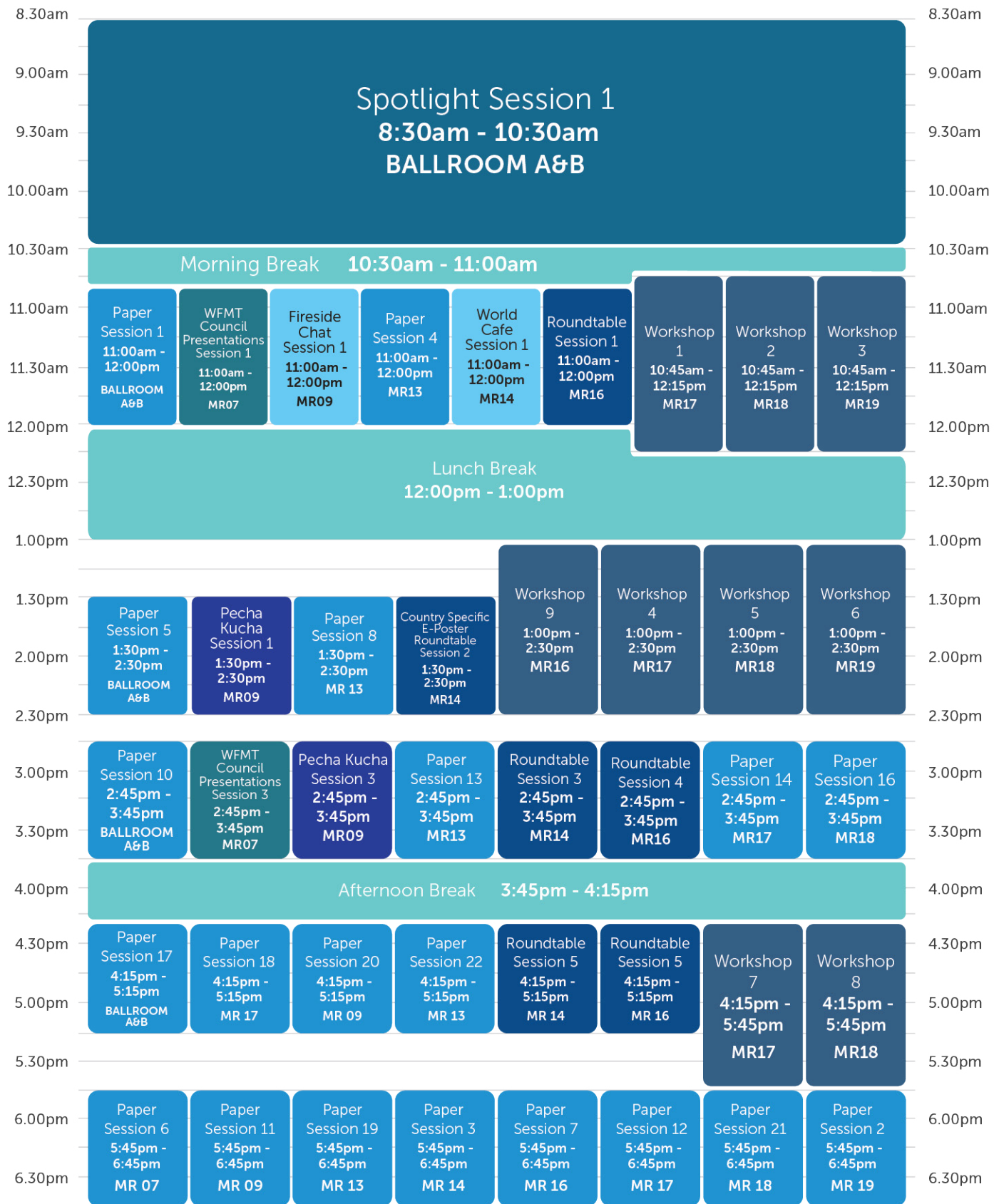


### TUESDAY, JULY 25, 2023

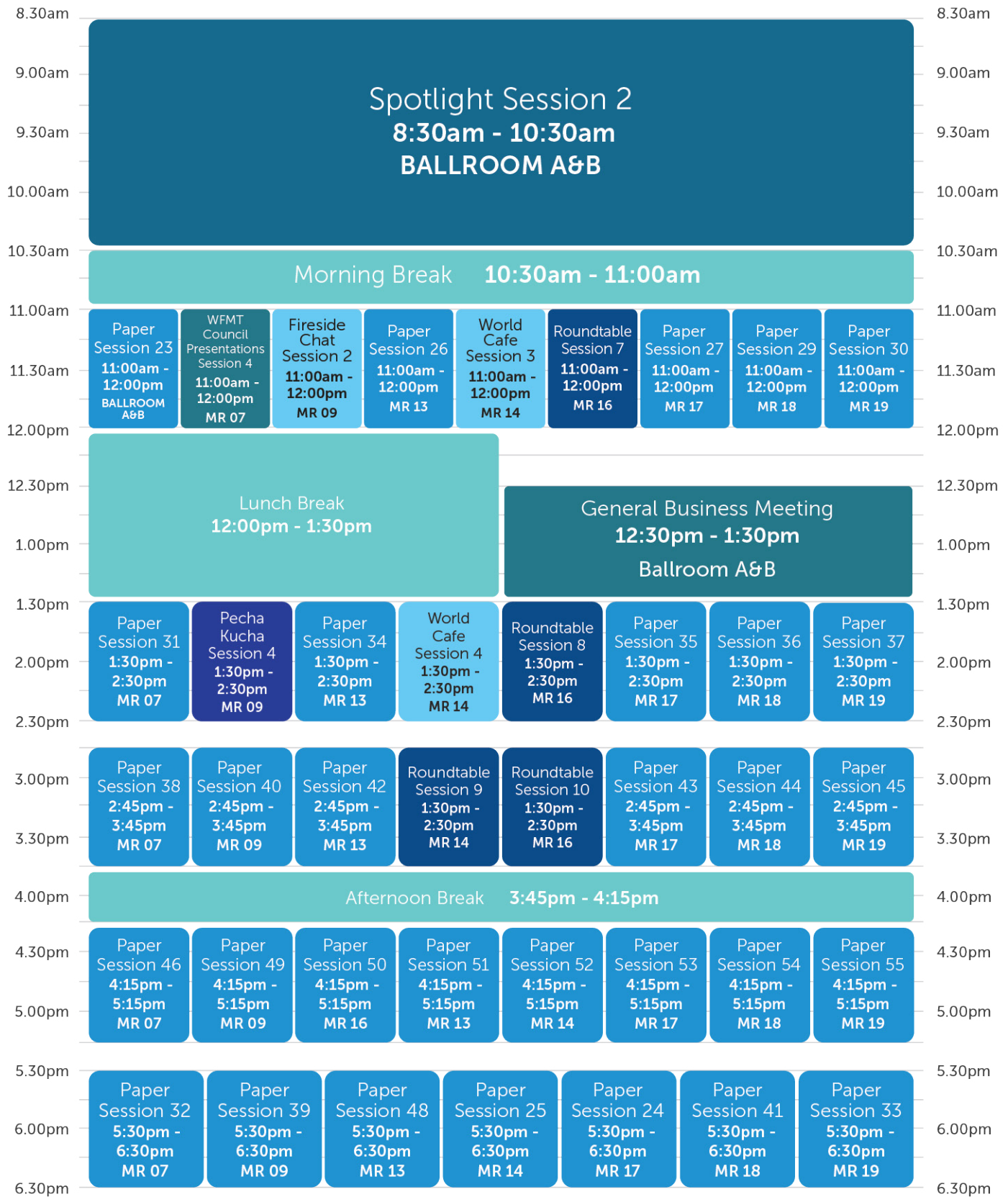




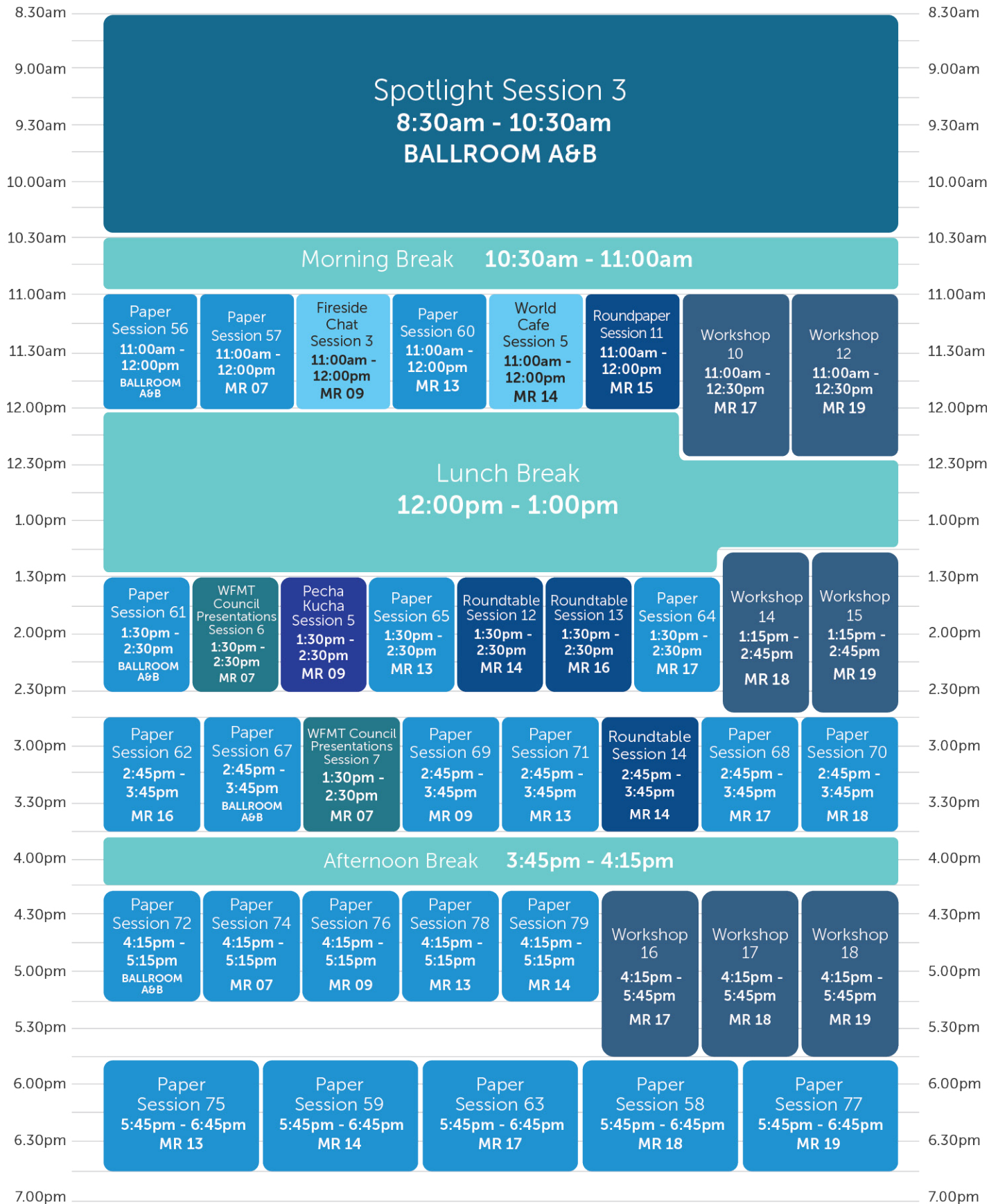
# WEDNESDAY, JULY 26, 2023



# THURSDAY, JULY 27, 2023

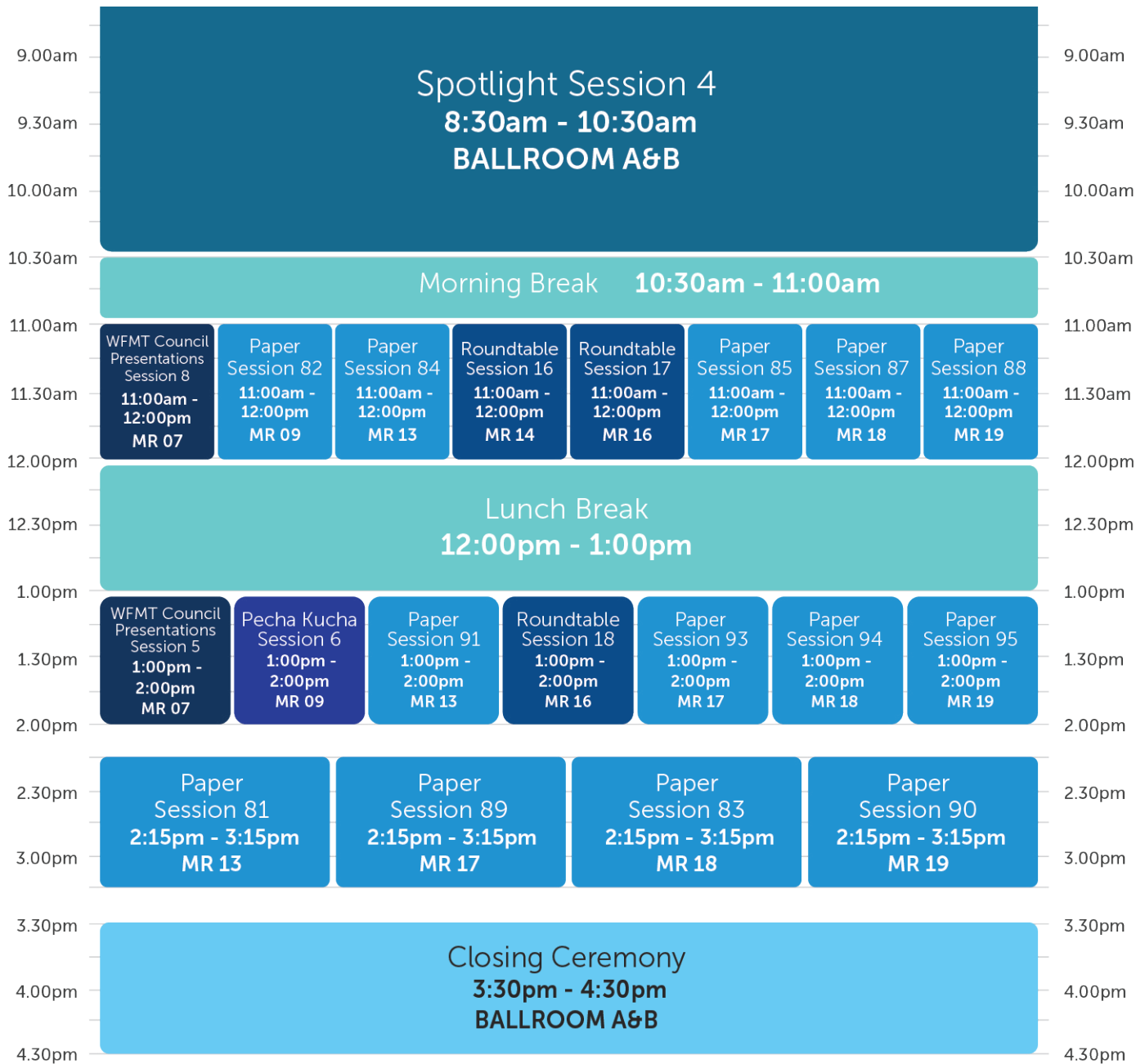


# FRIDAY, JULY 28, 2023





# SATURDAY, JULY 29, 2023





On July 24 and 25, there will be a set of pre-congress workshops (advance sign up and purchase available through Registration).

## Pre-Congress Workshop 1: Spotlight on Supervision

### Abstract:

Over the last few years, the focus on music therapist wellbeing has increased, and alongside that, the attention to and interest in supervision as an essential support for music therapists has been growing. We know that many music therapists find themselves in a position of supervising professionals, interns and/or students almost 'by default' without having the benefit of very much training, if any. Many professional groups and health organizations are now encouraging and facilitating access to supervision training so supervisors can be confident, effective and supported in their supervision work.

The Spotlight on Supervision workshop is for any music therapist - those who would like to supervise in the future, those who have been supervising and not had the opportunity to do any training, and those who are experienced supervisors who want to refresh, update and enhance their supervision skills. This training is also for music therapists who are supervisees themselves, to learn how to effectively use their own supervision, and how to informally support their colleagues.

### Topics will include -

- *Reflective Practice - what it is and how to teach it*
- *The Seven Eyed Supervisor - a supervision technique and structure for planning and delivering supervision*
- *Difficult Conversations - how to have them and how to survive them*
- *Types of Supervision - how individual, group and peer supervision types differ in practice*
- *The 'Self Care' Myth - how to truly look after yourself and your supervisees*
- *Supervision AMA - lengthy 'Ask Me Anything' session on anything supervision related*

These topics are drawn from Natalie's comprehensive five day supervising training course, Successful Supervision, and reflect the modern challenges of being a music therapist and supervisor. Natalie's training combines her expertise, experience, and training from over 20 years of supervising, along with clinical work, educating, policy development and leadership, alongside concepts from the work of retired UK psychologist and supervisor Michael Carroll PhD. Natalie looks forward to welcoming you to this exciting training opportunity for connection, learning, reflection and professional development.

Presenter: **Natalie Jack**

Date: **Monday, July 24, 2023**

Time: **8:00am - 5:00pm PT**

Cost: **\$250.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 2: Introduction to Principles of Neurologic Music Therapy: Scientific Models, Research, and the Role of Music as Therapy

**Abstract:**

This presentation will provide a brief introduction to the evidence-based practice of Neurologic Music Therapy, a research-based system of 20 standardized clinical treatment techniques based on scientific knowledge in music perception and production. The Rational Scientific Mediation Model will be used to explore research supporting parallel processes in musical and non-musical brain and behaviour function and the rationale for clinical translation. Case studies will demonstrate the transforming power of music on cognitive, sensorimotor, and speech and language functions with a variety of clinical populations.

Presenter: **Kathrin Mertel**

Date: **Monday, July 24, 2023** Time: **8:00am – 12:00pm PT**

Cost: **\$200.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 3: Evidence-Based Music Therapy for Premature Infants

**Abstract:**

This workshop will be provided by Dr. Jayne Standley, Dir. of the National Institute for Infant and Child Medical Music and experts in the field who are Fellows of the institute, including: Chris Beach, Dr. Andrea Cevasco-Trotter, Judy Engel, Dr. Lori Gooding, Dr. Flor Hernandez, Dr. Elyn Hamm, Ciele Knox, Emily Pivovarnik, Dr. Amy Robertson, Jess Rushing, Valerie Williams, and Dr. Olivia Yinger. The purpose of the workshop will be to review research in the field of NICU-MT and transfer of findings to clinical applications and NICU-MT program development. Participants will listen to research presentations, discuss findings in small groups, and participate in question and answer sessions

Presenter: **Jayne Standley, Hannah Sellers, Brianna Negrete, Chris Beach, Jess Rushing**

Date: **Monday, July 24, 2023** Time: **8:00am - 5:00pm PT**

Cost: **\$250.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 4: Vocal Psychotherapy: Songs of the Self

**Abstract:**

This workshop draws on the methods and techniques of Vocal Psychotherapy, a recent, in-depth model of music therapy developed by Dr. Diane Austin, which incorporates breath work, natural sounds, vocal improvisation, songs and dialogue to facilitate change and growth. This workshop will illuminate the healing potential of the natural voice. Vocal Holding and Free Associative Singing techniques will be demonstrated.

Presenters: **Diane Austin, Allison Reynolds, Jenny Hoi Yan Fu**

Date: **Monday, July 24, 2023** Time: **8:00am – 12:00pm PT**

Cost: **\$250.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 5: Innovations in Music Therapy Pain Management: A Conceptual Model

**Abstract:**

Research indicates that music therapy has the potential to be a tool for pain management. Members of this panel will suggest an innovative conceptual model that embraces biopsychosocial factors as well as assessment, types and levels of interventions for children and adults with chronic or acute pain.

Presenters: **Joy Allen, Cheryl Dileo, Elizabeth Harman, Heather Wagner**

Date: **Tuesday, July 25, 2023** Time: **8:00am - 10:00am PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 6: New Trends in Clinical Practice and Research in NICU-MT

**Abstract:**

The neonatal intensive care unit (NICU) is an ever-changing environment as new advances in medicine, technology, and development are consistently being made. Updates will be given on new trends in clinical practice and research in NICU-MT. Presenters will answer attendees' questions about implementing and researching NICU-MT interventions.

Presenters: **Ellyn Evans, Jayne Standley, Amy Robertson, Judy Nguyen Engel, Brianna Negrete, Ciele Knox, Emily Pivovarnik**

Date: **Tuesday, July 25, 2023** Time: **8:00am - 10:00am PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 7: Designing Interventions to Foster Reflexive Work and Creativity in Mental Health Setting

**Abstract:**

While it can be hard to preserve in our fast-paced world, space for reflexivity is nonetheless an important agent of therapeutic change in mental health recovery work. In this workshop, we will discuss strategies to invite our patients to mindfully take a step back, re-interpret and re-engage creatively with the material that emerged from spontaneous expression. Through theory, clinical examples and hands-on creative exercises, participants will be learning about the value of musical and verbal reflections and the different ways it can foster insight and support transformative processes.

Presenter: **Julie Migner-Laurin**

Date: **Tuesday, July 25, 2023** Time: **8:00am - 10:00am PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)



### Pre-Congress Seminar: Cultural Adaptation, Competence, and Humility: Perspectives on the Future of Music Therapy

This presentation will offer two perspectives on the theory and practice of cultural adaptation, competence, and humility for students who are soon entering the field of music therapy. How can students best prepare to work with clients from a diverse array of backgrounds, cultures, and experience? How can students broaden their musical offerings to appreciate, but not appropriate, cultures outside of their own?

Speakers: **Juan Pedro Zambonini, Priya Shah**

Date: **Tuesday, July 25, 2023**

Time: **10:00am - 11:30am PT**

Cost: **Free for students**

### Pre-Congress Workshop 8: Music Therapy Telepractitioner: Should I Stay or Should I Go?

#### Abstract:

Telepractice is here to stay! But is it for you? Debate pros and cons with a global community, explore the use of technology and interactive media, find out about guidelines for clinical practice, and consider clinical tele-supervision. Learn through lively discussions, demonstrations, and inspiring multimedia examples.

Presenters: **Petra Kern, Lori Gooding**

Date: **Tuesday, July 25, 2023**

Time: **10:00am - 12:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 9: Integrating Research on Neural Networks, Trauma, and Music and the Brain

#### Abstract:

Based on brain scan research, Behrens (2020) has proposed a cyclical framework for music therapy treatment and three levels of music interactions that provides for new perspectives in understanding the music therapy process in trauma treatment. Attendees will rehearse associating symptoms with dysregulated neural networks and creating supporting music interactions.

Presenter: **Gene Ann Behrens**

Date: **Tuesday, July 25, 2023**

Time: **10:00am - 12:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 10: Bridging the Gap: Aligning ASD Research with Clinical Practice and Scientific Standards

**Abstract:**

MT clinicians and researchers must collaborate to improve the scientific integrity of research studies. Based on an integrative review of literature, presenters will explore various evidence-based interventions, techniques and approaches, recommendations for improving scientific integrity of clinical practice and research and present a manual for use while engaging in research.

Presenters: **Edward Schwartzberg, Jennifer Whipple**

Date: **Tuesday, July 25, 2023** Time: **10:00am - 12:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 11: Reflexive Practice in Music Therapy Management: Becoming Visible

**Abstract:**

As music therapists develop from clinicians into leadership roles, the opportunity to reflect, connect, and innovate with other therapist leaders is imperative. By engaging in collaborative reasoning exercises, this international manager group will help participants reflexively define personal leadership potential and realities and move into independent thinking and action.

Presenters: **Debbie Bates, Helen Shoemark, Elizabeth Collier, Ann Hannan, Elizabeth Harman, Jeanette Kennelly, David Knott, Amy Thomas, Amy Troyano**

Date: **Tuesday, July 25, 2023** Time: **1:00pm - 3:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 12: Developing Together: Integrating Music into a Developmental Model of Music Therapy Supervision

**Abstract:**

During this workshop, participants will engage in didactic learning, theoretical and case-based discussion, as well as experiential methods to explore developmental models of supervision, and specific ways of integrating music-making based on supervisee stages of development. This workshop will also explore the practice of cultural humility and ethical considerations in music therapy supervision within a developmental and relational framework. At the end of this workshop participants will be able to: identify at least one developmental model of supervision, develop at least one music-based experience to be utilized in supervision, and define cultural humility in music therapy supervision.

Presenter: **Scott Horowitz**

Date: **Tuesday, July 25, 2023** Time: **1:00pm - 3:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 14: Practical Skills Introduction to the MATADOC: Assessing Awareness in Disorders of Consciousness

**Abstract:**

A practical workshop for using the assessment and treatment protocol used in the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC). This workshop will offer participants practical skills in the clinical methods used in the MATADOC assessment as well as the science underpinning the methods used.

Presenters: **Wendy Magee, Bernice Chu**

Date: **Tuesday, July 25, 2023** Time: **3:00pm - 5:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 15: From Group-based to Community Music Therapy

**Abstract:**

The workshop will present the theoretical and practical aspects of music therapy techniques used in the Tloskov Social Services Center in Tloskov. The event will introduce the group-based and community concepts of music therapy that form a part of the everyday life of the facility's clients.

Presenters: **Matěj Lipský, Jiri Pazour**

Date: **Tuesday, July 25, 2023** Time: **1:00pm - 3:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)

### Pre-Congress Workshop 16: Virtual "CAN-DO" Therapy: Implementing Neuro-Geriatric Music Therapy Techniques in Online Group Sessions

**Abstract:**

The virtual "CAN-DO" therapeutic approach uses neurologic music therapy techniques to address the sensorimotor, cognitive, communication, and social/emotional domains in online group music therapy sessions for older adults with dementia. This presentation will discuss therapeutic mechanisms, techniques, implementation, and clinical resources within this approach.

Presenters: **Samantha Nossaman, Hayoung Lim, Alejandra Arevalo**

Date: **Tuesday, July 25, 2023** Time: **3:00pm - 5:00pm PT**

Cost: **\$125.00 CAD** (Available for purchase through Registration)



# 08

# WCMT 2023 Spotlight

Sessions and Speakers

## Spotlight Sessions

### Spotlight Session 1:

The Future of Research in Music Therapy: Topics & Methodologies

📅 Wednesday, July 26, 2023

🕒 8:30am – 10:30am



**Monika  
Geretsegger**



**Mark  
Ettenberger**



**Felicity  
Baker**



**Rika  
Ikuno**



**SarahRose  
Black**

### Abstract

Join Drs. Monika Geretsegger (Austria), Mark Ettenberger (Colombia), Felicity Baker (Australia), and Rika Ikuno (Japan) as they dive into contemporary issues and ideas, and share insights related to music therapy research across the globe. This dynamic group of speakers will bring rich perspectives on a variety of topics as each speaker has contributed enormously to the scope of music therapy research in their roles as clinicians, principal investigators, program developers and coordinators, educators, and academic journal editors. Moderated by Dr. SarahRose Black (Canada), this dynamic group with research experience that spans clinical populations and methodologies will share their current work, their insights and their hopes for the future of music therapy research around the world.



# 08

# WCMT 2023 Spotlight

Sessions and Speakers

## Spotlight Sessions

### Spotlight Session 2: Telehealth in Music Therapy

📅 Thursday, July 27, 2023

🕒 8:30am – 10:30am



**Katrien  
Foubert**



**Amy  
Clements-Cortes**



**Allison  
Fuller**



**Sarah  
Folsom**



**Natalie  
Jack**

### Abstract

It will come as no surprise to WCMT delegates that this Spotlight Session on Telehealth In Music Therapy has been included in the program because of the intense focus the COVID-19 pandemic has put on infection control and safe health care practices since early 2020. In this session you will hear from five experienced clinicians and researchers about several areas of emerging telehealth music therapy practice from around the world. Included will be stories of the hurried transition and adaptation to telehealth practice in various clinical settings, including for patients of a cancer treatment centre in the USA, details of technological advances made over the last three years that are used to deliver both synchronous and asynchronous music therapy via telehealth in Australia, research out of Canada with participants from 29 countries that strives to understand the benefits, challenges, experiences and perceptions of telehealth music therapy so it can be used to help clients into the future, and how, during a time of great stress and transition, telehealth supervision and online professional development helped support music therapists across the world. Included in this session will be case examples, vignettes, video excerpts, data, reflections, descriptions, research ideas and future thinking, from a respected group of international music therapists who look forward to sharing their work and connecting with you throughout this Spotlight Session.



# 08

# WCMT 2023 Spotlight

Sessions and Speakers

## Spotlight Sessions

### Spotlight Session 3:

Diversity, Equity and Inclusion in Music Therapy

📅 Friday, July 28, 2023

🕒 8:30am – 10:30am



Noemi  
Ansay



Carolyn  
Shaw



Sue  
Baines



Indra  
Selvarajah



Cynthia  
Bruce

### Abstract

For minoritized and allied music therapists around the world, diversity, equity, inclusion, and accessibility in music therapy is more than an up-and-coming topic to be highlighted and explored. As we consider how to foster just futures within oppressive global systems that continually perpetrate normative colonial violence in the name of individual and institutional health and well-being, it is nothing less than a political imperative. In this spotlight panel discussion, we come together as leaders, innovators, and committed activists to generate meaningful discussion about how music therapists can support necessary systemic transformation that will move our profession and our communities away from deficit-oriented and pathologizing responses to human difference. We will share, from our social, political, and geographic locations, how we are already doing this important work; and we will call others to engage in the kind of disruptive action that will foster belonging within the profession, institutions, and communities.



# 08

# WCMT 2023 Spotlight

Sessions and Speakers

## Spotlight Sessions

### Spotlight Session 4:

The Future of Music and Music Therapy in Healthcare

📅 Saturday, July 29, 2023

🕒 8:30am – 10:30am



Rihab  
Jebali



Jennifer  
Buchanan



Kezia  
Putri



Charles-Antoine  
Thibeault



Kimberley  
Wade

### Abstract

In the past few years, the nature of healthcare around the world has changed. Tele-health has moved healthcare beyond facility walls and reached individuals homes. Health is getting more and more inclusive of mental health. A desire to find collectivity after the last years of isolation is ever so present. Panelists Jennifer Buchanan, Ryhab Jebali, Karen de Rock and Kezia Putri will discuss how tele-health, mental health and collective health impact music therapy practices in healthcare settings. Session.





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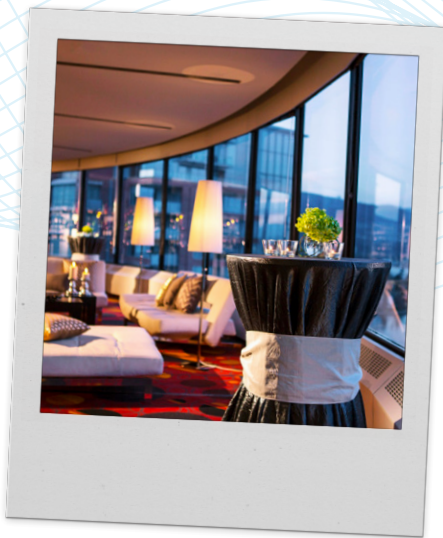
**[TheSpiegelAcademy.com](http://TheSpiegelAcademy.com)**



## WELCOME RECEPTION

- ☑ Tuesday, July 25, 2023  
7:00pm – 9:00pm
- 📍 Vancouver Convention Centre – East Building
- 📄 Meeting Room Level (MR 1-3)
- 💰 Included with Full Registration  
Guests: \$95 CAD

Welcome to Vancouver! We are excited to kick off WCMT 2023. Join us in the Exhibit Hall (Meeting Room Level, MR1-3), for the official WCMT 2023 Welcome Reception. Come have a drink on us, enjoy some light canapes, and catch up with some old friends and make some new ones before the fun and learning begins on Wednesday!



## WCMT AFTER PARTY

- ☑ Friday, July 28 2023  
8:00pm – 10:00pm
- 📍 Pinnacle Hotel Harbourfront
- 📄 Vista's 360 - 19th Floor
- 💰 \$49 CAD

Join us on the final evening for the official WCMT2023 After Party at the Pinnacle Hotel Harbourfront. There will be a free drink on us, some light canapes and a live DJ to dance the night away! With 360 views of downtown Vancouver waterfront and mountain ranges, this venue will serve as the perfect setting to cap off a week of engaging sessions, endless social and networking fun, and memories for years to come.

# Exhibit & ePoster Hall

## Information

### Location: Meeting Rooms 1-3

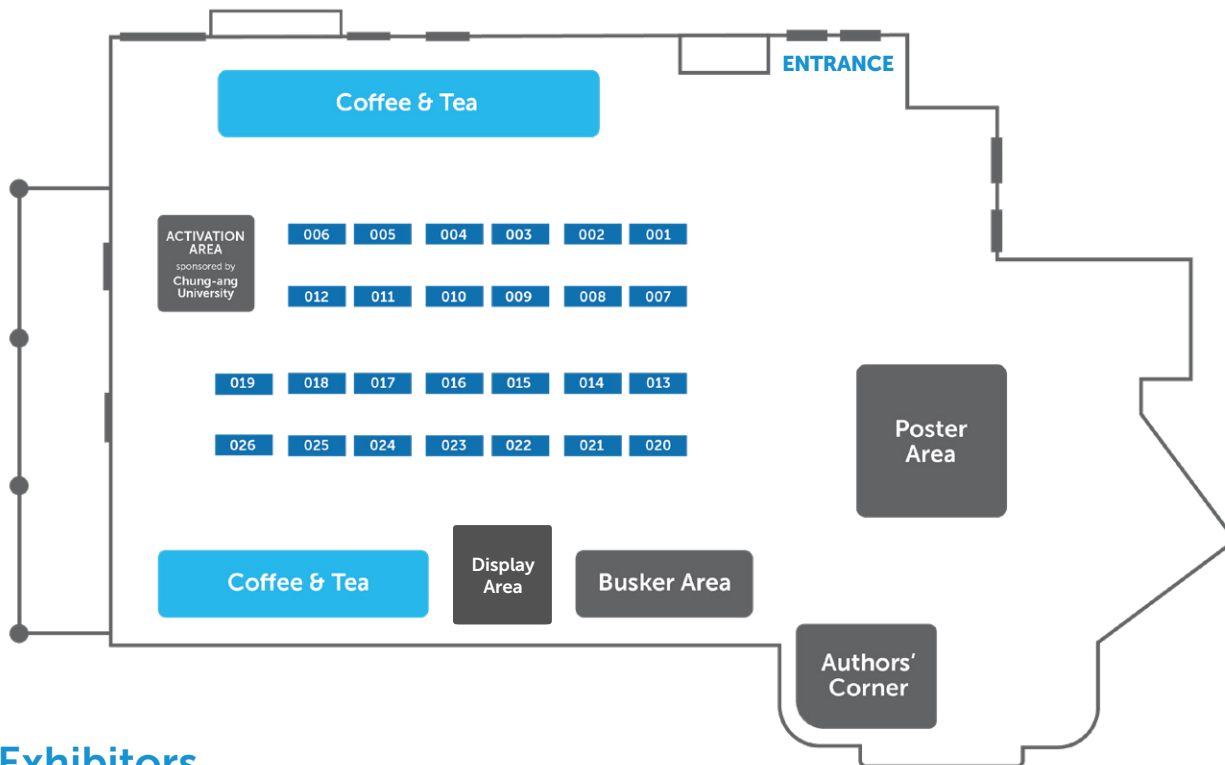
Tuesday, July 25 7:00pm – 9:00pm  
*(Welcome Reception)*

Wednesday, July 26 10:30am – 4:15pm

Thursday, July 27 10:30am – 4:15pm

Friday, July 28 10:30am – 4:15pm

Saturday, July 29 10:30am – 2:00pm



## Exhibitors

Academy of Neurologic Music Therapy®	(019)	Concordia University	(025)
AIM - Italian Music Therapy Association	(021)	Empire Music	(005)
American Music Therapy Association®	(007)	Empire Music	(006)
Appalachian State University   Hayes School of Music	(010)	Eugeria	(014)
Barcelona Publishers	(002)	Instru(mental) Ed	(011)
Barcelona Publishers	(003)	Jane App	(024)
Berklee College of Music	(016)	Mahidol University's College of Music	(009)
Canadian Association of Music Therapists	(023)	MUSIC CARE by Room 217™	(015)
Canadian Music Therapy Fund (CMTF)	(026)	Music Therapy Without Borders	(008)
CDS Boutique	(017)	Purdue University Fort Wayne School of Music	(004)
Certification Board for Music Therapist, CBMT	(001)	Remo	(022)
Chulalongkorn University	(012)	Wilfrid Laurier University	(018)
Colorado State University (CSU)	(013)	World Federation of Music Therapy	(020)

ACTIVATION AREA EXHIBITOR:  
**CHUNG-ANG UNIVERSITY**



Chung-ang University is renowned for its pioneering initiatives in expanding the realm of medical practice to encompass holistic approaches and cutting-edge technology. In line with this, the Chung-ang University Research Consortium will demonstrate a music-based smart platform designed to promote the communicational and social needs of individuals with developmental needs.

[neweng.cau.ac.kr](http://neweng.cau.ac.kr)



BOOTH 019

ACADEMY OF NEUROLOGIC MUSIC THERAPY®



The Academy of Neurologic Music Therapy® was established in 2014 with the mission to disseminate, advance, and protect the global practice of Neurologic Music Therapy (NMT)®. Through training and professional development, the Academy maintains the integrity of best practice in NMT, protecting consumers and the public worldwide.

[nmtacademy.co](http://nmtacademy.co)

BOOTH 021

AIM - ITALIA ASSOCIATION OF MUSIC THERAPY



AIM – Italian Music Therapy Association was founded in 2002. It defines professional standards for members to ensure clinical practice; promotes members' CPD; promotes study groups on various topics; builds and maintains relationships with other professional associations in Italy and around the world; develops collaborations with professionals in related fields.

[aim-musicoterapia.it](http://aim-musicoterapia.it)

BOOTH 007

AMERICAN MUSIC THERAPY ASSOCIATION®



The American Music Therapy Association® is a non-profit organization whose mission is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services. AMTA is committed to advancing education, training, professional standards, credentialing, and research in support of the music therapy profession.

[musictherapy.org](http://musictherapy.org)

BOOTH 010

APPALACHIAN STATE UNIVERSITY | HAYES SCHOOL OF MUSIC



The Master of Music Therapy program at App State serves as preparation for board-certified or board-eligible music therapists to practice. Improve the lives of people with physical, cognitive and emotional disabilities by developing your musical and clinical skills to assist others toward a healthier quality of and adjustment to life.

[appstate.edu](http://appstate.edu)

## BOOTH 002 &amp; 003

## BARCELONA PUBLISHERS



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[barcelonapublishers.com](http://barcelonapublishers.com)

## BOOTH 016

## BERKLEE COLLEGE OF MUSIC



Berklee College of Music advances the field of music therapy through the development and innovation of best practices. We train future music therapists through our Undergraduate Program, facilitate interdisciplinary cross-sector collaboration through our Music and Health Institute, and develop programs to address identified health disparities through The Center for Music Therapy.

[berklee.edu](http://berklee.edu)

## BOOTH 023

## CANADIAN ASSOCIATION OF MUSIC THERAPISTS



Canadian Association of Music Therapists  
Association canadienne des musicothérapeutes

The Canadian Association of Music Therapists (CAMT) is the national body promoting music therapy and supporting, advocating and certifying professional music therapists (MTAs) in Canada.

The Mission of the Canadian Association of Music Therapists is to be the primary source of knowledge, information, professional development and advocacy to promote Certified Music Therapists (MTAs) and music therapy.

[musictherapy.ca](http://musictherapy.ca)

## BOOTH 026

## CANADIAN MUSIC THERAPY FUND (CMTF)

**CANADIAN  
MUSIC  
THERAPY  
FUND**

The Canadian Music Therapy Fund (CMTF) is a national charity established over 25 years ago by certified music therapists. Our vision is to improve access to and awareness of music therapy for Canadians who need it most. We bring music therapy and certified music therapists to communities across the country through innovative music therapy projects and programs. Our flagship program and head office for the charity, the Music Therapy Centre (MTC), is located in Toronto, Ontario. In addition to national grants and the work of the MTC, we also provide scholarships for music therapy students through the generous support of George Stroumboulopoulos. We are honoured to support and grow music therapy in Canada.

[musictherapyfund.ca](http://musictherapyfund.ca)

# Exhibitor Listing

BOOTH 017

CDS BOUTIQUE



For over 30 years, CDS Boutique has been the largest Canadian supplier and distributor of adapted activity products for seniors living with cognitive impairments and people living with special needs. Musical products, including our exclusive inmuTOUCH, are important to us! We believe in the power of music therapy.

[cdsboutique.com](http://cdsboutique.com)

BOOTH 001

CERTIFICATION BOARD FOR MUSIC THERAPISTS, CBMT



The Certification Board for Music Therapists, CBMT, is the single credentialing body for music therapy practice in the United States and administers the MT-BC credentialing program. The MT-BC credential identifies competent practitioners who have met specific education and clinical training requirements and have passed an objective examination to demonstrate their competence. CBMT's mission is to award board certification based on competence in clinical practice, to create and maintain the music therapy credentialing process, to advocate for the recognition of the MT-BC credential and access to safe and competent practice, and to provide leadership in music therapy credentialing.

[cbmt.org](http://cbmt.org)

BOOTH 012

CHULALONGKORN UNIVERSITY



Chulalongkorn University offers the International Master of Arts in Music Therapy programme with a focus on cultural sensitivity and theoretically integrative curriculum. Renowned professors with European or American music therapy traditions provide a unique hybrid teaching approach that enables students to learn remotely, supplemented by biannual intensive classes in Bangkok.

[chula.ac.th/en](http://chula.ac.th/en)

BOOTH 013

COLORADO STATE UNIVERSITY (CSU)



Colorado State University (CSU) has a rich history of clinical education and scholarship in music therapy. CSU features a resident and online doctoral degree in music therapy for the student who aspires to a career in research, college-level teaching, or advanced clinical practice. A research-intensive university, CSU provides opportunities to collaborate on a biomedical or clinical research team.

[music.colostate.edu](http://music.colostate.edu)

## BOOTH 025

## CONCORDIA UNIVERSITY



## FACULTY OF FINE ARTS

Department of  
Creative Arts Therapies

Concordia University, located in Montreal, Canada, offers two different graduate programs in music therapy: The Graduate Diploma in Music Therapy and the Master's in Creative Arts Therapies – Music Therapy, the country's only online music therapy program. Both programs are approved by the Canadian Association of Music Therapists (CAMT).

[concordia.ca](http://concordia.ca)

## BOOTH 005 &amp; 006

## EMPIRE MUSIC



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[empiremusic.ca](http://empiremusic.ca)

## BOOTH 014

## EUGERIA



Eugeria is your partner for innovative, dignifying technologies for dementia care. Discover high-quality, curated and vetted solutions to help you provide person-centered care to older adults living with dementia. We'll be showcasing the Tovertafel, the Crdl and the HUG at our booth. Come visit!

[eugeria.care](http://eugeria.care)

## BOOTH 011

## INSTRU(MENTAL) ED



Instru(mental) Ed's podcast-style audio courses makes it easy to discover music science research and apply it to your practice. Our convenient mobile app allows you to learn on-the-go and keeps track of your certificates in one spot. Come visit our exhibit hall booth or visit our website.

[instrumentalpodcast.com](http://instrumentalpodcast.com)



BOOTH 024

JANE APP



Jane is an all-in-one health and wellness practice management platform designed to be helpful to you, no matter how or where you practice. Available online and on any device, Jane offers branded online booking, beautiful scheduling, insurance management, customizable charting, online intake forms, patient reminders, integrated payment processing, online appointments (telehealth) and more!

[jane.app](http://jane.app)

BOOTH 009

MAHIDOL UNIVERSITY'S COLLEGE OF MUSIC



Mahidol University's College of Music is Thailand's first music school, offering programs of study ranging from early childhood to doctoral level in various majors to prepare students for a successful musical career in the real world. The College now has over 110 full-time faculty members serving over 1,200 students.

[music.mahidol.ac.th](http://music.mahidol.ac.th)

BOOTH 015

MUSIC CARE BY ROOM 217™



MUSIC CARE by Room 217™ is a music-based health arts social enterprise that produces and delivers, purposely designed music products, education, training, and certification to improve quality of life and care. Our three pillars of MUSIC CARE are – CONNECT, LEARN and CERTIFY, each designed to support caregivers and care communities to increase engagement and life enrichment.

[musiccare.org](http://musiccare.org)

BOOTH 008

MUSIC THERAPY WITHOUT BORDERS



Music Therapy Without Borders specializes in leading international volunteer projects with the triple mission of providing multicultural clinical training to students and professionals, supporting communities and institutions around the world with culturally responsive music-based programming, and expanding the reach of the field of music therapy in a community-led way.

[mtwob.org/mtwob](http://mtwob.org/mtwob)

BOOTH 004

PURDUE UNIVERSITY FORT WAYNE SCHOOL OF MUSIC



Purdue University The Purdue University Fort Wayne School of Music offers graduate and graduate equivalency music therapy degrees in a hybrid format so you can advance your career without interrupting your life. Advance your career in our methods-based, transtheoretical, clinically-focused program, led by diverse and highly-experienced music therapy faculty.

[pfw.edu](http://pfw.edu)

BOOTH 022

REMO



Remo Inc – the world's drum company, celebrates 30 years in partnership with the music therapy community. We strive to provide the best tools to improve the quality of life for your clients. HealthRhythms, Remo's evidence-based group drumming program has trained thousands of music therapists, educators, and health professionals since 2001.

[support.remo.com/hc/en-us](http://support.remo.com/hc/en-us)

BOOTH 018

WILFRID LAURIER UNIVERSITY



Wilfrid Laurier University's renowned Faculty of Music, located in Waterloo, Ontario, Canada, is dedicated to fostering artistic and scholarly development of the highest calibre. We proudly offer a Bachelor of Music Therapy, Master of Music Therapy, PhD: Music Therapy and the Manfred and Penny Conrad Institute for Music Therapy Research.

[wlu.ca](http://wlu.ca)

BOOTH 020

WORLD FEDERATION OF MUSIC THERAPY



World Federation of Music Therapy

The World Federation of Music Therapy is the global association for music therapists, music therapy students, and persons interested in music therapy. Its aim is to promote music therapy as an art and a science throughout the world. It does so through its commissions, focused on Research and Ethics, Clinical Practice, Education and Certification, Global Crises Intervention, Publications, Public Relations, and World Congress. Regional liaisons serve to facilitate the exchange of ideas and information to and from the WFMT council and its corresponding regions.

[wfmt.info](http://wfmt.info)

# 11

## Authors' Corner

### Schedule

#### WEDNESDAY, JULY 26

##### AM Break

10:35am – 10:55am

##### Lunch Break Slot 1

12:10pm – 12:30pm

##### Lunch Break Slot 2

1:00pm – 1:20pm

##### PM Break

3:50pm – 4:10pm

##### REBECCA ZARATE

*Music Psychotherapy and Anxiety in Social, Community, and Clinical Contexts*

##### AMY CLEMENTS-CORTES

*eBook 1: Relationship Completion in Palliative Care Music Therapy: Evidence-Based Guidelines*

*eBook 2: Voices of the Dying and Bereaved*

##### MANU SEQUERA

*Compendio de casos clinicos en Musicoterapia. Compendium of Clinical Cases in Music Therapy*

##### HAYLEY FRANCIS CANN

*Mandy's Mom, The Music Therapist*

#### THURSDAY, JULY 27

##### AM Break

10:35am – 10:55am

##### Lunch Break Slot

1:00pm – 1:20pm

##### PM Break

3:50pm – 4:10pm

##### KAREN GOODMAN

*Developing Issues in World Music Therapy Education and Training: A Plurality of Views C.C. Thomas*

##### ALEXIS RUFFNER

*Imagine Magazine*

##### SANDRA CURTIS

*Music for Women (Survivors of Violence): A Feminist Music Therapy Interactive eBook*

##### GUSTAVO SCHULZ GATTINO

*Music Therapy and the Autism Spectrum: An Integrative Overview*

#### FRIDAY, JULY 28

##### AM Break

10:35am – 10:55am

##### Lunch Break Slot 1

12:10pm – 12:30pm

##### PM Break

3:50pm – 4:10pm

##### JENNIFER BUCHANAN

1. *My Body's Special*
2. *Tune In*
3. *Wellness Incorporated*
4. *Wellness, Wellplayed & Workbook*

##### LAURA BEER

*Trauma-Informed Music Therapy: Theory and Practice*

##### SAMI ALANNE

*The Theory and Practice of Psychodynamic Music Psychotherapy*

##### CHERYL DILEO

*Ethical Thinking in Music Therapy (2nd Ed.)*



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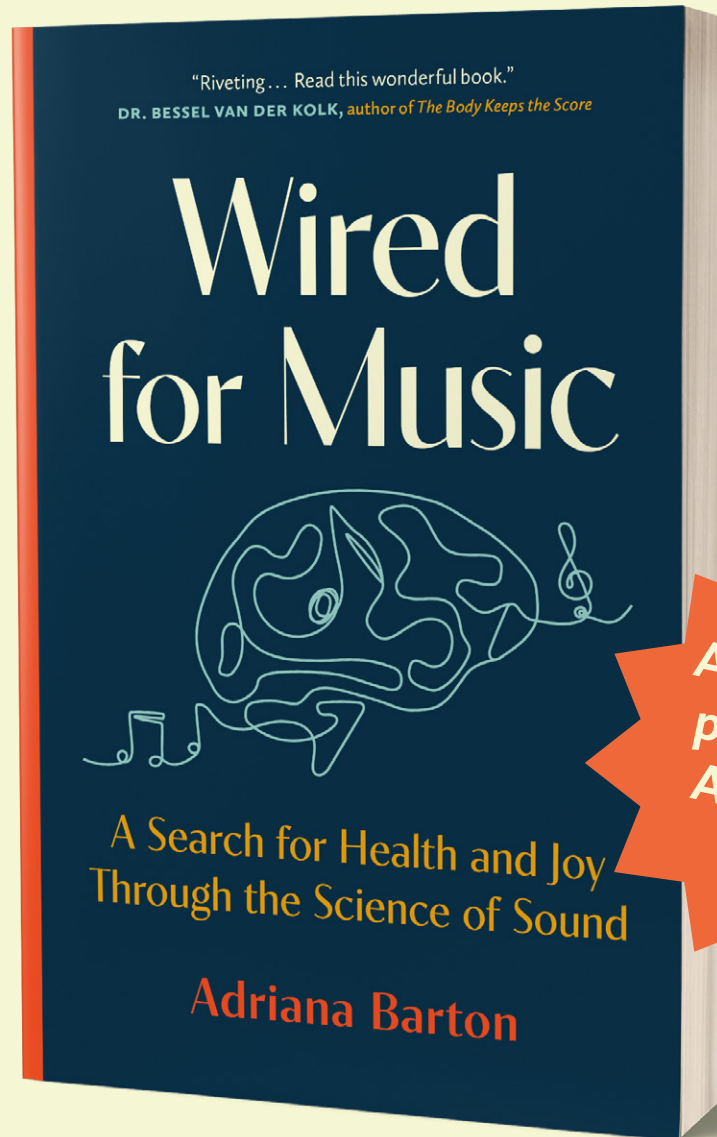
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and rhythms connect us, and help us  
deal with alienation and anxiety.”**

**DR. BESSEL VAN DER KOLK,**  
*author of *The Body Keeps the Score**

## Clinical ePosters

63

### Music-Based Emotion Regulation (MBER): A Theoretical Model for Age-Related Depression Prevention

*Sekyung Jang, United States*

*Lizzy Kunde, United States*

The presenter will introduce a theoretical model that targets older adults and depression prevention. The model proposes four emotion regulation strategies: Intentional Selection, Attentional Control, Cognitive Stimulation, and Social Interaction. Each strategy offers clinical applications that help older adults develop emotion regulation skills.

70

### When the Perspective Has Changed: Music Therapy in the Medical School

*Netchanok Singhey, Thailand*

Almost 50 medical residencies in a Thai medical school enroll in Music Therapy Course aiming to support the clinical practice in the hospital through an understanding of music therapy service indication. The MTC has changed the physician's perspectives leading to the application of music therapy intervention as a non-pharmacological treatment.

110

### NICU Follow-Up: A Water Music Therapy Intervention

*Barbara Sgobbi, Italy*

After NICU discharge the premature family risk to focus on the only clinical aspects, compromising the emotional relational space with the newborn. A new NICU follow-up protocol insert a special music therapy intervention in the water: an activity that supports the multilateral motor and psychological development through multisensory.

158

### Highlights of the World Federation of Music Therapy Council 2020-2023

*Amy Clements-Cortes, Canada*

*Marinella Maggiori, Italia*

*Melissa Mercadal Brotons, Spain*

*Satoko Mori-Inoue, Japan*

*Bhuvaneshwari Ramesh, India*

*Anita Swanson, United States*

*Aksana Kavaliova-Moussi, Canada*

This poster highlights key actions and projects undertaken by the WFMT Council 2020-2023 including: Global Crises responses, Ethics document creation, Online Education Opportunities, New Models/Approaches of Music Therapy, Individual and Organizational Collaborations, Response to COVID-19, and WCMT 2023 planning. These efforts point to global innovation of the profession of music therapy.

179

### Attempt to Maintain and Improve Cognitive Functioning through Music Therapy Using Dual-Tasks

*Yuka Komai, Japan*

The dual-task program for dementia patients have been shown to maintain, improve attention, balance functions and reduce depression. In this study, music therapists designed and implemented the same dual-task program using music. MMSE, GDS, TMT, and FAB assessments will be conducted. The results will be shared in the presentation.

281

### Music Therapy in Hospice. Improvisation at the End of Life

*Mariagrazia Baroni, Italy*

Improvisation is central in the relationship with the terminally ill and lets patients confront the complexity of the final days. Through cases from 20 years of work in hospice, the presenter will describe the value of the music, voice, and silence in music therapy sessions at the end of life.

345

### **Aphasia Choirs Go Global: An Interprofessional International Network**

*Alison Talmage, New Zealand*

This poster describes the purpose, development, and activities of Aphasia Choirs Go Global, an international online community of practice composed mainly of music therapists and speech pathologists who lead therapeutic neuro-choirs for adults with communication challenges. We increased online interactions during Covid and will present individual and collaborative choir projects.

373

### **Real-time Emotional Biofeedback of Palliative Care Cancer Patients during Music Therapy**

*Rafael Ramirez, Spain*

We present a novel biofeedback system for monitoring the emotional state of patients during music therapy sessions. We describe a case study with cancer patients in the palliative care unit in the Hospital del Mar in Barcelona.

478

### **Moving with Music Program for Older Adults: Impacting Communities through Neurologic Music Therapy**

*Julia Beth Kowaleski, Canada*

*Bethany Horsley, Canada*

Maintaining and improving movement skills is essential to preventing injury in older adults. Julia's Place Music Therapy Center was able to partner with a local organization to pilot a 10-week drop-in "Moving With Music" program. The impact of the program on the participants and the community will be discussed.

## Research ePosters

3

### **Music Therapy and the Group Relationship in Adults on a Detoxification Unit**

*Michael Silverman, United States*

Social connectedness constitutes a recovery-oriented construct. The purpose of this study was to compare three commonly used group-based music therapy interventions with adults on a detoxification unit by measuring the group relationship. In all analyses, the recreational music therapy condition had the least favorable group relationship scores.

4

### **Comparing Music Therapy Interventions in Addiction via State Hope and Abstinence Self-Efficacy**

*Michael Silverman, United States*

For people with alcohol use disorder (AUD), recovery constitutes the ultimate goal. However, before psychosocial treatments addressing recovery are provided, people with AUD typically undergo detoxification. A single songwriting or recreational music therapy session can positively influence state hope and abstinence self-efficacy in adults with AUD on a detoxification unit.

17

### **Students' Perception of Online Learning: Connecting, Reflecting, Innovating**

*Petra Kern, United States*

*Daniel Tague, United States*

Connected with a student organization, this survey study reveals the challenges and opportunities students experience with online learning and tele-interventions. Reflecting on their responses leads to implications for pedagogical decision-making when designing online courses and clinical training. Innovating is key for developing the profession and services in a digital world.



## 21 Music Therapy Using Accessible Digital Musical Instruments for Patients with Severe Dementia

*Eisuke Kondo, Japan*

It is possible for people with late-stage VaD to learn to play a new accessible digital musical instrument and to continue to play it despite progressive BPSD with cognitive decline, which may have implications for the use of MT and music-based cognitive rehabilitation in persons with VaD.

## 25 Music Therapy in an Addictive Behavior Unit; Effects on the Participants

*Raül Hernández Hernández, Spain*

It shows the perception of the patients and the medical staff based on drums activities and reflection. The intervention has carried out in a hospital unit that treats people who suffer from problems related to substance abuse and addictive behaviors. You will get clues about how intervention with those population.

## 30 A Qualitative Exploration of Adolescents' Lived Experiences of Resource-Oriented Music Therapy Assessment

*Kate Aitchison, Australia*

Initial, resource-oriented music therapy assessment can contribute positively to multidisciplinary mental health assessment and promote the recovery of adolescents experiencing complex and enduring mental health issues. Semi-structured interviews with six young men revealed that a resource-oriented approach to music therapy assessment can build rapport, promote engagement and instill hope.

## 46 One-Day Intervention vs. Five-Day Intensive Intervention Using Musical Attention Control Training (MACT)

*Yuka Kasuya-Ueba*

A one-day intervention and a five-day intensive intervention using MACT were administered to a child with high-functioning autism spectrum disorder (ASD) three months apart, and behavioral changes were evaluated using

neuropsychological tests. Improvement in the switching attention subtest was observed after the five-day intensive intervention but not the one-day intervention.

## 47 An Exploratory Sequential Inquiry in Music Therapy for Performance Anxiety

*Amy Clements-Cortes, Canada*

*Kimberly Dolan, Canada*

This poster overviews the sequential investigation of the use of music therapy for music performance anxiety in university music education majors. It summarizes the multiple measures of anxiety used, including the STAI inventories, pre and post-treatment surveys, and a post-study interview. Results, perspectives, and future research directions are presented.

## 48 Experiences of Music Therapists in the Clinical Practice Following Post-COVID-19

*Soyoung Moon, Republic of Korea*

This study explored the experiences of practicing music therapists in the post-COVID-19 era. Throughout individual interviews and e-mails, experiences of music therapists' clinical practices were collected and analyzed. The necessity of music therapy job security, self-care, and tele-health music therapy issues were addressed following a transition of the COVID-19 pandemic.

## 62 A Systematic Review of Music Interventions Addressing Emotional Needs of Older Adults

*Sekyung Jang, United States*

*Lizzy Kunde, United States*

Despite growing number of literature associated with emotion regulation and older persons, there is a paucity of studies that investigate how music therapy interventions have addressed emotional needs of older persons. The authors present results of a systematic review of music therapy interventions that target older persons and emotional needs.

- 65**  
**The Effects of Tailored-Lullaby Singing on Stress, Anxiety and Depression during Postpartum**  
*Carol Kit Yang Cheung, Hong Kong*  
40-80% postpartum women suffer from postnatal blues and 13%-19% suffers from postnatal-depression/ (2017, Hong Kong Health Authority). Anxiety and stress are also contributing factors. Music therapy was introduced to the postnatal ward as part of the breastfeeding-class, including tailored-lullaby and relaxation techniques along with practical information on breastfeeding.
- 67**  
**Joint Action Routine with Music for Child with Autism Spectrum Disorders**  
*Yuya Suzuki, Japan*  
In this study, One child with Autism Spectrum Disorder who showed verbal expression but had difficulty verbally communicating with others was trained with an intervention that combined a joint action routine and music. As a result, Interventions increased the mand repertoire of the child.
- 68**  
**Proposal of Music Therapy Protocol for Ataxic Patients**  
*Yuri Giffoni, Brazil*  
Neurological music therapy in patients with ataxia has been shown positive impacts on functional rehabilitation and quality of live, but protocols are not available in literature. The objective of this study is to propose a music therapy protocol for patient with ataxia using neurological music therapy and then its application
- 74**  
**Music Therapy in México: An Emerging Profession and Discipline**  
*Xochitl Palma Islas, Spain*  
The first MT workshops that took place in México during the 70's, weren't able to continue. Fifty years later, with the creation on the Mexican Center for Music Therapy, the discipline re-emerged, more strongly, thanks to the work of the very few mexicans that had the chance to studied MT.
- 75**  
**The Influence of Gendhing Gambir Sawit on the Anxiety of Indonesian Students**  
*Johanna Natalia, Indonesia*  
This experimental study showed that there were significant differences in the STAI score between the experimental (30 Indonesian students, listened to Gendhing Gambir Sawit) and control group (30 Indonesian students, listened none). The results indicated that Gendhing Gambir Sawit tended to reduce the level of anxiety of the Indonesian students.
- 96**  
**Music Therapy Clinical Practice in Mexico: Survey of an Emerging Discipline**  
*Eugenia Hernandez-Ruiz, United States*  
Public knowledge and interest in music therapy in Mexico has increased exponentially in the last years. To create a portrait of clinical practice, we conducted an online survey. Results show a wide variety of training and approaches. Ideas to support music therapy development in Mexico will be shared.
- 97**  
**The Application of Music Therapy in Young Children with Selective Mutism**  
*Bettina Wan, Hong Kong*  
The poster presentation will feature two Case studies, describing and discussing the application of Music Therapy in the treatment of two young children with Selective Mutism and their results.
- 103**  
**Remote Music Intervention to Improve the Mental-Health of Parents with ASD Children**  
*Patricia Harumi Higa Yagui, Peru*  
This study examined the effectiveness of a remote music intervention to improve the mental health of parents of children with ASD, using progressive muscle relaxation assisted by music followed by Regulative music therapy. All the participants increased their mental health scores during the intervention period compared to the baseline period.

104

### **Music Therapy and Adulthood - Autobiographical Reflections of Music Therapists**

*Agnieszka Łuciuk-Wojczuk, Poland*

The music therapy experience and its role in shaping adulthood is a research project aimed at discovering how music therapy education affects the music therapist's personal life as a synergistic effect of the impact exerted by music therapy from an andragogical perspective. Autobiographical reflections revealed innovative aspects of music therapy.

138

### **Interprofessional Collaboration with Pediatric Music Therapists in the United States: Multiple-Case Study**

*Clarissa Lacson, United States*

This multiple-case study explored facilitators and barriers to interprofessional collaboration between pediatric music therapists and multidisciplinary co-workers. Factors contributing to collaboration include clarifying the music therapist's role, build relationships, communicate, and share goals between disciplines. Barriers include lack of understanding of the music therapist's role, high caseloads, and scheduling difficulties.

144

### **Chinese Yin-Yang Principle in GIM and Mandala Analysis**

*Wai Man Ng, Hong Kong*

A PhD research study entitled 'The Application of Chinese Yin-Yang Concept and Chinese Music in Guided Imagery and Music' was completed in 2018 (Ng, 2018). Five Chinese music programs were created based on the Chinese Yin-Yang principle. This principle was recently extended to the mandala analysis in the GIM sessions.

151

### **Increasing Access to Music for Young People Facing Challenges in Rwanda**

*Alexia Quin, United Kingdom*

A team of local Rwandan Trainers illustrate how their own training model is enabling caregivers and activity leaders to introduce music into their work and increase access to

therapeutic music-making for children and young people across the country. This work has been undertaken in partnership with Music as Therapy International.

152

### **Reflecting on the Achievements and Practice of Current Global Music Therapy Pioneers**

*Alexia Quin, United Kingdom*

Reflecting on the experiences and innovation of caregivers in Romania, Rwanda, Georgia, Ethiopia, Myanmar, India and the Occupied Palestinian Territories to understand how the role of music within care and education is being driven forward by local practitioners in very different countries, with the support of Music as Therapy International.

153

### **What Are the Measures and Outcomes Used in Music Therapy for Dementia?**

*Makiko Abe, Japan*

We conducted a survey of measures and outcomes used in existing studies to accumulate evidence for music therapy for dementia, based on original articles used in reviews registered in the Cochrane Database Systematic Reviews.

154

### **Music Helps (India): An Exploration of Collaboration and Innovation in Digital Training**

*Alexia Quin, United Kingdom*

Music Helps is an online training course designed to inspire caregivers in India to use music to support their daily care of people living with dementia. This presentation reflects on the international collaboration required to tailor the course to the local context, lessons learned and scope for its future.

159

### **Exploring Lived Experience of the Music Therapists through Musicing**

*Jiwon Park, Republic of Korea*

This study examined the subjective reality and properties of musicing revealed in the life journeys of music therapists. This study may provide insights for both prospective and/or current music therapists to become more



competent clinicians and offer them a chance to reflect on their directions and purposes in the profession.

### **161** **Music Therapy in Georgia Today: The Role of International Collaboration**

*Alexia Quin, United Kingdom*

Georgian Music Therapist, Tamar Jordania, and the director of Georgia's first Music Therapy Centre, Teona Kacheishvili, have played pioneering roles in extending local provision for young people with disabilities to include access to music therapy. This poster presents their journey towards current practice and considers music therapy's future in Georgia.

### **169** **Singing the Same Song: A Survey of Music Therapy Contexts in Africa**

*Cara Smith, United States*

This paper presents the results of a survey study that located and collected descriptions of therapeutic music practices across the African continent. Respondents described their practices, contexts of work, and professional identity in diverse ways. A strong interest was expressed among participants for opportunities to connect and collaborate.

### **176** **Application of Conditioned Establishing Operation to Music Therapy**

*Izumi Futamata, Japan*

This presentation will introduce the usefulness of examining the use of one of the basic concepts of Applied Behavior Analysis, Conditioned Establishing Operation (Michal,1993), in enhancing the effectiveness of music.

### **177** **Effectiveness of Singing Activities Focusing on Oral Function**

*Kaho Hirano, Japan*  
*Yuka Komai, Japan*

The purpose of this study is to research the effectiveness of music therapy for maintaining and improvement of oral function for participants by singing program invented by music therapists. The research method is non-

randomized controlled trial. The results will be shared in the presentation.

### **188** **Impact of English Music Therapy Learning Resources on Indonesian Music Therapy Students**

*Kezia Putri, Indonesia*

This phenomenological study aims to: reveal the impact of English-language resources on the students' music therapy understandings and practice; and evaluate whether there is a concrete action that can be taken to improve the system. Both will be explored from the perspective of the students.

### **199** **Music Facilitation Styles and Behaviors Across the Health-Care Continuum: Multiple Case Studies**

*Juyoung Lee, United States*

Five music leaders' facilitation styles and behaviors were studied through observations and interviews. All facilitators demonstrated three consistent behaviors: using a consistent structure, creating a positive/relaxing atmosphere, and offering clear instructions for the participants. Education background/personality of the leader, group sizes, health conditions/culture of the participants were influencing these decisions.

### **201** **Music Interventions in the Corporate Education Fields Recognized by Music Therapists**

*Nahyun Lim, Republic of Korea*

This study aims to investigate the awareness of music therapists on music interventions in corporate education fields and to suggest applications of music therapy intervention at the areas of corporate education fields.

### **206** **A Case Study about Community Music Therapy of the Schizophrenia Band**

*Hyunho Moon*

This study analyzed the experience and meaning of the schizophrenia band through community music therapy. In 'Plaza Project', the researcher and two musicians participated

in creating five songs, recording, releasing sound tracks, and filming live videos. All participants experienced personal growth, identity as mentally disabled musicians, and friendship overcoming prejudice.

### 231 A Consensual Qualitative Research of Music Therapy Assessment

*Sungha Hwang, Republic of Korea*

The purpose of this study is to qualitatively explore how music therapists assess and evaluate their clients in music therapy. To address the purpose, 7 music therapists were interviewed and the collected data were analyzed using consensual qualitative research method. As the result, 4 domains and 31 categories were produced.

### 233 Vibroacoustic Music Therapy in Palliative Care: Intervention for patients and their relatives-KALLIOPE

*Petra Burzlaff, Germany*

The poster will give an insight into the current research project KALLIOPE, focusing on the relationship between terminally ill patients and their relatives in palliative care. After outlining the innovative intervention with the vibroacoustic SoundPad, the poster introduces the preliminary results of qualitative surveys, whose currently running.

### 238 Music Therapy Applied Korean Traditional Music and the Therapeutic Characteristics of Folksongs

*Hea Young Kwon, Republic of Korea*

The purpose of this study is to examine the therapeutic characteristics of folk songs in the study of music therapy that applied Korean traditional music. This study is meaningful in that the musical characteristics and socio-cultural characteristics of Korean traditional music are useful as therapeutic grounds in clinical settings.

### 244 Does Pretend Play with Music Expand Communication in Child with ASD?

*Hatsune Hayashi, Japan*

*Naomi Miura, Japan*

*Yuya Suzuki, Japan*

*Izumi Futamata, Japan*

This is a case study of music therapy aimed at increasing communicative behaviors in the child with autism spectrum disorder with speech-language limitations. The study will focus on the cooking activity using music to examine changes in the child's demanding behavior and behavior related to interacting with others.

### 246 Development of Nordoff-Robbins Music Therapy Training and Practice in Asian Countries

*Kana Okazaki-Sakaue, Japan*

*Dong Min Kim, Republic of Korea*

Nordoff-Robbins Music Therapy (NRMT) has been trained and practiced in Asian countries by native music therapists trained abroad. This paper will demonstrate the challenges and benefits when introducing and developing this unique approach in Asian countries. And we will also share and discuss the cultural issues and further developing plans.

### 266 Music Therapy and Neurocognition: Relationships Between Interactive Musical Improvisation and Mental Health

*Ivan Moriá, Brazil*

Microanalyses involving interactive musical practice make it possible to identify traces related to neurocognition (such as theory of mind and working memory), which is little explored in the music therapy literature. This work proposes the relationship between rhythmic, harmonic and melodic aspects with neurocognitive domains, in a mental health context.

### 278 Making Light: Intersections Of Therapeutic Clowning, Musical Stand-up Comedy, and Music Therapy

*Callahan Connor, Canada*

Studies of the therapeutic use of humour and the underlying cognitive construction

of humour have been synthesized from the realms of music therapy, therapeutic clowning, and stand-up comedy. Key insights have been identified across those different fields, leading to a proposal of best practices in the therapeutic use of humour.

**292**

### **Personality and the Quality of the Music Therapy Supervision-Intern Relationship**

*Laurie Peebles, United States*

The purpose of this research study was to examine the supervision relationship between music therapy supervisors and interns. A mixed method design was utilized to examine the relationship amongst personality and supervision attributes. The results indicated that supervisors and interns with higher Neuroticism perceived the internship relationship as less safe.

**309**

### **Moving Music Therapy Forward in Malaysia: Insights, Strategies & Future Trends**

*Indra Selvarajah, Malaysia*

Music therapy started in Malaysia more than 30 years ago. Where there has been an uptick in music therapy activity this decade, which culminated in the formation of the Malaysian Music Therapy Association in 2016, to date there is still no comprehensive music therapy program offered at any Malaysian university.

**328**

### **Assessment in Music Therapy: A Conceptual Review**

*Bumsuk Ko, Republic of Korea*

Assessment is a vital process in music therapy. The purpose of this review is to investigate in historical and cultural contexts how the concept of assessment has been defined in music therapy journals and books. It is hoped that this review will provide music therapists with insight into the concept.

**333**

### **A Qualitative Interpretive Meta-Synthesis Study on Music Therapy Experiences of Cancer Patients**

*Soyoung Moon, Republic of Korea*

The purpose of this study is to explore the music therapy experiences of hospice cancer patients. Applying a Qualitative Interpretive

Meta-Synthesis, individual studies are collected, integrated, and interpreted for comprehensive understanding of music therapy experiences of hospice cancer patients.

**339**

### **The Traveling Suitcase: Home Music Therapy for Chronic Complex and Palitative Children**

*Núria Bonet Julia, Spain*

*Mireia Serra Vila, Spain*

In coordination with the pediatric palliative unit of the Sant Joan de Déu Hospital in Barcelona, (Spain), a home music therapy program has been implemented for children suffering from life-limiting or life-threatening illnesses (oncology, complex chronic conditions) Music offers continued support and care for these children and their families

**355**

### **Measuring Connectedness: Investigating Musical Interaction Between People with Dementia and Their Carers**

*Jodie Bloska, United Kingdom*

This paper will present the methods and preliminary outcomes of research into social connectedness during shared music activities for people with dementia and their carers. The author will discuss the use of brain imaging, qualitative semi-structured interviews and video-analysis, alongside case study material, to explore social connectedness during musical interaction.

**366**

### **The Efficacy of Bonny Method of Guided Imagery and Music of Burnout**

*Khouloud Mbarki, Tunisia*

Many doctors and nurses in Tunisia suffer from burnout as a result of work stress, this reduces their production at work, increases the percentage of sick leaves. That is why we suggested music therapy as a treatment for Burnout and a solution to a problem arising from it

**381**

### **A Study on Professional Identity of Music Therapists:Focusing on Double Licenses**

*Naomi Miura, Japan*

This study is an interview survey with music therapists who hold other qualifications in



their area of work. From there, I explored the significance of double licenses in music therapy practice and considered the professional identity of the music therapist.

**387**

### **Outdoor Music Therapy Activities for Infants, Caregivers, and College Child-care Students**

*Kiyomi Hanaoka, Japan*

This study reports the application of MT to outdoor practice for infants and parents. The sessions included sensory exploring and improvisational interaction, and relaxation for parents. The inquiry suggested that they recognized the value of the environment, and experienced an increase in self-motivation for exploration, expression, and social behavior.

**388**

### **Investigating the Effect of Music Therapy on Operative Patients**

*Angeliki Chatzimisiou, Greece*

In this study we focus on NHS adult patients with colorectal cancer who are scheduled to have laparoscopic or open surgical procedures and we examine how music therapy interventions can affect the course of the patients.

**391**

### **Individual Music Therapy for a Child with Developmental Disabilities in Pre-language Period**

*Yuko Shirakawa, Japan*

*Keiko Shiokawa, Japan*

*Keiko Ito, Japan*

Performed private music therapy on a developmentally disabled child in the pre-verbal period to support communication using a drum. Rhythm synchronization increased each time the subject was analyzed, and on the seventeenth time a change in behavior was seen that anticipated a demonstration of a social reference during rhythm synchronization.

**399**

### **Being a Music Therapist in Greece: A Long and Winding Road**

*Mitsi Akoyunoglou, Greece*

The present study examines the subjective experience of music therapists who work in Greece. Following a qualitative design, 11 semi-structured interviews with professional

Greek music therapists were analyzed using descriptive phenomenological psychological methodology. On discussing the findings, the overall experience of being a music therapist in Greece will be explored.

**400**

### **Where and How Are Music Therapists Working for Children in Japan?**

*Kumi Sato, Japan*

*Yuka Kasuya-Ueba, Japan*

The presenters talk about the current situations of music therapists working with children in Japan. Based on the survey on their employment conditions, the presenters discuss how Japanese music therapists create opportunities to provide music therapy services in the culture, where the profession is still considered emerging.

**409**

### **Piloting Online Group Music & Imagery Therapy for Adult Carers During COVID-19**

*Helen Wallace, United Kingdom*

This pilot investigated efficacy of online MIT group sessions in reducing anxiety/stress/depression in adult Carers during Covid-19 lockdown. Clinical need was highlighted by lack of online therapeutic support available to this client group. Data collected indicates online group MIT is highly effective in developing and instilling self-care strategies and self-worth.

**410**

### **Music Therapy and Level of Discomfort in a Pediatric Intensive Care Unit (PICU)**

*Raül Hernández Hernández, Spain*

*Núria Bonet Julia, Spain*

A research study carried out on paediatric patients in critical condition is presented, based on scientific evidence and shared with healthcare personnel. The study shows how a music therapy intervention with live music and performed by professional music therapists in a hospital setting reduces the level of discomfort.

**419**

### **Music Interventions during Chemotherapy: an Integrative Review**

*Camila Siqueira Gouvêa Acosta Gonçalves, Brazil*

*Beatriz Salles, Brazil, Claudia Zanini, Brazil*

We conducted an integrative review using a systematic search in 4 databases to explore

features of music interventions delivered during chemotherapy in RCT studies. We based our protocol in Burns (2012), we narrowed down to chemotherapy settings. Results show an increasing number of studies comparing different music interventions during infusion.

**434**

### **Leveraging Cultural Assets of Culturally and Linguistically Diverse Individuals in Music Therapy**

*Emma King, United States*

The purpose of this qualitative phenomenological study was to explore how music therapists can engage in cultural humility and leverage cultural assets of culturally and linguistically diverse individuals. The author discusses findings from interviews with eight experts in music therapy, Universal Design for Learning, or diversity, equity, and inclusion.

**459**

### **Programming Music Therapy to Improve Preschoolers' Executive Functioning and Behavior**

*Andrea Cevasco-Trotter, United States*

*Ellary Draper, United States*

The purpose of this study is to examine the effectiveness of music therapy services on preschoolers' behavior, executive functioning, and social emotional skills. Four intervention classrooms received music therapy twice weekly from February 2022-April 2022. Preliminary results and implications for early childhood music settings will be presented.

**468**

### **Music Therapy in Spain: A Qualitative Research Study**

*María Teresa Del Moral Marcos, Spain*

*Melissa Mercadal Brotons, Spain*

*Patricia L. Sabbatella, Spain*

The main aim of this study is to know the opinion of the Spanish music therapists about the situation of music therapy in Spain. An exploratory-descriptive study, within a qualitative approach, has been carried out. 16 focus groups have been developed. The major concern was social recognition of music therapy.

**476**

### **The Efficacy Guided Imagery and Music of Burnout on Health Care Staff**

*Khouloud Mbarki, Tunisia*

Many doctors and nurses in Tunisia suffer from Burnout as a result of work stress, this reduces their production at work, increases the percentage of sick leaves, and accidents That is why we suggested music therapy as a treatment for Burnout and a solution to a problem arising from it

**481**

### **Evolution and Professionalism: Music Therapy Software Program**

*Guacimara Molina Sosa, Spain*

A team of five music therapists working in six hospitals, presents the coordination as a key factor and its own developed software program as an essential tool for growth, through systematizing data from sessions, protocols, meetings, trainings and supervisions.

**489**

### **Music Therapy, Neural Processing and Craving in Community Substance Misuse Treatment Services**

*Jorg Fachner, United Kingdom*

A Cochrane review reported craving reduction and motivation for treatment as important outcomes for MT in substance addiction treatment. To identify mechanism(s) of change we investigated the acceptability and feasibility of MT and the applied mixed methods test battery (psychometrics, qualitative methods, EEG) in Community Substance Misuse Treatment Services.

**501**

### **The Current State of the Professionalization of Music Therapy in Canada**

*Kiki Chang, Canada*

This presentation examines the current state of the professionalization of music therapy in Canada. Using data from surveys and interviews with stakeholders, and analysis of policy documents, this study explores how music therapists can gain improved credibility and the impact of these processes on equitable access to music therapy services.

503

### **Health Promotion by Bio-Tech-Sound Solutions: Foundations of a University Community Project**

*Beatriz Salles, Brazil*

*Camila Siqueira Gouvêa Acosta Gonçalves, Brazil*

This paper introduces a community project involving Music Therapy and Technology in a public university in Brazil and presents its foundations, objectives and future actions. The project was created by the primary author during the Pandemic, who is faculty of the latest Music Therapy Undergraduate Program in Brazil

506

### **Music Therapy Degree Programs in Southeast Asia: A Comparative Content Analysis**

*Indra Selvarajah, Malaysia*

*Lori Gooding, United States*

As music therapy expands globally, there have been calls for increased access to training in regions like Southeast Asia. We conducted a content analysis of programs primarily from the region using data collected from websites and program materials. Attendees will learn about commonalities and gaps identified across the analyzed programs.

514

### **Wind Instrument Playing for COPD: Recommendations for Music Therapists**

*Camila Siqueira Gouvêa Acosta Gonçalves, Brazil*

In order to explore how wind instrument playing is delivered in music therapy and music medicine, we conducted an integrative review. We did a systematic search in 11 databases plus grey literature. Results show most studies reported only one type of wind instrument and half of studies mentioned music therapists.

517

### **MoMo2: A Lightweight Mobile Monochord (Soundbed) for Clinical Settings and Private Practices**

*Betty Legler, Switzerland*

Monochords (sound beds) are made of solid wood, heavy, and suitable only for stationary use. Now, Swiss musician/music therapist, Betty Legler, presents "MoMo" – a super-lightweight mobile Monochord made from sustainable natural materials such as flax fiber, bio-epoxy resin and Swiss native wood. With animated illustrations, sound samples, videos, etc.

527

### **Faith and Practice: How Religious Beliefs Affect Music Therapists' Identity and Practice**

*Victoria Di Giovanni, Canada*

This phenomenological study examined the impact religious faith has on the clinical practice of accredited music therapists in Canada. Interview participants described their religious affiliations as having a positive effect on their practice although many described discomfort in openly expressing their religious identities in fear of experiencing negative repercussions.

566

### **Cross-Cultural Adaptation during COVID-19: Challenges and Opporational Students**

*Feilin Hsiao, United States*

*Yu-Ying Chen, United States*

This qualitative inquiry examined the lived experiences of international students during the COVID-19 pandemic. It aimed to understand their unique needs and identify critical issues related to cross-cultural adaptation in response to a global crisis. Emerging themes and implications for music therapy education and training are discussed.



**MONDAY, JULY 24, 2023**

**8:00am - 5:00pm**

**LOCATION: MR 17**

### Pre-Congress Workshop 1: Spotlight on Supervision

*Natalie Jack, Australia*

Over the last few years, the focus on music therapist wellbeing has increased, and alongside that, the attention to and interest in supervision as an essential support for music therapists has been growing. We know that many music therapists find themselves in a position of supervising professionals, interns and/or students almost 'by default' without having the benefit of very much training, if any. Many professional groups and health organisations are now encouraging and facilitating access to supervision training so supervisors can be confident, effective and supported in their supervision work.

The Spotlight on Supervision workshop is for any music therapist - those who would like to supervise in the future, those who have been supervising and not had the opportunity to do any training, and those who are experienced supervisors who want to refresh, update and enhance their supervision skills. This training is also for music therapists who are supervisees themselves, to learn how to effectively use their own supervision, and how to informally support their colleagues.

#### Topics will include:

- Reflective Practice - what it is and how to teach it
- The Seven Eyed Supervisor - a supervision technique and structure for planning and delivering supervision
- Difficult Conversations - how to have them and how to survive them
- Types of Supervision - how individual, group and peer supervision types differ in practice
- The 'Self Care' Myth - how to truly look after yourself and your supervisees
- Supervision AMA - lengthy 'Ask Me Anything' session on anything supervision related

These topics are drawn from Natalie's comprehensive five day supervising training course, Successful Supervision, and reflect the modern challenges of being a music therapist and supervisor. Natalie's training combines her expertise, experience and training from over 20 years of supervising, along with clinical work, educating, policy development and leadership, alongside concepts from the work of retired UK psychologist and supervisor Michael Carroll PhD. Natalie looks forward to welcoming you to this exciting training opportunity for connection, learning, reflection and professional development.

**8:00am - 12:00pm**

**LOCATION: MR 9**

## **Pre-Congress Workshop 2: Introduction to Principles of Neurologic Music Therapy: Scientific Models, Research, and the Role of Music as Therapy**

*Kathrin Mertel, Canada*

This presentation will provide a brief introduction to the evidence-based practice of Neurologic Music Therapy, a research-based system of 20 standardized clinical treatment techniques based on scientific knowledge in music perception and production. The Rational Scientific Mediation Model will be used to explore research supporting parallel processes in musical and non-musical brain and behaviour function and the rationale for clinical translation. Case studies will demonstrate the transforming power of music on cognitive, sensorimotor, and speech and language functions with a variety of clinical populations.

will be to review research in the field of NICU-MT and transfer of findings to clinical applications and NICU-MT program development. Participants will listen to research presentations, discuss findings in small groups, and participate in question and answer sessions.

**8:00am - 5:00pm**

**LOCATION: MR 19**

## **Pre-Congress Workshop 4: Vocal Psychotherapy: Songs of the Self**

*Diane Austin*

This workshop draws on the methods and techniques of Vocal Psychotherapy, a recent, in-depth model of music therapy developed by Dr. Diane Austin, which incorporates breath work, natural sounds, vocal improvisation, songs and dialogue to facilitate change and growth. This workshop will illuminate the healing potential of the natural voice. Vocal Holding and Free Associative Singing techniques will be demonstrated.

**8:00am - 5:00pm**

**LOCATION: MR 18**

## **Pre-Congress Workshop 3: Evidence-Based Music Therapy for Premature Infants**

*Jayne Standley, United States*

This workshop will be provided by Dr. Jayne Standley, Dir. of the National Institute for Infant and Child Medical Music and experts in the field who are Fellows of the institute, including: Chris Beach, Dr. Andrea Cevasco-Trotter, Judy Engel, Dr. Lori Gooding, Dr. Flor Hernandez, Dr. Ellyn Hamm, Ciele Knox, Emily Pivovarnik, Dr. Amy Robertson, Jess Rushing, Valerie Williams, and Dr. Olivia Yinger. The purpose of the workshop

**8:00am - 10:00am**

**LOCATION: MR 17**

## **Pre-Congress Workshop 5: Innovations in Music Therapy Pain Management: A Conceptual Model**

*Joy Allen, United States*

Research indicates that music therapy has the potential to be a tool for pain management. Members of this panel will suggest an innovative conceptual model that embraces biopsychosocial factors as well as assessment, types and levels of interventions for children and adults with chronic or acute pain.

**8:00am - 10:00am**

**LOCATION: MR 18**

## **Pre-Congress Workshop 6: New Trends in Clinical Practice and Research in NICU-MT**

*Ellyn Evans, United States*

The neonatal intensive care unit (NICU) is an ever-changing environment as new advances in medicine, technology, and development are consistently being made. Updates will be given on new trends in clinical practice and research in NICU-MT. Presenters will answer attendees' questions about implementing and researching NICU-MT interventions.

**8:00am - 10:00am**

**LOCATION: MR 19**

## **Pre-Congress Workshop 7: Designing Interventions to Foster Reflexive Work and Creativity in Mental Health Setting**

*Julie Migner-Laurin, Canada*

While it can be hard to preserve in our fast-paced world, space for reflexivity is nonetheless an

important agent of therapeutic change in mental health recovery work. In this workshop, we will discuss strategies to invite our patients to mindfully take a step back, re-interpret and re-engage creatively with the material that emerged from spontaneous expression.

Through theory, clinical examples and hands-on creative exercises, participants will be learning about the value of musical and verbal reflections and the different ways it can foster insight and support transformative processes.

**10:00am - 11:30am**

**LOCATION: MR 13**

## **Student Pre-Congress Seminar: Cultural Adaptation, Competence, and Humility: Perspectives on the Future of Music Therapy**

*Juan Pedro Zambonini, United States*

**10:00am - 12:00pm**

**LOCATION: MR 19**

## **Pre Congress Workshop 10: Bridging the Gap: Aligning ASD Research with Clinical Practice and Scientific Standards**

*Edward Schwartzberg, United States*

MT clinicians and researchers must collaborate to improve the scientific integrity of research studies. Based on an integrative review of literature, presenters will explore various evidence-based interventions, techniques and approaches, recommendations for improving scientific integrity of clinical practice and research, and present a manual for use while engaging in research.



**10:00am - 12:00pm**

**LOCATION: MR 17**

## **Pre-Congress Workshop 8: Music Therapy Telepractitioner: Should I Stay or Should I Go?**

*Petra Kern, United States*

Telepractice is here to stay! But is it for you? Debate pros and cons with a global community, explore the use of technology and interactive media, find out about guidelines for clinical practice, and consider clinical tele-supervision. Learn through lively discussions, demonstrations, and inspiring multimedia examples.

**10:00am - 12:00pm**

**LOCATION: MR 18**

## **Pre-Congress Workshop 9: Integrating Research on Neural Networks, Trauma, and Music and the Brain**

*Gene Ann Behrens, United States*

Based on brain scan research, Behrens (2020) has proposed a cyclical framework for music therapy treatment and three levels of music interactions that provides for new perspectives in understanding the music therapy process in trauma treatment. Attendees will rehearse associating symptoms with dysregulated neural networks and creating supporting music interactions.

**1:00pm - 3:00pm**

**LOCATION: MR 17**

## **Pre-Congress Workshop 11: Reflexive Practice in Music Therapy Management: Becoming Visible**

*Debbie Bates, United States*

As music therapists develop from clinicians into leadership roles, the opportunity to reflect,

connect, and innovate with other therapist leaders is imperative. By engaging in collaborative reasoning exercises, this international manager group will help participants reflexively define personal leadership potential and realities and move into independent thinking and action.

**1:00pm - 3:00pm**

**LOCATION: MR 18**

## **Pre-Congress Workshop 12: Developing Together: Integrating Music into a Developmental Model of Music Therapy Supervision**

*Scott Horowitz, United States*

During this workshop, participants will engage in didactic learning, theoretical and case-based discussion, as well as experiential methods to explore developmental models of supervision, and specific ways of integrating music-making based on supervisee stages of development. This workshop will also explore the practice of cultural humility and ethical considerations in music therapy supervision within a developmental and relational framework. At the end of this workshop participants will be able to: identify at least one developmental model of supervision, develop at least one music-based experience to be utilized in supervision, and define cultural humility in music therapy supervision.

**1:00pm - 3:00pm**

**LOCATION: MR 19**

## **Pre-Congress Workshop 13: Percussion Workshop for Women - Women and Drums: "Territory Reintegration"**

*Maria Carolina Simões Dos Santos, Brazil*

Having drums being historically secluded from women, this workshop aims to increase the

appropriation of spaces traditionally considered of male rhetoric in music. Evidences show the existence of a period in history when women were drummers, and by practicing, we would like to reclaim that place of beat and power.

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**3:00pm - 5:00pm**

**LOCATION: MR 17**

## **Pre-Congress Workshop 14: Practical Skills Introduction to the MATADOC: Assessing Awareness in Disorders of Consciousness**

*Wendy Magee, United States*

A practical workshop for using the assessment and treatment protocol used in the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC). This workshop will offer participants practical skills in the clinical methods used in the MATADOC assessment as well as the science underpinning the methods used.

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**3:00pm - 5:00pm**

**LOCATION: MR 19**

## **Pre-Congress Workshop 16: Virtual "CAN-DO" Therapy: Implementing Neuro-Geriatric Music Therapy Techniques in Online Group Sessions**

*Samantha Nossaman, United States*

The virtual "CAN-DO" therapeutic approach uses neurologic music therapy techniques to address the sensorimotor, cognitive, communication, and social/emotional domains in online group music therapy sessions for older adults with dementia. This presentation will discuss therapeutic mechanisms, techniques, implementation, and clinical resources within this approach.

**5:30pm - 7:00pm**

**BALLROOM A+B**

## **Opening Ceremony**

We are excited to welcome you to the 17th World Congress of Music Therapy! Join us in the main session room as we kick off a week of exciting programs, workshops, and discussions. The welcome ceremony will feature honored guest speakers and cultural performers.

**8:30am - 10:30am**

**LOCATION: BALLROOM A+B**

## **Spotlight Session 1: The Future of Research in Music Therapy: Topics & Methodologies**

*Felicity Baker, Australia, SarahRose Black, Canada  
Mark Ettenberger, Colombia, Monika Geretsegger,  
Norway, Rika Ikuno-Yamamoto, Japan*

Join Drs. Monika Geretsegger (Austria), Mark Ettenberger (Colombia), Felicity Baker (Australia), and Rika Ikuno (Japan) as they dive into contemporary issues and ideas, and share insights related to music therapy research across the globe. This dynamic group of speakers will bring rich perspectives on a variety of topics as each speaker has contributed enormously to the scope of music therapy research in their roles as clinicians, principal investigators, program developers and coordinators, educators, and academic journal editors. Moderated by Dr. SarahRose Black (Canada), this dynamic group with research experience that spans clinical populations and methodologies will share their current work, their insights and their hopes for the future of music therapy research around the world.

**10:45am - 12:15pm**

**LOCATION: MR 17**

## **Workshop 1: Envisioning Our Music Therapy Future: Lessons Learned from a Global Pandemic**

*Mary Jane Landaker, United States*

Recent years revealed that music therapy could be done in ways not envisioned before –live, video interactions and prerecorded experiences. As we move into the future, the skills that we developed during these pandemic years will shape how future generations learn to do the job of music therapist.

**10:45am - 12:15pm**

**LOCATION: MR 18**

## **Workshop 2: Music Therapy Worldwide: Combining Clinical Training With Global Development Through Community-Based Projects**

*Julianne Parolisi, United States*

Music Therapy Without Borders exists at the intersection of multicultural clinical training, supporting communities worldwide, and expanding the reach of the field. This workshop will outline the three pillars of the MTWOB philosophy, share examples of successful projects, and invite critical conversation on this model of training and international development.

**10:45am - 12:15pm**

**LOCATION: MR 19**

## **Workshop 3: Utilising Visual Supports within Music Therapy Telepractice: Innovative Tools, Applications and Strategies**

*Allison Fuller, Australia, Lauren Bortolazzo, Australia*

Visual supports and strategies used within telepractice are shared during this hands-on practical workshop. The evidence-base underpinning this work is provided, and examples of individual and group telepractice settings are outlined through video case material. Active learning demonstrations of hard-copy and digital visual supports for online use are featured.

**11:00am - 12:00pm**

**LOCATION: MR 9**

## **Fireside Chat Session 1: Imagine Presents: Reflecting to Innovate in Early Childhood Music Therapy**

*Alexis Ruffner, United States, Petra Kern, United States*

Imagine has featured about 806 authors from over 50 countries the past 10 years. At this fireside chat,



editorial members reflect on global trends that have emerged in working with young children and their families. Attention, connecting with the imagine team might spark some thoughts, ideas, and actions for you!

**11:00am - 12:00pm**

**LOCATION: BALLROOM A+B**

## **Paper Session 1: Contributions of Music Therapy to Interdisciplinary Work with People with Functional Dysphonia**

*Maria Florencia Curcio, Argentina*

This article presents a music therapy framework that contributes, in an integrative way, to interdisciplinary voice work with people presenting functional dysphonia. In this paper aspects of the Embodied VoiceWork and Functional Voice Education methods will be related, delineating the concept of "Functional Vocal Exploration"

## **Paper Session 1: Challenges in Music Therapy Practice and Research in Schizophrenia, Negative Symptoms**

*Inge Nygaard Pedersen, Denmark*

Specific attachment styles for people suffering from schizophrenia need to be met in clinical interventions. Two manuals including music were developed for a randomized, controlled and blinded music therapy research study in Denmark 2016-2021. Both interventions reduced significantly negative symptoms. Presentation of challenges in interventions and in the study design.

**11:00am - 12:00pm**

**LOCATION: MR 13**

## **Paper Session 4: A Clinical Model for Music Therapy Services for Pediatric HSCT Patients**

*Elizabeth Harman, United States, Helen Shoemark, United States*

The Music Therapy for Pediatric Medical Trauma

(MTPedMT) model is the product of an in-depth multi-case research study. Three theoretical constructs were used to analyze data from electronic medical records, resulting in a model identifying the unique contribution of music therapy to mitigate medical trauma for Pediatric HSCT patients.

## **Paper Session 4: Connecting Music Therapy Research and Real-World Practices Through Knowledge Mobilization**

*Dr. Laurel Young, Canada*

Although research can serve an important role in advancing the MT profession, a disconnect often exists between knowledge gleaned from research and its applications to real-world-practices. This paper elucidates the importance and complexities of knowledge mobilization within the context of ongoing MT research projects with older adults affected by the pandemic.

**11:00am - 12:00pm**

**LOCATION: MR 16**

## **Roundtable Session 1: Music Therapy Training in Europe: Competence Based Training for Clinical Practice**

*Melanie Voigt, Germany, Esa Ala-Ruona, Finland, Alice Pehk, Estonia, Melissa Mercadal Brotons, Spain, Marketa Gerlichova, Czech Republic*

The European Music Therapy Confederation represents 32 music therapy associations across Europe. The scope of approaches, training, and areas of practice is very broad. The European Music Therapy Standards Commission has formulated competency-based minimum standards for training. The process involved and the results achieved will be presented and discussed.

**11:00am - 12:00pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 1: A Comprehensive Review Classifying Contemporary Global Practices in Music Therapy**

*Vivian Chan, Hong Kong*

This presentation reports on the presenters' (a working group of WFMT council members) attempt to provide a comprehensive and inclusive overview of contemporary music therapy practices across the globe and offers reflections on the continuing development and evolution of music therapy practices going forward.

**11:00am - 12:00pm**

**LOCATION: MR 14**

## **World Cafe Session 1: What's It For? An Exploration of Online Communities in Music Therapy**

*Elizabeth Coombes, United Kingdom, Gustavo Schulz Gattino, Denmark, Penny Warren, New Zealand*

Online Communities of Practice offer a space for practitioners to connect and reflect. Using a range of creative materials, the World Cafe will enable collaborative exploration of such spaces. The session will contribute to the development of existing and future Communities of Practice and how they may enrich our profession.

**1:00pm - 2:30pm**

**LOCATION: MR 17**

## **Workshop 4: Beyond Twinkle, Twinkle: Aligning Early Childhood Interventions to Developmental Milestones**

*Kellee Coviak Hansen, United States*

Facilitators of early childhood music classes are a valuable resource in supporting new parents,

communicating developmental expectations, and providing referrals. This presentation will provide an overview of developmental milestones, examples of music interventions targeting skills across the developmental domains, and appropriate next steps if a concern arises.

**1:00pm - 2:30pm**

**LOCATION: MR 18**

## **Workshop 5: Fostering Connection and Creativity through Interdisciplinary Collaboration in a Virtual World**

*Bree Gordon Lukosavich, United States*

In this workshop participants can expect to learn about community based music therapy and interdisciplinary approaches to community programming. Participants will be led through a brainstorming exercise to identify opportunities for creative collaboration in their own communities.

**1:00pm - 2:30pm**

**LOCATION: MR 19**

## **Workshop 6: SOCOM: A Social Communication Music Therapy Protocol for Adults with Developmental Disabilities**

*Alejandra Arevalo, United States, Hayoung Lim, United States*

"SOCOM" is a music therapy protocol for adults and adolescents with developmental disabilities focused on developing social communication skills given an in-person and online format. This presentation will offer therapeutic approaches, techniques, testimonials, and resources to empower this population as they embrace their neurodiversity and enter adulthood.

**1:00pm - 2:30pm**

**LOCATION: MR 16**

## **Workshop 9: Workshopping Post-ableist Thinking and Practices in Music Therapy**

*Carolyn Shaw, New Zealand*

This workshop will explore post-ableist music therapy. Through various activities, participants will be engaged in thinking reflexively about their own practice. We will explore ways of valuing diversity, ways of decreasing ableist barriers, and ways of reframing 'goals', music, and language used in the music therapy process to address ableism.

**1:30pm - 2:30pm**

**LOCATION: MR 14**

*Eugenia Hernandez-Ruiz, United States*

## **Country Specific E-Poster Roundtable Session 2: Music Therapy Clinical Practice in Mexico: Survey of an Emerging Discipline**

Public knowledge and interest in music therapy in Mexico has increased exponentially in the last years. To create a portrait of clinical practice, we conducted an online survey. Results show a wide variety of training and approaches. Ideas to support music therapy development in Mexico will be shared.

## **Country Specific E-Poster Roundtable Session 2: The Current State of the Professionalization of Music Therapy in Canada**

*Kiki Chang, Canada*

This presentation examines the current state of the professionalization of music therapy in Canada. Using data from surveys and interviews with stakeholders, and analysis of policy documents, this study explores how music therapists can

gain improved credibility and the impact of these processes on equitable access to music therapy services.

## **Country Specific E-Poster Roundtable Session 2: Singing the Same Song: A Survey of Music Therapy Contexts in Africa**

*Cara Smith, United States*

This paper presents the results of a survey study that located and collected descriptions of therapeutic music practices across the African continent. Respondents described their practices, contexts of work, and professional identity in diverse ways. A strong interest was expressed among participants for opportunities to connect and collaborate.

## **Country Specific E-Poster Roundtable Session 2: Music Therapy in México: An Emerging Profession and Discipline**

*Xochitl Palma Islas, Spain*

The first MT workshops that took place in México during the 70's, weren't able to continue. Fifty years later, with the creation on the Mexican Center for Music Therapy, the discipline re-emerged, more strongly, thanks to the work of the very few mexicans that had the chance to studied MT.

## **Country Specific E-Poster Roundtable Session 2: Moving Music Therapy Forward in Malaysia: Insights, Strategies & Future Trends**

*Indra Selvarajah, Malaysia, Lori Gooding, United States*

Music therapy started in Malaysia more than 30 years ago. Where there has been an uptick in music therapy activity this decade, which culminated in the formation of the Malaysian Music Therapy Association in 2016, to date there is still no comprehensive music therapy program offered at any Malaysian university.



**1:30pm - 2:30pm**

**LOCATION: BALLROOM A+B**

## Paper Session 5: Mentoring in Music Therapy

*Sue Baines, Canada*

Mentoring is an invaluable resource in professional practice, and in lifelong personal and workplace development. Mentors commit to someone else's potential, fostering that potential through rigorous, honest, kindly, and encouraging support. The presenters will critically analyse mentoring in the context of music therapy scholarship particularly focusing on music therapy education.

## Paper Session 5: Understanding the Potential for Harm in Music Therapy Practice

*Brea Murakami, United States*

Music therapy clinicians have an ethical and professional obligation to understand clients' negative responses and the potential for harm in sessions. This presentation will define clinical harm, present the Music Therapy and Harm model (MTHM), and discuss best practice for identifying and addressing harm within music therapy practice.

**1:30pm - 2:30pm**

**LOCATION: MR 13**

## Paper Session 8: Implementing a Music Therapy Recording Studio in a Psychiatric Hospital Setting

*Dany Bouchard, Canada*

Implementing a recording studio for the psychiatry music therapy program at the Montreal General Hospital became a necessity and a precious therapeutic tool. Through a creative music therapy approach, this recording studio is now used as an

important part of many active and receptive music therapy interventions.

## Paper Session 8: Finding Hope: The Experience of Being a Music Therapist During the Pandemic

*Yu-Ying Chen, United States*

In this presentation, the experiences of patients and therapists in inpatient psychiatry will be described to elaborate on the role of music therapy and the changes in practice during the first wave of COVID-19 in New York. Vignettes will also be presented to show how music therapy can help.

**1:30pm - 2:30pm**

**LOCATION: MR 9**

## Pecha Kucha Session 1: Music Therapy in Social Work for Unaccompanied Refugee Minor: Four Case Examples

*Ole Kristian Einarsen, Norway*

In this presentation we presents findings from an ongoing Phd study concerning music therapy and migration. The aim of the qualitative research study is to learn from children, music therapists and social workers, and their experiences with music related activities.

## Pecha Kucha Session 1: Method of Creative Intervention in Crisis - Burn Care and Trauma

*Mireya Gonzalez, Chile*

Burns injury are often associated with pain, emotional stress, invasive procedures, long term rehabilitation and family stress. This presentation will discuss a conceptual frame for the delivery of MICC, a method of Creative Intervention in Crises and Trauma with pediatric burns clients. Three clinical cases will be presented

## **Pecha Kucha Session 1: Music Therapy in Work with Young Refugees from Ukraine**

*Viggo Krüger, Norway*

This paper concerns music therapy for children and young people with a refugee background in the first phase of establishment in the recipient country. Findings from an ongoing research project will be presented. Music therapy activities and theoretical perspectives will be described.

## **Pecha Kucha Session 1: The Meet in the Music © Curriculum for Autism & Diverse Needs**

*Esther Thane, Canada*

This is a practical presentation of 1 original intervention from the Meet In The Music© curriculum for Autism and diverse needs, created & refined through 25 years of implementation. Includes video footage of clinical work with clients engaging in the interventions, PDF's of the sheet music, and full procedures.

## **Pecha Kucha Session 1: Music Therapy for Families, a Systems Theory Perspective**

*Viggo Krüger, Norway, Kathrine Eberle Cotter, United States*

This paper is the result of an international collaboration on a book chapter for the forthcoming "Music therapy handbook". The paper presents the main findings and arguments from the chapter and will outline how systems theory is integrated and applied in music therapy in family settings.

## **Pecha Kucha Session 1: Swanick-Chroma Intervention: The Importance of Including Adoptive Families in Creative Arts Therapies**

*Rachel Swanick, United Kingdom*

The Swanick-Chroma Intervention is a unique music and arts therapy programme containing six sessions for adoptive parents. The SCI aims

to provide a framework for therapists and promote mentalisation in parents, leading to positive attachments with children, higher emotional resilience and increased life satisfaction for the future.

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**2:45pm - 3:45pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 3**

*Daphne Rickson, New Zealand, Jin Hyung Lee, Republic of Korea, Camila Siqueira Gouvêa Acosta Gonçalves, Brazil, Marinella Maggiori, Italia, Nsamu Moonga, South Africa*

In this presentation Regional Liaisons, members of the World Federation Council, will each give a brief overview of music therapy in their respective regions. Attendees will hear from Nsamu Moonga (South Africa), Daphne Rickson (New Zealand), Marinella Maggiori (Italy), Camila Acosta Goncalves (Brazil), and Jin Hyung Lee (South Korea), before a brief question time. Come and learn about music therapy around the world!

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**2:45pm - 3:45pm**

**LOCATION: BALLROOM A+B**

## **Paper Session 10: The Music-Based Attention Test and Emotion-Perception Test for Individuals with Developmental Disability**

*Jin Hyung Lee, Republic of Korea, Juri Yun, Republic of Korea, Doug Hyun Han, Republic of Korea, Hyunchan Hwang, Republic of Korea*

Presenters will introduce the M-Test, the music-based smart-device application developed and clinically evaluated for assessing auditory attention, working memory, and emotion perception for individuals with developmental disabilities. The presentation will cover the process of developing the tests and illustrate research results obtained from 100 individuals with and without developmental disabilities.

## Paper Session 10: M-Talk: Music-Based Social and Communication Training Platform for Individuals with Developmental Disability

*Juri Yun, Republic of Korea, Jin Hyung Lee, Republic of Korea, Doug Hyun Han, Republic of Korea, Hyunchan Hwang, Republic of Korea*

The presenters will introduce the clinically tested M-Talk, a music-based digital social and communication training platform for individuals with developmental disabilities. The presentation will cover the process of developing the platform algorithm and demonstrate the working model of the M-Talk platform consisting of five programs using tablets and notebooks.

**2:45pm - 3:45pm**

**LOCATION: MR 13**

## Paper Session 13: Consensual Qualitative Research on Music Therapists' Musical Flow Experiences in Clinical Improvisation

*Hyo Jin Jang, Republic of Korea*

This study is to explore the experiences of music therapist's musical flow in clinical improvisation. To this end, in-depth interviews were conducted with eight music therapists who have abundant musical flow experiences using clinical improvisation as their main intervention techniques. The data was analyzed by Consensual Qualitative Research method.

## Paper Session 13: What Every Music Therapist Should Know About Violence Against Women & Girls

*Sandi Curtis, Canada*

Recognition of the increasingly high incidence of male violence against women and girls makes it clear that music therapists are likely to encounter survivors wherever they may work. This paper provides information to better prepare music therapists to recognize the signs, understand the impact of violence, and best support survivors.

**2:45pm - 3:45pm**

**LOCATION: MR 17**

## Paper Session 14: Non-Directive Approach: A Path to an Inclusive Practice

*Yasmine White, United States*

How can we assess and approach our clients in order to fully allow for their differences and unique perspective? This presentation will explore and identify ways to integrate a non-directive therapeutic approach, what that may look like and how the results can manifest in deep and culturally inclusive outcomes.

## Paper Session 14: Non-compliance, Communication, or Autonomy? Evidence-Based Strategies for Empowering Multiple Client Populations

*Annie Roberson, United States, Madison Michel, United States*

Is your client "non-compliant", communicating, or expressing autonomy? How can you tell the difference? Learn from an integrated private practice team why non-compliant behaviors may be occurring, how to empower clients with trauma, communication-related, and Autism diagnoses, and why it can be good for clients to say "No."

**2:45pm - 3:45pm**

**LOCATION: MR 18**

## Paper Session 16: Music Therapy with Burn Patients in the ICU: A Randomized Clinical Trial

*Mark Ettenberger, Colombia*

In this presentation, the preliminary results of a RCT on music therapy with ICU burn patients will be presented. This is the first study in Colombia to evaluate the effects of music therapy for this population gathering new knowledge about its potential to help patients recover from their injuries.



## Paper Session 16: The Effect of Song on Arousal and Awareness in Paediatric DoC

*Janeen Bower, Australia, Wendy Magee, United States*

Songs promote responsiveness in children with disorders of consciousness (DoC). We present research using time-locked video-EEG to objectively describe behavioural responsiveness and reveal covert responses to song in children with DoC. A prospective multiple baseline case study will be presented comparing responsiveness to familiar song and comparative auditory conditions.

**2:45pm - 3:45pm**

**LOCATION: MR 9**

## Pecha Kucha Session 3: Improving Technological Competency in Music Therapy Students

*Josephine Geipel, Germany*

Future music therapists need to acquire both the ability to make decisions for the use of music technologies and their application in clinical practice as well as knowledge of e-health applications. This project aims at the development of courses on the use of technologies in a music therapy bachelor's programme.

## Pecha Kucha Session 3: Active Voice Yoga: A Voice and Meditation Approach for Wellbeing

*Lene Jeffrey, Australia, Alison Short, Australia*

Active Voice Yoga, a new music therapy method, incorporates the singing of bija mantras and affirmations within a mental silence meditation protocol. This presentation outlines the evidence-based development of AVY, demonstrating the voice work method through a practical singing experience and discusses implications within an integrative music therapy-based wellbeing approach.

## Pecha Kucha Session 3: Trauma-Informed Music Therapy: Perspectives from Around the World

*Laura Beer, United States, Jacqueline Birnbaum, United States, Mireya Gonzalez, Chile, Jennifer Sokira, United States*

Our global community is connected by traumatic experiences, whether acts of war, natural disasters, sexual trauma and intimate partner abuse, or repercussions from treatments for physical and mental health issues. In this session attendees will actively engage with experts in the field of trauma-informed practice, exchanging thoughts, experiences, and inspirations.

**2:45pm - 3:45pm**

**LOCATION: MR 14**

## Roundtable Session 3: Global Perspectives on Music Therapy and Elevating Diverse Older Persons

*Lindsey Wilhelm, United States, Melita Belgrave, United States, Amy Clements-Cortes, Canada, Kathleen Lawson, Australia, Eta Lauw, Singapore*

The aging population is quite diverse around the world. In this roundtable, the presenters will discuss treatment interventions for diverse aging populations in Australia, Canada, Singapore, and the United States. Participants will identify how trends in aging influence their practice and opportunities to elevate diverse older adults in clinical settings.

**2:45pm - 3:45pm**

**LOCATION: MR 16**

## Roundtable Session 4: Better Together: Building an International Music Therapy Support Network

*Petra Kern, United States, Indra Selvarajah, Malaysia, Bhuvaneshwari Ramesh, India, Kezia Putri, Indonesia*

Building community and peer support among

academics and professionals in countries where music therapy is emerging can be powerful! In this roundtable, members of the C/SEA Master Group reflect on the initial idea, share their latest connections, and successful initiatives. Get inspired by their project descriptions and mutual encouragement.

**4:15pm - 5:15pm**

**LOCATION: BALLROOM A+B**

## **Paper Session 17: The Korean Music Child: Nordoff-Robbins Music Therapy in Korean Culture**

*Sungha Hwang, Republic of Korea, Sua Kim, Republic of Korea*

Since Nordoff-Robbins music therapy certification training was established in Seoul in 2011, more than 35 Korean music therapists have been trained as Nordoff-Robbins Music Therapist, and I am one of the first trained. I would like to introduce two cases representing the Korean music child activated and actualized through improvisation.

## **Paper Session 17: Video Analysis of Music Therapy Sessions with Autistic Children: Findings and Reflections**

*Alexandra Georgaki, United Kingdom*

The paper presents the findings of the video analysis of music therapy sessions with young autistic children developing a shared history with their therapist. What can we learn about the children's and therapists' behaviours from analysing the videos? Findings, reflections and discussion from a dual-role researcher and clinician.

**4:15pm - 5:15pm**

**LOCATION: MR 7**

## **Paper Session 18: Dealing With Auditory Sensory Issues with Music Animation in Children with ASD**

*Bettina Wan, Hong Kong*

A program "Living with Music" was developed hoping to help children with ASD deal with

auditory sensory issues. The program involved self-composed music animations with added real-life sounds that tend to create discomfort in ASD children. Evaluation took place based on feedback from parents who have participated in the program.

**4:15pm - 5:15pm**

**LOCATION: MR 9**

## **Paper Session 20: Interactive Music Therapy for Chronic Pain Management in People with Advanced Cancer**

*Joke Bradt, United States, Stephenie Sofield, United States*

Although music therapy is frequently used for pain management in cancer care, there is a lack of knowledge related to underlying mechanisms. We will present the findings of a 3-year mixed methods research study that examined mediators of interactive music therapy for chronic pain management in people with advanced cancer.

## **Paper Session 20: Interaction-Focused Family Music Therapy in Pediatric Oncology: A Randomized Controlled Pilot Trial**

*Constance Boyde, Germany*

Families with a child suffering from cancer are in a field of extreme emotions. As a non-verbal medium, music offers the possibility to make individual realities and divergent sensitivities tangible. The RCT "Interaction-focused music therapy with cancer affected children and significant others" examines music therapy processes and discusses solution approaches.

**4:15pm - 5:15pm**

**LOCATION: MR 13**

## **Paper Session 22: Using Audio-Visual Supports to Develop Independent Living Skills in Autistic Children**

*Lene Jeffrey, Australia*

An individualised audio-visual social story

illustrating practical daily living skills and procedures, provides a highly motivating and engaging instructional medium for children with ASDs. This case study outlines the collaborative process behind the creation of individualised music videos, for supporting motivation, engagement, independence and increased emotional regulation during self-care tasks.

**4:15pm - 5:15pm**

**LOCATION: MR 14**

## **Roundtable Session 5: Diversity, Equity, Inclusion, and Belonging in Canadian Music Therapy: Research Findings**

*Priya Shah, Canada, Elizabeth Mitchell, Canada, Cynthia Bruce, Canada*

In 2022, a questionnaire was distributed to Canadian music therapists with the purpose of exploring the diversity of the profession in Canada and identifying issues related to diversity, equity, inclusion and belonging. This roundtable will review findings and highlight important themes regarding equity within the Canadian music therapy community.

**4:15pm - 5:15pm**

**LOCATION: MR 16**

## **Roundtable Session 6: Reflecting on Connecting: Innovating the Role of Music Therapists in Dementia Care**

*Hayley Antipas, Australia, Kate McMahon, Australia, Karyn Stuart-Röhm, South Africa, Zara Thompson, Australia*

Five PhD/early career music therapy researchers reflect on their clinical and research work with people who have dementia and their supporters. Drawing on a range of theoretical perspectives and practice wisdom, this panel explores how traditional music therapy roles can and must evolve to best support and enhance dementia care.

**4:15pm - 5:45pm**

**LOCATION: MR 17**

## **Workshop 7: Environmentally Engaged Music Therapy: Singing as a Listening Practice**

*Nicola Oddy, Canada*

I examine the use of the voice as a listening practice when singing in place as a way to change perceptions of the self and the environment. Through mindfully improvising in place using the voice, participants will explore how this act can be integrated into their own lives and work.

**4:15pm - 5:45pm**

**LOCATION: MR 18**

## **Workshop 8: The Resilience Framework for Trauma-Informed Music Therapy: In Practice**

*Heather Wagner, United States, Jennifer Sokira, United States, Joy Allen, United States*

Music therapists have become increasingly aware of the impact of trauma in all settings, and the need for trauma-informed and culturally responsive considerations for safe and effective therapy. In this workshop, participants will deepen their understanding of the Resilience Framework for Trauma-Informed Music Therapy through case examples and reflective opportunities.

**5:45pm - 6:45pm**

**LOCATION: MR 19**

## **Paper Session 2: More Isn't Better? Reframing Mental Health Practice Based on Single-Session Therapy**

*Michael Silverman, United States*

Single session therapy (SST) champions the strengths, resources, and resilience of service



users and increases access while limiting costs. Highlighting Soo-Hoo's (2018) Strength-Based Multicultural Integrative Therapy model, the presenter will review and critically reflect on the SST literature and apply SST to music therapy in acute care mental health settings.

## Paper Session 2: Exploring Personal Identity Through Group Analysis of Narrative Songs

*Katie Cowan, United States*

This presentation will explore patient identity through group analysis of narrative songs. Lyric analysis is a common music therapy technique used in inpatient settings (Silverman, 2021), (Schuldt & Silverman, 2020). Intervention will be used as a patient's personal measurement of current identity and motivation towards future goals.

**5:45pm - 6:45pm**

**LOCATION: MR 14**

## Paper Session 3: Creating an Intersubjective Field of Play Through Musical Improvisation with Autistic Children

*Jenny Hoi Yan Fu, United States, Jacqueline Birnbaum, United States, Alan Turry, United States, Zachary Kandler, United States, Mariana Aslan, United States*

Music therapists build upon the communicative resources inherent in music to develop a relational and dynamic course of therapy. Intersubjectivity provides a lens through which to understand this relationship. Cases from the Nordoff-Robbins Center for Music Therapy will highlight various perspectives about music therapy and intersubjectivity with autistic children.

## Paper Session 3: Telehealth Music Therapy with Autistic Persons: Navigating Challenges to Continue Care

*Nicole Richard Williams, United States*

We present results from two studies investigating telehealth music therapy for autistic persons. A survey of music therapists identified factors affecting autistic clients' engagement via telehealth. An intervention pilot study found promising indicators of motor learning after nine sessions of telehealth neurologic music therapy for autistic children supported by caregivers.

**5:45pm - 6:45pm**

**LOCATION: MR 7**

## Paper Session 6: Culturally Responsive Music and Imagery with "Mia", a Japanese-Korean Nursing Student

*Sangeeta Swamy, United States*

This case presentation will be presented in a lecture format with guiding questions for the attendees, beginning with definitions of acculturation and acculturative stress, models of ethnic identity development, and a brief overview of how the socio-political and ecological context of the Japanese oppression of Korean minorities impacted Mia. The bulk of the presentation will describe each of the 6 sessions of culturally responsive Music and Imagery with Mia, including 1) an overview of what Music and Imagery is and how it is adapted from the Bonny Method, 2) how I used Japanese and European classical music and created a culturally responsive approach, 3) audio excerpts of the music used and images of the visual mandalas that Mia drew in each session (with image descriptions), and 4) Mia's focus for each session and emotional and psychological responses and insights. I

conclude with how culturally responsive Music and Imagery was able to help Mia move from self-doubt and depression to a sense of freedom, a feeling that she had a right to exist, and integration of what she felt were her negative experiences from the past into her present life and future as a nurse.

**5:45pm - 6:45pm**

**LOCATION: MR 16**

## **Paper Session 7: Dialogue Questionnaire (Dia-QNR): A Tool for Capturing (Inter) Subjective Improvisation Experiences**

*Irene Stepniczka, Austria*

The Dia-SQN was developed as an instrument for self-assessment immediately after dyadic improvisations. Based on first results from a feasibility study with adults (n=17), clinical implementation in mental health settings is pursued. We introduce to the questionnaire's structure, aims, and targeted scopes and give insights into the clinical evaluation process.

**5:45pm - 6:45pm**

**LOCATION: MR 9**

## **Paper Session 11: An Integrated Speech and Language Therapy and Music Therapy Programme during COVID-19**

*Tong Guo, Singapore, Jonathan Tang, United Kingdom*

A speech and language therapist and music therapist will share their combined reflections and learnings from designing, implementing, modifying, and evaluating an integrated speech and language and music therapy programme during COVID-19. This online (and later in-person) programme was targeted at young children with early speech, language, and communication needs.

## **Paper Session 11: Strategies for Implementing School-Wide Programming within Music Therapy**

*Kellee Coviak Hansen, United States*

Many evidence-based programs are being implemented within school-wide programming. This presentation will introduce three such programs – Positive Behavioral Interventions and Supports (PBIS), Mobility Opportunities Via Education/Experience (M.O.V.E.), and Project Core – as well as provide strategies for collaborating with other service providers and incorporating these programs within music therapy.

**5:45pm - 6:45pm**

**LOCATION: MR 17**

## **Paper Session 12: Music Therapy and Suzuki Method: With Love for the Child**

*Marta Hernandez, Puerto Rico*

The author will share her experiences working with children as a Music Therapist and a Suzuki Music Educator. Many nonmusical goals can be addressed when Suzuki Music Therapy is implemented thoughtfully and applying evidenced based practices. This includes behavioral, attentional, social, and physical objectives and applications.

## **Paper Session 12: Group Telehealth Music Therapy with Caregivers: A Qualitative Inquiry**

*Annabelle Brault, Canada, Guylaine Vaillancourt, Canada*

In this presentation, we review the findings of a qualitative inquiry into the lived experience of Canadian caregivers who took part in group telehealth music therapy. Telehealth considerations, clinical implications, as well as ways music therapists can support caregiver agency using a resource-oriented approach are discussed.

**5:45pm - 6:45pm**

**LOCATION: MR 13**

## **Paper Session 19: Pathways to Decolonizing Music Therapy**

*Sue Baines, Canada*

The music therapy profession was founded in Eurocentric theories of health created by cisgender white men. The resulting medical model imposes a false binary of the separation of medical and psychological health. Decolonizing music therapy requires critical analysis of this theoretical focus along with respectful integration of Indigenous knowledge.

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**5:45pm - 6:45pm**

**LOCATION: MR 18**

## **Paper Session 21: Engaging in Reflexive Practice: Negative Outcomes in Music Therapy for Chronic Pain**

*Katie Fitzpatrick, Ireland*

This paper focusses on the importance of reflexive practice and supervision in music therapy, highlighting the need for reporting and reflecting on negative outcomes in the literature. Two case studies from a larger pilot project on the use of individual music therapy for people living with chronic pain are presented.

## **Paper Session 21: "It's a Golden Opportunity"**

*Viggo Krüger, Norway*

The current paper is based on a study that explores the potential of a trauma-informed approach in music therapy. We will present qualitative findings, describe examples from practice, discuss the potential benefits and risks of applying a trauma-informed approach in music therapy, and present recommendations for further research.



**8:30am - 10:30am**

**LOCATION: BALLROOM A+B**

## Spotlight Session 2: Telehealth in Music Therapy Telehealth in Music Therapy

*Amy Clements-Cortes, Canada, Sarah Folsom, United States, Katrien Foubert, Belgium, Allison Fuller, Australia, Natalie Jack, Australia*

It will come as no surprise to WCMT delegates that this Spotlight Session on Telehealth In Music Therapy has been included in the program because of the intense focus the COVID-19 pandemic has put on infection control and safe health care practices since early 2020. In this session you will hear from five experienced clinicians and researchers about several areas of emerging telehealth music therapy practice from around the world. Included will be stories of the hurried transition and adaptation to telehealth practice in various clinical settings, including for patients of a cancer treatment centre in the USA, details of technological advances made over the last three years that are used to deliver both synchronous and asynchronous music therapy via telehealth in Australia, research out of Canada with participants from 29 countries that strives to understand the benefits, challenges, experiences and perceptions of telehealth music therapy so it can be used to help clients into the future, and how, during a time of great stress and transition, telehealth supervision and online professional development helped support music therapists across the world. Included in this session will be case examples, vignettes, video excerpts, data, reflections, descriptions, research ideas and future thinking, from a respected group of international music therapists who look forward to sharing their work and connecting with you throughout this Spotlight Session.

**11:00am - 12:00pm**

**LOCATION: MR 9**

## Fireside Chat Session 2: Unsung Voices: Collaborating with East African Community Music Practitioners

*Cara Smith, United States*

This fireside chat initiates an important conversation about music therapists sharing space with diverse identifications of therapeutic music practice, particularly in the context of East Africa. These principles discussed, such as the practice of cultural humility, can be applied to any international and intercultural context.

## Fireside Chat Session 2: Te Arawhiti - Building the Bridge of Creative Therapies in Collaboration

*Katie Pureti, New Zealand, Jan McConnell, New Zealand*

Reflecting on bicultural practice within NZ, Katie Pureti (Music Therapist) and Jan McConnell (Dance Movement Therapist) will discuss practice models that underpin their collaborative work with communities and children who have experienced trauma. This practice and knowledge is grounded in the bicultural setting of Aotearoa New Zealand. It is underpinned by Te Tiriti o Waitangi, a treaty between Māori, the indigenous people of New Zealand, and the British crown.

**11:00am - 12:00pm**

**LOCATION: BALLROOM A+B**

## Paper Session 23: Multimodal Music Therapy for Functional Neurological Disorder: Developing a Comprehensive Clinical Protocol

*Mikaela Leandertz, Finland, Esa Ala-Ruona, Finland*

A current study aims to develop a multimodal

clinical protocol for patients with functional neurological disorder (FND). The protocol utilises vibroacoustic therapy and active music therapy methods in order to meet the complex needs of this patient group. A series of individual case studies were conducted using the proposed protocol.

## **Paper Session 23: Implementing Hypnotherapeutic Elements in Music Therapy for Children at a Somatic Hospital**

*Silje Måseide, Norway*

When working with hospitalized children, techniques from the field of hypnotherapy can serve as an important supplement to music therapy. In this presentation, we will look at the basics of hypnotherapy and how it goes together with music therapy in a way that can help children utilize their internal resources.

**11:00am - 12:00pm**

**LOCATION: MR 13**

## **Paper Session 26: Improved Music Perception after Music Therapy Following Cochlear Implantation in the Elderly Population**

*Astrid Magele, Austria*

The aim of this study with elderly cochlear implant recipients was to demonstrate the effect of music therapy (MT) on music perception and quality of life. The evaluation showed that MT was well-accepted and led to positive subjective and objective outcomes, hence to an improvement in quality of life.

## **Paper Session 26: Auditory Music Training Program to Improve Speech Perception of Cochlear-Implant Recipients**

*Kathrin Mertel, Canada*

A digital Modularized Music Training Program was designed and tested with a specifically selected

group of cochlear implant (CI) patients for practical use in daily life. First training effects on speech and music perception were recorded.

**11:00am - 12:00pm**

**LOCATION: MR 17**

## **Paper Session 27: Music Therapy Students' Experience in Interdisciplinary Collaboration**

*Eun Sil Suh, United States*

Multidisciplinary collaborative education is currently emphasized in Higher Education. Multidisciplinary collaborative programs with music therapy-related fields such as art therapy, dance/movement therapy, music education, and music performance will be introduced followed by the qualitative research conducted based on the music therapy students' experiences in each program.

## **Paper Session 27: Music Therapy in the Treatment of Bipolar Disorders**

*Beate Haugwitz, Germany*

The paper describes an explorative research project on expert knowledge about music therapy in the treatment of bipolar disorder and discusses first interim results. In group discussions, music therapists reflected on their professional experiences and interactively developed insights into music therapy processes, which are being reconstructed using grounded theory analysis.

**11:00am - 12:00pm**

**LOCATION: MR 18**

## **Paper Session 29: Music in Everyday Autistic Life**

*Kenneth Aigen, United States*

This presentation will report findings from a study that used a neurodiversity perspective to explore the experiences and everyday uses of music by

Autistic adults. Twenty-nine individuals provided in-depth information in open-ended interviews. This presentation will focus on the benefits of music as a health resource in daily life.

## **Paper Session 29: Passion Pop: The Relationship Between Interests and Engagement for Autistic Students**

*Vanessa Lucas, Australia*

Music Therapy at Giant Steps school in Sydney focuses on maximising student engagement and trajectory for individual progress. With the knowledge that interests are highly motivating yet potentially distracting during Music Therapy sessions, a program was conceived to explore the pros and cons of embedding individual interests within activities.

**11:00am - 12:00pm**

**LOCATION: MR 19**

## **Paper Session 30: Improvised Active Music Therapy Treatment: Methodological System in Neurological Rehabilitation**

*Demian Kogutek, Canada*

This presentation first provides attendees with a methodological system for using individual Improvised Active Music Therapy treatment in neurological rehabilitation. Then, the presentation provides results on a feasibility study measured the ability of three right-handed participants with Parkinson's disease to acquire greater density of syncopation.

## **Paper Session 30: Johns Hopkins Center for Music and Medicine: Current Research and Practice**

*Kyurim Kang, United States, Kerry Devlin, United States*

This presentation will provide an overview of current music therapy research and clinical projects at the Johns Hopkins Center for Music

and Medicine, a new initiative leveraging a hospital system's world-class expertise and excellence in research and clinical care to bring music and medicine together for the benefit of patients.

**11:00am - 12:00pm**

**LOCATION: MR 16**

## **Roundtable Session 7: Music Therapy Crises Support: Perspectives from the WFMT Global Crises Intervention Commission**

*Indra Selvarajah, Malaysia, Lori Gooding, United States, Gitta Strehlow, Deutschland*

The WFMT Global Crises Intervention Commission (WFMT-GCIC) was formed to support the needs of music therapists affected by or responding to trauma or crises across the world, both natural and human-made. Since 2020, the WFMT-GCIC has been steadily attending to a wide range of crisis during the Covid-19 pandemic.

**11:00am - 12:00pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 4 Research and Ethics**

*Amy Clements-Cortes, Canada*

**11:00am - 12:00pm**

**LOCATION: MR 14**

## **World Cafe Session 3: Explorations in Anti-Oppressive Music Therapy Practice**

*Sue Baines, Canada, Cynthia Bruce, Canada, Haley Francis Cann, Sarah Kroeker, Canada, Nsamu Moonga, South Africa, Trina Chakrabarti, Canada*

Participants will meet with presenters to explore anti-oppressive music therapy practices. Each of the four tables will have a unique focus on the topic. Leading experts will share their analysis



of music therapy and Indigenous Knowledge, Diversity, Equity, and Inclusion Awareness, Ableism, and Anti-Oppressive Music Therapy Practices.

**1:30pm - 2:30pm**

**LOCATION: MR 7**

## **Paper Session 31: From New York to Seoul: Innovative, Collaborative Virtual Training in Vocal Psychotherapy**

*Dong Min Kim, Republic of Korea, Hye-Seon Baek, Republic of Korea*

The Vocal Psychotherapy Training was established in Seoul in 2011. Since then more than 60 Korean music therapists have been trained as vocal psychotherapists. When the pandemic began the training was no longer continuous. Despite challenges the training was modified into a virtual format and successfully operated throughout the pandemic.

## **Paper Session 31: Performative Aspects of Music Therapy Practice: Incorporating Product and Process**

*Alison Short, Australia, Allison Fuller, Australia*

This presentation explores how performative approaches in music therapy practice and education inform creative and re-creative applications within active and receptive music therapy approaches. Further, it identifies how musical proficiency is applied through use of the musical elements to adapt to client's needs within advanced and excellent music therapy practice.

**1:30pm - 2:30pm**

**LOCATION: MR 13**

## **Paper Session 34: Outils Interactifs Pour L'Apprentissage de la Théorie Musicale en Musicothérapie Pédiatrique**

*Mélie Laurier-Crompt, Canada*

Cette présentation explore les bienfaits de l'apprentissage de la théorie musicale pour les

enfants présentant des difficultés émotionnelles. À l'aide de jeux et de sites web, les notes, rythmes, timbre, tempo et nuances sont abordés. Ceci favorise l'auto-régulation et l'expression de soi lors de diverses interventions en musicothérapie pédiatrique.

## **Paper Session 34: Malleably Musical: Flexible and Responsive Guitar Playing via the One-Tune-Medley**

*Oliver O'Reilly, Australia*

20 music therapists completed a guitar program of six workshops designed for music therapists to increase flexibility and responsiveness on the guitar. 16 participants reported increases in confidence and efficacy. All participants scored improvements in component guitar skills leading to flexible and responsive guitar playing.

**1:30pm - 2:30pm**

**LOCATION: MR 17**

## **Paper Session 35: Reflective Practice & Experiential Learning to Enhance Undergraduate Music Therapy Student Authenticity**

*Carol Shultis, United States*

Experiential learning requires the ability to transform lived experience into meaningful constructs. This learning can be facilitated using a reflective process that encourages the examination of the experience. This session will review students' perceptions and offer insights gained from student feedback about experiential learning.

**1:30pm - 2:30pm**

**LOCATION: MR 18**

## **Paper Session 36: Prevalence of Mental Illness in College Music Students: Considerations for Educators**

*Alejandra Ferrer, United States, Lori Gooding, United States*

Increases in mental health conditions have been found in college students all over the world (Auerbach et al., 2018). This presentation will provide an overview of current knowledge regarding music majors with mental health concerns and outline some considerations for those teaching or supervising college music students.

**1:30pm - 2:30pm**

**LOCATION: MR 19**

## **Paper Session 37: Exploring the Motivation: The Case of In-Service Music Therapy Students in Taiwan**

*Hsin Min Lin, Taiwan (R.O.C.)*

More and more universities established music therapy programs in Taiwan. In 2015, Fu Jen Catholic University became the first university to offer a music therapy master's program to train therapists in this profession. This study aims to understand the learning motivation of music therapy students at Fu Jen Catholic University.

## **Paper Session 37: Trends of Ethical Dilemmas in Music Therapy in the United States**

*Della Molloy-Daugherty, United States, Lauren DiMaio, United States, Rebecca West, United States*

Ethical dilemmas occur in music therapy clinical practice and education. What are the patterns of

these dilemmas experienced by music therapists, and, if the dilemma was resolved, how was that resolution perceived? This presentation will report research findings on trends of ethical dilemmas in music therapy in the United States.

**1:30pm - 2:30pm**

**LOCATION: MR 9**

## **Pecha Kucha Session 4: Neurologic Music Therapy and Non-Invasive Brain Stimulation for Patients with Corticobasal Syndrome**

*Kyurim Kang, United States*

In this study, we investigate if NMT with non-invasive brain stimulation can improve upper limb performance in patients with corticobasal syndrome. Considering the strong need for nonpharmacological treatment for this population, noninvasive and patient-centered interventions may have a positive symptomatic impact by improving functional arm performance.

## **Pecha Kucha Session 4: The Music and Health Innovation Studio**

*Joy Allen, United States*

The Innovation Studio supports the development, evaluation, refinement, and dissemination of innovative programs and technologies utilizing music therapy, music medicine, and/or community music practices, grounded in evidenced based research. Hear how this studio incubates and accelerate the development of music informed, solution-focused resources for a wide range of healthcare challenges.

## **Pecha Kucha Session 4: iPads in Group Music Therapy for Individuals with Substance Use Disorder**

*Paul Fernie, United Kingdom*

This paper presents the early findings from

a qualitative study that seeks to gain an understanding of the benefits and challenges of using the Apple iPad, from the therapist's and participant's perspective, in group music therapy.

## **Pecha Kucha Session 4: Utilizing the Soundbeam to Foster Creative Connections and Innovation in Long-Term Care**

*Graylen Howard, Canada*

This study explored the experiences of eight individuals affected by various forms of dementia and the feasibility of utilizing the Soundbeam 6 (an assistive electronic music making device) to support creative connection among older adults. Findings demonstrate the Soundbeam is an effective tool that can encourage high-quality, accessible music making.

## **Pecha Kucha Session 4: User Experiences in Convergence IT Music Therapy Program for Older Adults**

*Eunyoung Han, Republic of Korea, Juri Yun, Republic of Korea*

This study explored the clinical experiences of participating in an integrated perspective using quantitative data collection of MCI elderly people as users of devices. These multidisciplinary researches can be used as fundamental musical evidence for the development of senior therapy programs and IT music-wellness contents in smart aging society.

## **Pecha Kucha Session 4: Innovation and Translation: Reflecting on Live versus Online Songwriting in Dementia Care**

*Kathleen Lawson*

This mixed methods study examined the experiences of people with dementia and their

preferred family partner, to determine whether a songwriting program was effectively translatable to an online environment. The project addresses a gap in knowledge about the efficacy, accessibility, and scalability of online music therapy for people experiencing dementia.

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**1:30pm - 2:30pm**

**LOCATION: MR 16**

## **Roundtable Session 8: Shared Moments and Right Periods in Music Therapy in Neurorehabilitation**

*Magdalena Frank, Peru, Jorg Fachner, United Kingdom, Clemens Maidhof, United Kingdom, Sun Sun Yap, Austria*

Time-based phenomena such as shared moments and the readiness for therapy are important for the clinical work of music therapists. An interdisciplinary research group developed innovative procedures to investigate qualitative, interactional and (neuro-)physiological processes underlying these basic phenomena and give insight into recent results and discussions.

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**1:30pm - 2:30pm**

**LOCATION: MR 14**

## **World Cafe Session 4: Digital Music Therapy 2.0: Reflecting, Connecting, and Innovating with the Global Community**

*David Knott, United States, Petra Kern, United States, Debbie Bates, United States, Seneca Block, United States*

Healthcare disruption caused by the COVID-19 pandemic stimulated rapid growth of telepractice services in music therapy. Connect with others in this World Cafe through interactive dialogue, reflecting and sharing your perspective to advance our understanding of the future global role of telepractice service delivery in music therapy.

**2:45pm - 3:45pm**

**LOCATION: MR 7**

## **Paper Session 38: An Inclusive Choir and Situated Learning**

*Jens Anderson-ingstrup, Denmark*

People with dementia often experience increasing difficulties with social interactions, thus leading to a variety of psycho-social challenges. Music therapist led choir singing can, however, ameliorate this. When such a group is run by students, fruitful avenues of learning appear, which benefits both students and participants.

## **Paper Session 38: Design and Development of a Quality Online Simulation-Based Program in Music Therapy**

*Hae Sun Kim, United States*

Simulation provides learners with an engaging form of experiential learning that helps them practice skills and gain knowledge in a safe, nonthreatening environment. This presentation describes the integration of simulations in music therapy education into online program courses and discusses specific aspects of educational design and program development.

**2:45pm - 3:45pm**

**LOCATION: MR 9**

## **Paper Session 40: Early Childhood Music Therapy: Research Takeaways from Virtual and In-Person Methods**

*Andrew Knight, United States*

In this session, two researchers will detail two separate research studies that occurred at an early childhood facility in the western United States. The first was entirely virtual in 2020-2021, and the second was entirely in-person in 2022. A comparison of research methods and results will be discussed.

## **Paper Session 40: Music Therapy and the Autism Spectrum: Assessment Practices and Resources**

*Gustavo Schulz Gattino*

Autism is characterised by a broad and complex spectrum of behaviours and characteristics that vary according to different profiles. This workshop aims to present and experience various assessment practices in music therapy specific for people on the autism spectrum. The workshop includes theoretical and practical resources.

**2:45pm - 3:45pm**

**LOCATION: MR 13**

## **Paper Session 42: Lullabies and Little Ones: The Role of Music Therapy in the NICU**

*Sarah Van Peteghen, Canada, Marina Journault, Canada*

Music matters in the development of hearing, speech, and language. This presentation highlights the risk factors that prematurity and hospitalization impart and summarizes the current literature to understand how Music Therapy impacts development and improves acute outcomes in hospitalized infants.

## **Paper Session 42: Parent-Led Infant-Directed Singing for Premature Infants and Caregivers: Multinational Trial LongSTEP Results**

*Claire Ghetti, Norway, Łucja Bieleninik, Norway*

Parent-infant bonding contributes to long-term infant health, but may be disturbed with preterm birth. We recruited 213 families in a multinational trial evaluating longer-term impact of parent-led, infant-directed singing on premature infants and parents. Results suggest music therapy was safe and accepted by parents, but had no effect on outcomes.



**2:45pm - 3:45pm**

**LOCATION: MR 17**

## **Paper Session 43: Music Therapists' Experience on Supporting Newborns' Sleep-Wake Cycle in the NICU**

*U Wun Vivian Lok, United States*

This phenomenological study explores board-certified music therapists' lived experience in supporting newborn's sleep-wake cycle/sleep health in the neonatal intensive care unit, aiming to understand how sleep is addressed, the role and involvement of music therapy, clinical decision-making processes of assessment and the therapeutic use of music for sleep related outcomes.

## **Paper Session 43: Music Therapy and Motion Sensing for Improving Arm Movement in Stroke Patients**

*Rafael Ramirez, Spain*

We describe a controlled clinical study with 26 chronic stroke patients. Patients in the experimental group showed significant motor gains at 25 sessions in shoulder, elbow and forearm as evaluated by the Fugl-Meyer Assessment. These results indicate the proposed music-based intervention is beneficial for improving recovery in chronic stroke patients.

**2:45pm - 3:45pm**

**LOCATION: MR 18**

*Barbara Sgobbi, Italy*

## **Paper Session 44: Pediatrics Surgery: Music Therapy for Congenital Pulmonary Airway Malformations Family Centered Care**

Music therapy protocol for Congenital Pulmonary Airway Malformations family centred care in Pediatric Surgery. We analyse how music therapy

can have significant effects on puncture pain, on the chronic, procedural and post-operative pain of the infants and how it can alleviate parental stress.

## **Paper Session 44: O Parent Where Art Thou? Family-Integrated Music Therapy for Neonatal Procedural Support**

*Alexandra Ullsten, Sweden*

Live singing is an apt medium for parents and infants to connect before, during and after painful procedures in neonatal care. Parents are a key biopsychosocial resource who influence pain outcomes. Music therapy coordinates with and extends the interdisciplinary team's initiatives to support parents to engage in parent-delivered pain relief.

**2:45pm - 3:45pm**

**LOCATION: MR 19**

## **Paper Session 45: Developing Robust Translations of the MATADOC in Spanish and Brazilian-Portuguese Languages**

*Anna Menén Sánchez, Spain, Wendy Magee, United States, Camila Siqueira Gouvêa Acosta Gonçalves, Brazil, Claudia Zanini, Brazil*

Developing robust and culturally sensitive translations of standardized music therapy measures is important to ensure rigor in treatment and research. We report on work involving expert panels to develop linguistically accurate and culturally sensitive translations of the MATADOC in Spanish and Brazilian Portuguese languages for adults with disorders of consciousness.

## **Paper Session 45: Validation of the MATADOC with the Criterion Standard Coma Recovery Scale**

*Wendy Magee, United States, Bernice Chu, Canada*

The MATADOC is a standardized music-based measure of awareness validated for adults with Disorders of Consciousness following brain injury.

An international multi-site study explored its validity against the criterion standard CRS-R. We found fair to moderate agreement, confirming that the MATADOC complements the CRS-R as an assessment of awareness.

**2:45pm - 3:45pm**

**LOCATION: MR 16**

## Roundtable Session 10: Developing Issues in World Music Therapy Education and Training: A Roundtable Discussion

*Amy Clements-Cortes, Canada, Simon Gilbertson, Norway, Jeanette Kennelly, Australia, Dale Taylor, United States, Karen Goodman, United States*

Six seasoned educators present key issues in world music therapy education and training: academic integrity, the status of and future perspectives on advanced certifications, support of interprofessional collaborative practice, transversality in education, developing a supervision framework for music therapy and, finally, reimagining music therapy education without intrinsic bias.

**2:45pm - 3:45pm**

**LOCATION: MR 14**

## Roundtable Session 9: Video-Based Reflective Practice: A Practical Methodology for Reflective Practice in MT Training

*Sekyung Jang, United States, Eun Sil Suh, United States, Andy Lee, United States, Dillon Wilson, United States, Grace Pflieger, United States*

The presenters will introduce Video-based Reflective Practice (VRP), a practical methodology designed to help develop reflective skills in music therapy education and training. Additionally, the presenters who are made up of faculty and students will share unique perspectives of using the framework in clinical supervision.

**4:15pm - 5:15pm**

**LOCATION: MR 7**

## Paper Session 46: Ethically Effective Music Therapy in RCT Protocols: A Finnish Perspective

*Sari Laitinen, Finland*

Recently, music has been proved to be beneficial in enhancing cognitive, emotional, and social functioning in persons with dementia, traumatic brain injury, and stroke. The Music, Ageing and Rehabilitation Team at Helsinki University has implemented randomized controlled trials (RCT) with this population.

## Paper Session 46: Music Therapists on Their Role and Status in Medical Settings in France

*Jenny Diouf Lewis, France*

The present survey study aimed to provide an overview of the demographics, employment status, and clinical work of music therapists working in medical settings in France. Moreover we examined their perceptions regarding their role and status in their medical setting.

**4:15pm - 5:15pm**

**LOCATION: MR 9**

## Paper Session 49: Analytical Music Therapy: The Model, Current Approaches and Future Possibilities

*Seung-A Kim Jung, United States, Juliane Kowski, United States*

Discussion of the music psychotherapy model: Analytical Music Therapy. Practitioners will share how AMT is currently practiced in inpatient psychiatric units and private practice, and how its theoretical underpinnings can be enhanced and adapted in the search of new paths of the integration of psychoanalytic principles in a music-centered therapeutic method.

## **Paper Session 49: Greetin' for a Wee Bawbee: Embracing Scottish Heritage in Music Therapy**

*Anna Ludwig, United Kingdom*

This paper will reflect on the music therapists use of Scottish folk songs from their youth to bring together adult hospice users. The presenter will use their lived experiences of learning/singing these songs as a child and how they still resonate with the client group they work with.

**4:15pm - 5:15pm**

**LOCATION: MR 16**

## **Paper Session 50: Hear Our Voices: Experiences of Music Therapy in Paediatric Palliative Care**

*Victoria Kammin, United Kingdom*

This presentation outlines the systematic review of qualitative studies focussing on the experience of Music Therapy in Paediatric Palliative care and subsequent research which captures the voices of the child and family articulating their experiences of Music therapy, positioning their voices as central to service development and provision.

## **Paper Session 50: Positioning Music Therapy as a Core Service in Hospice and Palliative Care**

*Noah Potvin, United States*

Positioning music therapy as a core, integrative care service in hospice and palliative can create greater access to services for caregivers and care recipients; promote greater collaboration with interdisciplinary treatment team members; and elevate the overall quality of care by promoting an ecological, whole-person framing of a good death.

**4:15pm - 5:15pm**

**LOCATION: MR 13**

## **Paper Session 51: The Impact of Music Therapists' Perspectives on QoL in Building Relationships with Older Adults with Chronic Illness**

*Kyung Min Kim, Australia*

To promote older adults' positive QoL, music therapists prioritize meaningful shared music experiences to create positive therapeutic relationships. But, therapists' misapprehension of what older adults' QoL is could impede meeting their actual QoL needs. Therefore, therapists' purposeful and consistent reflection may help them recognize and reconcile their perceptual discrepancies with older adults.

## **Paper Session 51: On Wings of Song: Relationship Completion at the End of Life**

*Fu-Nien Hsieh, Taiwan*

A mixed methods study explored the effects of music therapy to facilitate relationship completion for patients at the end of life and their families, and examined their personal experiences in music therapy sessions. The integrated findings suggested that music therapy facilitated relationship completion and improved quality of life.

**4:15pm - 5:15pm**

**LOCATION: MR 14**

## **Paper Session 52: What Happens When Music is Shared?: Understanding Audiences in CoMT Performance**

*Erinn Epp, United States*

What social possibilities are generated in music therapy performances? How might understanding audience engagement inform our ideas about the value of performances for socially vulnerable performers? These questions are discussed in the context of the presenter's research project focusing on the activity and engagement of audiences in therapeutically-oriented choir concerts.

## **Paper Session 52: Transformative Experiences in Hospice Music Therapy: Music, Ritual, and Relationship**

*Mariagrazia Baroni, Italy, Cheryl Dileo, United States*

Transformation has been identified as the third level of hospice music therapy (Dileo & Dneaster, 2005). Using case material, the presenters define and describe what may constitute transformative experiences of hospice patients in music therapy and how elements of music therapy contributed to these experiences, specifically music, ritual, and relationship.

**4:15pm - 5:15pm**

**LOCATION: MR 17**

## **Paper Session 53: The Impact of Music on Stress Biomarkers: Protocol of a Substudy**

*Naomi Rasing, Netherlands, Sarah Janus, Netherlands*

The Impact of Music on Stress Biomarkers: this is a published protocol of a Substudy of the Cluster-Randomized Controlled Trial Music Interventions for Dementia and Depression in Elderly Care (MIDDEL), in which we collect saliva and hair samples to assess stress levels in participants throughout the international MIDDEL trial.

## **Paper Session 53: Music Interventions for Dementia and Depression in Elderly Care (MIDDEL): RCT Findings**

*Jeanette Tamplin, Australia, Felicity Baker, Australia*

This paper presents results of the largest randomised study on music therapy in dementia (n=318). Comparing group music therapy with recreational choir singing and standard care for people living with dementia in residential care, we found beneficial effects on depression for choir singing interventions developed and supervised by music therapists.

**4:15pm - 5:15pm**

**LOCATION: MR 18**

## **Paper Session 54: Empowering During- And Post- COVID-19 Patients with Music Therapy in Community Isolation**

*Netchanok Singhey, Thailand*

Music Therapy supports medical service in Community Isolation for during- and post- COVID 19 patients, showing positive outcomes in physical & psychological domains. The Music Therapy Entrainment principle & respiratory rehabilitation method are being developed conforming to post-COVID recovery methods & other medical evidence.

## **Paper Session 54: The Resilience Framework for Trauma-Informed Music Therapy: An Overview**

*Jennifer Sokira, United States, Heather Wagner, United States, Joy Allen, United States*

This presentation outlines the newly developed Resilience Framework for Trauma-Informed Music Therapy (RFTIMT). This conceptualization provides a reflective approach to the clinical process, with a focus on healing and resilience. Emphasis is placed on the therapist's clinical self-awareness and maintaining ethical practice through effective personal growth and development.

**4:15pm - 5:15pm**

**LOCATION: MR 19**

## **Paper Session 55: Music & Time: A Time-Model for Understanding Nordoff and Robbins's Improvisations**

*Tamar Hadar, Israel*

Embedded in the Nordoff-Robbins (NR) approach, this presentation will focus on the temporal aspect of improvisation in music therapy. I will introduce a time-model that describes four temporal contexts employed by NR in supporting their clients' engagement. Based on a micro-analysis of their improvisations with ten of their clients.



**5:45pm - 6:45pm**

**LOCATION: MR 17**

## **Paper Session 24: Singing for Hypokinetic Dysarthria with Reference to Behavioral Approach: Case Report**

*Keiko Shiokawa, Japan*

A singing intervention based on the behavioral approach of rehabilitation was provided to a participant with Parkinson's Disease. The effectiveness was primarily measured through acoustic analysis, which revealed an improvement in the participant's vocal loudness. Other measurements also indicated additional effectiveness, highlighting the need for careful consideration in future studies.

## **Paper Session 24: Online Vocal Intervention for Respiration, Phonation, and Swallowing of Parkinson's Disease Patients**

*Eri Haneishi, Japan*

To alleviate respiratory, phonatory, and swallowing problems of individuals with Parkinson's disease, the researchers developed a music therapy vocal intervention online. As a result of the sessions including stretching and vocal/singing/speaking exercises, participants showed improvement in respiratory and phonatory functions. Advantages and issues related to the online approach are discussed.

**5:45pm - 6:45pm**

**LOCATION: MR 7**

## **Paper Session 32: Breaking Barriers, Connecting Cultures: Serving Latin America Geriatrics through Multicultural Music Therapy**

*Alejandra Arevalo, United States*

In the midst of a global pandemic, technology has become a vital tool in minimizing geographical barriers. The Oral Roberts University Music Therapy

Clinic in Tulsa, Oklahoma presents a case study on the use of multicultural music therapy to serve older adults in Latin America through online sessions.

## **Paper Session 32: Connecting Research to Lived Experiences of Dementia: Reflections from an International Study**

*Jodie Bloska, United Kingdom, Sarah Crabtree, United Kingdom*

HOMESIDE is a randomised controlled trial that was carried out across five countries, and investigated indirect music therapy for people affected by dementia. Patient and Public Involvement (PPI) was embedded into the study nationally and internationally. This paper will present reflections and recommendations from the international HOMESIDE PPI committees.

**5:45pm - 6:45pm**

**LOCATION: MR 19**

## **Paper Session 33: Music Therapy with Children Impacted by Parental Incarceration**

*Anita Swanson, United States*

Children with incarcerated parents are often overlooked in our society. The trauma and effects of being isolated from one's parent(s) is complex, and impacts children in all areas of their life. Music therapy can help children process emotions, construct positive communication skills, increase coping skills, and more.

## **Paper Session 33: Online Music Psychotherapy Protocol for Adolescents on Probation or Suspension of Prosecution**

*Juri Yun, Republic of Korea, Jin Hyung Lee, Republic of Korea*

The purpose of this study was to develop an online music psychotherapy protocol for adolescents who

were on probation and suspension of prosecution. We will discuss the related literature, the mixed-method study design, and the online session protocol of the song-based music psychotherapy program as well as essential strategies utilized.

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**5:45pm - 6:45pm**

**LOCATION: MR 9**

## **Paper Session 39: Erasmus+ Abroad: Music Therapy in Developmental Disabilities and with Terminally Ill Patients**

*Floor Meert, Belgium, Marinella Maggiori, Italy  
Mariagrazia Baroni, Italy*

Review of an Erasmus+ internship in Italy by a young Belgian music therapist, discussing following topics: the integration in and adaptation to a new culture and new music therapeutic working methods as co-therapist; how speaking a different language influences communication and therapeutic relationships; the alternation between two divergent work settings.

## **Paper Session 39: Self-Care in Music Therapy Education**

*Douglas Keith, Germany, Jannika Flum, Germany,  
Rebecca Hames, United States*

Music therapy students from SRH University have made self-care a focus of many theses, addressing aspects as diverse as self-care throughout one's career, self-experience, acculturation, self-efficacy, financial stressors, toolkits, and self-care with specific clientele. Explore the results of these studies and implications for music therapy education.

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**5:45pm - 6:45pm**

**LOCATION: MR 18**

## **Paper Session 41: Developing a Private Music Therapy Practice at the Bottom of the World**

*Kimberley Wade, New Zealand*

This talk discusses the journey from graduation to

establishing a private practice in the South Island of Aotearoa, New Zealand. Kimberley will share the challenges and the opportunities along the way. Her learning, confinements and exciting projects when running a practice at the bottom of the world.

## **Paper Session 41: What About Theory? Let's Talk About Music Therapy in the NICU...Please**

*Deanna Hanson-Abromeit, United States, Helen Shoemark, United States*

The role and application of theory within current NICU music interventions can shape the future of neonatal music therapy. We share patterns of existing theoretical rationales for music intervention research in the NICU literature and provide suggestions for using theory to move the field forward.

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**5:45pm - 6:45pm**

**LOCATION: MR 13**

## **Paper Session 48: The In-Between: Music Therapy in the Liminal Space of Pediatric Palliative Care**

*Kristen O'Grady, United States*

The term "liminality" describes the experience of being suspended between two places. Children receiving palliative care are often suspended between polarities of diagnosis and death. Music therapists, too, occupy this liminal space while accompanying clients. This presentation will explore the shared experience of liminality inherent in long-term palliative care work.

## **Paper Session 48: The Missing Voices. On Children and Adolescents in Palliative Care**

*Monika Overå, Norway*

Where are the voices of children and adolescents participating in music therapy in palliative care?

Based on a scoping review, I suggest there is a missing part in the literature on paediatric palliative care in hospital-at-home. The presentation will address how research in music therapy can include the patient's voice.

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**5:45pm - 6:45pm**

**LOCATION: MR 14**

### **Paper Session 25: Reflections on the ParkinSong Online Feasibility Study Targeting Parkinson's Communication and Connection**

*Jeanette Tamplin, Australia, Felicity Baker, Australia*

This paper presents learnings from a feasibility study examining innovative modes of online data collection and group singing intervention. The ParkinSong Online study was designed collaboratively with a cross-disciplinary team and consumer input to increase accessibility of therapeutic singing interventions targeting voice outcomes and connection for people living with Parkinson's.

**8:30am - 10:30am**

**LOCATION: BALLROOM A+B**

## Spotlight Session 3: Diversity, Equity and Inclusion in Music Therapy Diversity, Equity and Inclusion in Music Therapy

*Noemi Ansay, Brazil, Sue Baines, Canada, Cynthia Bruce, Canada, Indra Selvarajah, Malaysia, Carolyn Shaw, New Zealand*

For minoritized and allied music therapists around the world, diversity, equity, inclusion, and accessibility in music therapy is more than an up-and-coming topic to be highlighted and explored. As we consider how to foster just futures within oppressive global systems that continually perpetrate normative colonial violence in the name of individual and institutional health and well-being, it is nothing less than a political imperative. In this spotlight panel discussion, we come together as leaders, innovators, and committed activists to generate meaningful discussion about how music therapists can support necessary systemic transformation that will move our profession and our communities away from deficit-oriented and pathologizing responses to human difference.

We will share, from our social, political, and geographic locations, how we are already doing this important work; and we will call others to engage in the kind of disruptive action that will foster belonging within the profession, institutions, and communities.

**11:00am - 12:00pm**

**LOCATION: MR 9**

## Fireside Chat Session 3: 7 Best Survey Design Tips

*Daniel Tague, United States, Petra Kern, United States*

In this Fireside Chat, survey design experts raise prominent issues survey researchers currently face. Learn about innovative solutions, get inspired, and walk away with 7 tips that improve your survey research!

## Fireside Chat Session 3: The Important Elements in Global GIM Education

*Wai Man Ng, Hong Kong*

GIM is one of the major approaches in music therapy. The GIM fellows have been increasing rapidly and widely during these 50 years. Emeritus Professor Denise Grocke established professional GIM training in Australia and edited a series of GIM books and journals which strongly support GIM education globally.

**11:00am - 12:00pm**

**LOCATION: BALLROOM A+B**

## Paper Session 56: The Effects of Therapeutic Singing on Vocal Functions of the Elderly

*Soyoung Moon, Republic of Korea*

This study examined the effects of therapeutic singing for improving the vocal functions of the elderly. Results comparing among the groups pre- and post-test; the therapeutic singing group showed statistically significant improvement in all vocal parameters. This indicates therapeutic singing maybe effective in intervening voice care of the elderly.

## Paper Session 56: Exploring a Person-Centered Caregiver Singing Protocol in Dementia Care in South Africa

*Karyn Stuart-Röhm, South Africa*

A person-centered caregiver singing (PCCS) model was co-designed and refined in collaboration with formal caregivers. An integration of mixed methods findings from the action research and acceptability studies highlights the caregivers' experiences of implementing PCCS and how it contributes to the delivery of person-centered care in South Africa.



**11:00am - 12:00pm**

**LOCATION: MR 7**

## **Paper Session 57: The Integrated Model of Music Care: An Innovative and Inclusive Systemic Approach**

*Dawn Ellis, Canada*

The Integrated Model of Music Care (IMMC) is a research-informed tool used to systematically determine best musical solutions for care-related problems or personal challenges. The IMMC is based on a four-part construct, and was developed in a research study in 27 long-term care homes in the Greater Toronto Area pre-pandemic.

## **Paper Session 57: Symphonic Orchestras and Music Therapists: An Adaptable Combination for Social Inclusion**

*Catherine Clancy, Spain*

The community music project 'an orchestral morning' has been evolving and growing in Catalonia, Spain since 2012. Designed for adults at risk of social exclusion, the project offers open orchestral rehearsals and practical music experiences lead by music therapists.

**11:00am - 12:00pm**

**LOCATION: MR 13**

*Sami Alanne, Finland*

## **Paper Session 60: Psychodynamic Music Psychotherapy in Adolescence: Theory and Practice**

Long-term psychodynamic music psychotherapy in the treatment of adolescents with depression and anxiety will be presented in the clinical vignettes of two music psychotherapies. Theoretical, methodological, and developmental aspects of the early and late adolescents' music psychotherapy processes with positive results in recovering and supporting age-related development will be discussed.

## **Paper Session 60: Live Music for Pediatric Burn Clients and Its Meaning for the Nurses**

*Mireya Gonzalez, Chile*

Pediatric burn care is complex, demanding the involvement of multiple professionals. Procedures may be painful and traumatic for children, causing physical and emotional burden for the nursing staff. Music therapy is used to diminish the stress during procedures. The impact of music interventions on the nursing staff is explored

**11:00am - 12:00pm**

**LOCATION: MR 16**

## **Roundtable Session 11: Music Therapy Process and Social Neuroscience Approaches to Investigate Mechanisms of Change**

*Andrea Hunt, United States, Jorg Fachner, United Kingdom, Kyurim Kang, United States, Clemens Maidhof, United Kingdom, Thomas Stegemann, Austria*

Mechanistic investigations can be challenging for music therapist researchers seeking clinically-relevant outcomes within individualized approaches. Neuroscience research typically demands standardized protocols and basic science that feel removed from clinical contexts. Panelists will share insights and lessons learned from their work, discussing research that balances scientific rigor with ethical care.

**11:00am - 12:30pm**

**LOCATION: MR 17**

*Sarah Pugliese, United States*

## **Workshop 10: Integrating Narrative Formation in Music Therapy to Promote Healing in Veterans**

Learn information regarding the implementation of narrative formation through narrative-therapy

informed music therapy experiences with Veterans and other clients with trauma /Post-Traumatic Stress diagnoses. Explore the clinical significance of narrative therapy and narrative formation in music therapy. Learn ways to implement narrative formation based music therapy experiences in clinical practice.

**11:00am - 12:30pm**

**LOCATION: MR 19**

## Workshop 12: Rhythm and Armonía for Guitar: Expanding Cultural and Musical Expressiveness

*Ezequiel Bautista, United States*

This CMTE will explore the development of complex rhythmic guitar skills for clinical use drawing on Mexican musical traditions. Presentation of information and experientials will be used to engage participants in expanding their clinical musicianship on guitar in order to enhance flexibility and versatility when addressing complex clinical needs.

**11:00am - 12:30pm**

**LOCATION: MR 14**

## World Cafe Session 5: Advocating for the Recognition of Music Therapy in the Context of Dementia

*Melissa Mercadal Brotons, Spain, Tereza Raquel Alcântara-Silva, Brazil, Amy Clements-Cortes, Canada, Concetta Tomaino, United States*

This presentation will summarize the work carried out by the IAMM Special Interest Group on music therapy and dementia care, for the purpose of advocating for the recognition of music therapy as a rehabilitative service for people living with dementia, reflecting together, listening to new ideas, and finding new inspiration.

**1:15pm - 2:45pm**

**LOCATION: MR 18**

## Workshop 14: Exploring Piano Improvisation with Nancy McMaster and Sue Baines

*Sue Baines, Canada, Nancy McMaster, Canada*

Piano improvisation can feel daunting. The best way to learn to improvise is to improvise. Nancy McMaster and Sue Baines are experienced improvisers who love the piano. They will begin improvising on piano together and then intermittently invite participants to join them for a 90-minute shared piano improvisation.

**1:15pm - 2:45pm**

**LOCATION: MR 19**

## Workshop 15: The Vocal Hello Space® Approach to End of Life Care

*Susan Summers, Canada*

The Vocal Hello Space® as a therapeutic music therapy approach developed from my graduate research, Vocal Psychotherapy and spiritual energy training, and 34 years of clinical voicework with elders at end of life. Presentation includes discussion and demonstration of how the approach uses matching breath to improve relaxation and peace.

**1:30pm - 2:30pm**

**LOCATION: BALLROOM A+B**

## Paper Session 61: Enhancing Connections with Support Workers: Findings from a Music Therapy Research Project

*Helen Cameron, Australia*

Support workers (SWs) frequently accompany participants in music therapy. My master's research project asked long-term SWs in Australia about their experiences in a community-based music therapy group for people with intellectual

disabilities. The findings reveal innovative and effective ways to connect with this vital workforce, benefitting all participants.

## **Paper Session 61: When Music is Enough: A Vision for Music Therapy Advocacy**

*Elizabeth Mitchell, Canada, SarahRose Black, Canada*

Music therapists working within Western healthcare face pressure to justify practice based upon medical and psychotherapeutic rationales, which risks pathologizing clients' relationships to music. Drawing upon extensive work in mental health and medical settings, the presenters explore a vision for advocacy in which music itself is valued within healthcare.

**1:30pm - 2:30pm**

**LOCATION: MR 17**

## **Paper Session 64: Making Music Together to Support Parent-Child Relationships: A Review of the Literature**

*Aimée Gaudette-Leblanc, Canada, Vicky Abad, Australia*

This literature review presents the benefits of participating in a Music Early Learning Program (MELP). Specifically, the results of recent studies that have examined the implications of participating in a MELP on parent-child relationships and socioemotional development in young children will be discussed.

## **Paper Session 64: Dyadic Nonverbal & Heart-rate Synchrony During Music Therapy and its Relationship to Self-Reported Therapy Readiness to Self-Reported Therapy-Readiness**

*Sun Sun Yap, Austria, Jorg Fachner, United Kingdom  
Clemens Maidhof, United Kingdom*

Nonverbal synchrony has been associated with treatment efficacy and symptom reduction, while

heart-rate synchrony may be observed during important moments during therapy. In this case-series study, we investigated both synchronies during talking, music interventions, and moments of therapeutic interest during single music therapy sessions and their relationships to therapy readiness. We will present our research findings, focusing on heart-rate synchrony between the music therapy dyad during the music interventions and highlight the anthropological aspects of synchrony.

**1:30pm - 2:30pm**

**LOCATION: MR 13**

## **Paper Session 65: Sing it Girls!® A Community Singing Group Supporting Female Identifying Children/Youth**

*Adrienne Pringle, Canada, Cathy Thompson, Canada*

Sing it Girls!® is an innovative and interactive group vocal program for female identifying individuals founded in Canada. Grounded in research, this universal program incorporates breath work, vocal exercises, chanting, song creation, group singing, mindfulness practices and discussion. Participants describe experiencing enhanced self-esteem, confidence, peer connection and self-calming techniques.

## **Paper Session 65: Experience Report: Creating Access to Music Therapy for Underprivileged Population in Peru**

*Magdalena Frank, Peru*

A person's socio-economic prerequisites are an important aspect for the likelihood of finding access to therapy. This is an experience report about going to Peru and creating that access as well as the first paid music therapy position in the country - in a children's home called Mundo de Niños.

**1:30pm - 2:30pm**

**LOCATION: MR 9**

## **Pecha Kucha Session 5: VMT for Pediatric Inpatients through Interdisciplinary Cooperation Amidst the COVID-19 Pandemic**

*Netchanok Singhey, Thailand*

The Virtual Music Therapy session was organised for Children's Day in Hospital. This event was raised by the collaboration between a trained music therapist, music therapist students, pediatric department teams, and Audio-Visual Technical officers. This newly-introduced collaboration has changed music therapy clinical practice during the COVID-19 pandemic.

## **Pecha Kucha Session 5: Locked Down-Reaching Out: Group Music Therapy with Adolescents on a Remote Platform**

*Alan Turry, United States, Mariana Aslan, United States*

During the pandemic 3 adolescents who had previously been struggling to relate to each other in music therapy continued to meet remotely. This presentation will illustrate how the group members discovered ways to process their feelings about the lockdown while developing empathy for each other. Illustrated with video excerpts.

## **Pecha Kucha Session 5: Virtual Music Therapy for Cortical Visual Impairment**

*Tiana Malone, Canada*

Explore a virtual music therapy offering for young people with cortical visual impairment (CVI) in an education/rehabilitation setting. Strategies, materials, resources and case examples to be shared. Discussion of the strong role music therapists can play in rehabilitation for this diagnosis.

## **Pecha Kucha Session 5: Innovation in Community Music Therapy: Using Interactive Livestreams in Residential Adult Disability**

*Matthew Breaden, Australia, Matěj Lipský, Czech Republic*

During COVID-19, a Czech residential facility for adults with disabilities hosted livestreamed concerts from local bands in a variety of musical genres, mediated by music therapists interacting with clients in their living areas. Impacts were overwhelmingly positive, providing an example of connection through innovation, with ongoing implications for practice.

## **Pecha Kucha Session 5: Music Therapists as a Health-Agent in the Management of Sound-Hygiene in Centers**

*Manuel Sequera, Spain*

The work of the music therapist does not only consist of clinical practice, research or teaching, but also plays an important role in the management of the sound spaces in the centres in which we work.

## **Pecha Kucha Session 5: A Social Pedagogy Approach for First Year Music Therapy Students**

*Noah Potvin, United States*

First-year music therapy students' initial engagement with clinical practice, theory, and professionalism is a critical developmental period. Social pedagogy provides educators a relational and ecological framework for conceptualizing course content and structure, determining teaching techniques, and guiding students' aspirational development of a culturally reflexive professional identity.



**1:30pm - 2:30pm**

**LOCATION: MR 14**

## **Roundtable Session 12: Mental Health Music Therapy Programs: Developing Accessibility, Adaptability and Continuity of Care**

*Julie Migner-Laurin, Canada, Julien Peyrin, Canada  
Dany Bouchard, Canada*

In the context of increasing mental health needs and issues of accessibility, we will discuss how we developed an hospital setting music therapy program that supports patients throughout their psychiatric care trajectory, adapting to their evolving clinical and musical needs. Examples of acute, recovery and prevention interventions will be given.

**1:30pm - 2:30pm**

**LOCATION: MR 16**

## **Roundtable Session 13: Exploring the Boundaries of Music Therapy and Music Education in Action**

*Erinn Epp, United States*

In this roundtable, music therapists and music educators will explore the boundaries and limitations of professional practice in an international context. We will use empirical data to illustrate the challenges faced in professional situations and how ethnography has been helpful in eliciting alternative approaches in our professional practice.

**1:30pm - 2:30pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 6: Power, Access, and Representation in Music Therapy Publications**

*Juan Pedro Zambonini, United States*

This arts-based presentation will engage the

audience in a live experience followed by a discussion to exchange and explore the issues of power, access, and voice as they relate to the formalization of knowledge in music therapy. It is our hope that this discussion will inform the direction for the commission that will be serving during the next term and for the wider music therapy community as a result of the exchange generated in the 17th World Congress of Music Therapy.

**2:45pm - 3:45pm**

**LOCATION: MR 16**

## **Paper Session 62: Dual-Task Based Music Therapy Targeting Cognitive Functioning of Individuals with Early-Stage Dementia**

*Soo Ji Kim, Republic of Korea*

A dual-task based music therapy intervention to improve cognitive functioning in the elderly with early-stage dementia was investigated. Five participants (M = 81.8 years) completed 12 30-min. weekly individual sessions in-person. Various data were analyzed, including frontal lobe functioning and bimanual tapping performance, and positive results were found.

## **Paper Session 62: Telehealth Music Therapy for the Elderly at High Risk for Dementia**

*So Yeon Kim, Republic of Korea*

This study developed a telehealth music therapy program to enhance psychological functioning and quality of life for the elderly at high risk for dementia. The six participants reported positive psychological changes and greater social connectedness following 20 sessions of the program, which focused on self-directed experience and multisensory stimulation.

**2:45pm - 3:45pm**

**LOCATION: BALLROOM A+B**

## **Paper Session 67: Business Adaptations to Survive COVID: What It Takes in the Real World**

*Vicky Abad, Australia*

The Covid-19 world pandemic directly impacted service delivery, access, provision and continuity of care to music therapy businesses and their clients. This paper presents real world research on the business adaptations Music Beat Australia (MBA) undertook to survive Covid-19 restrictions and the effect these had on MBAs operational service model.

## **Paper Session 67: Music, Music Therapy, and Peacebuilding in Sudan**

*Ai Nakatsuka, Japan*

This study is to present the involvement of a music therapist in terms of promoting peace and supporting trauma survivors in Sudan by applying a Community Music Therapy perspective. Due to the contrast of backgrounds between the music therapist and the participants of this study, cross-cultural perspective is also applied.

**2:45pm - 3:45pm**

**LOCATION: MR 17**

## **Paper Session 68: Community Music Therapy in Concert with You: Partnering with Summerfest Music Festival**

*Becky Engen, United States, Lauren DiMaio, United States, Kirsten Nelson, United States*

Presenters share highlights of an annual service-learning event hosted by Alverno College during the Summerfest music festival. This event offers training in single-session format and Community Music Therapy, providing supervision and feedback in-situ for participants focused on child and family or adults choosing to engage with the therapists.

## **Paper Session 68: Interactive Radio, Biomarker and Music (Therapy) Responses to Reduce Agitation in Dementia**

*Jorg Fachner, United Kingdom, Paul Fernie, United Kingdom*

RadioMe is a research initiative that combines Music Therapy, Broadcasting, Dementia Research, Audio & Music Technology, HCI and Artificial Intelligence/ Machine Learning, for the development of a new assistive system for people with dementia. Music is triggered when biomarker data sent from a Smartwatch to the system indicates onset of agitation. Jörg Fachner<sup>1</sup>, Alex Street<sup>1</sup>, Paul Fernie<sup>1</sup>, Leonardo Muller<sup>1</sup>, Alexis Kirke<sup>3</sup>, Helen Odell-Miller<sup>1</sup>, Nicolas Farina<sup>2</sup>, David Moffat<sup>3</sup>, Satvik Venkatesh<sup>3</sup>, Patrizia Di Campli San Vito<sup>4</sup>, Stephen Brewster<sup>4</sup>, Sube Banerjee<sup>5</sup>, and Eduardo Reck Miranda<sup>3</sup>

- Cambridge Institute of Music Therapy Research, Anglia Ruskin University, UK
- Centre for Dementia Studies, Brighton and Sussex Medical School, UK
- Interdisciplinary Centre for Computer Music Research, University of Plymouth, UK
- School of Computing Science, University of Glasgow, UK
- Faculty of Health, University of Plymouth, UK

**2:45pm - 3:45pm**

**LOCATION: MR 9**

## **Paper Session 69: Inner Culture and Reminiscence: A Music Therapy Approach with Older Adults**

*Arlene Manso Witt, United States*

Jung's question "could the passing on of culture be the purpose of older adults" is explored. The latter's role as "culture bridgers" in a long term care medical setting is illustrated as a music therapy approach. A connection between "inner culture" and reminiscence is illustrated through melodies shared by immigrant residents.

## Paper Session 69: Rationale for the Use of Different Musical Activities in Dementia Care

*Sarah Crabtree, United Kingdom*

This paper presentation will share the data collected within a PhD project. The presentation will explore the types of musical activities initiated by music therapists and informal caregivers as well as the musical activities that show possible improvement in specific areas of Cognition and Behavioural and Psychological Symptoms of Dementia.

**2:45pm - 3:45pm**

**LOCATION: MR 18**

## Paper Session 70: Prenatal Music Therapy for Maternal Health in a Global Crisis

*Gabriel F. Federico, Argentina, Hope Young, United States*

Maternal health is in decline around the world. Experience of isolation during the pandemic, war, immigration crisis, collapse of social networks has all increased depression and anxiety for expecting Mothers. Collaborations in response to this are forming around the world to bring music therapy to improve maternal and child outcomes.

## Paper Session 70: Pictures of Public School Music Therapists: Clients, Service Delivery, and Professional Support

*Laura Brown, United States,*

Music therapists work in school settings, yet we know little about their professional activities and how they assess their work situations. We conducted a survey of board-certified music therapists who work in schools in the United States to learn about their clients, service delivery models, collaborators, and professional training.

**2:45pm - 3:45pm**

**LOCATION: MR 13**

## Paper Session 71: Gamification in Music Therapy with Digital Natives

*Betty Legler, Switzerland*

Therapeutic songwriting with teens/young adults frequently comes with pitfalls and limitations. Gamification could foster – and boost! – a low-threshold, intuitive and playful approach for Digital Natives. Swiss singer-songwriter Betty Legler shares conceptual ideas and invites fellow music therapists to join her in shaping the future of music therapy.

## Paper Session 71: Elevating Our Profession through a Streamlined Global Documentation System

*John Mews, United States, Jaycie Voorhees, United States, Ericha Rupp, United States, Esther Thane, Canada*

Do you love your clinical work but feel bogged down by documentation and administrative duties? Using visual examples of this cloud-based documentation and practice management platform, you will hear from your colleagues who are actively transforming their therapy practices using a revolutionary health records system.

**2:45pm - 3:45pm**

**LOCATION: MR 14**

## Roundtable Session 14: Perspectives on Trauma-Informed Music Therapy: Theory and Practice

*Laura Beer, United States, Jacqueline Birnbaum, United States, Joy Allen, United States, Nadine Cadesky, United States, Jasmine Edwards, United States, Jenny Hoi Yan Fu, United States, Heather Wagner, United States, Olivia Yinger, United States*

There is a gap between understanding trauma-informed theory and implementing a trauma-

informed approach. This roundtable offers an overview of theory and insights into the application of trauma-informed practice. Panel members from around the world bring their unique experience to attendees, and synthesize the many ways music therapists work with trauma.

**2:45pm - 3:45pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 7: Actions and Reflections of the Education and Certification Commission of the World Federation of Music Therapy**

*Vivian Chan, Hong Kong*

The Education and Certification Commission of the World Federation of Music Therapy encourages cross-cultural discussions and considerations on educational and certification standards across the globe. This presentation offers the commission the opportunity to share its work and philosophy and to discuss how diversity, equity and inclusion can be supported and honoured.

**4:15pm - 5:15pm**

**LOCATION: BALLROOM A+B**

## **Paper Session 72: Viewing School-Based Music Therapy Practices through the Lens of ITMT**

*Rebecca Kittleson, United States*

The purpose of this systematic review was to explore school-based music therapy practices through the lens of Integral Thinking in Music Therapy (ITMT). This study aimed to address two research questions. 1) What does the literature reveal about the practices of school-based music therapy according to ITMT? 2) What ITMT recommendations can be made from critically reviewing this literature? 15 articles were selected based upon the inclusion criteria for this

systematic review. The results showed a lack of literature regarding the referral, assessment, and evaluation process of school-based music therapy practices. The results also showed that the vast majority of school-based music therapy practices are outcome thinking based with 13 out of the 15 articles containing aspects of outcome thinking. It was also shown that context thinking was more prevalent in school-based music therapy practices than expected with 10 out of 15 articles containing aspects of context thinking. Experience thinking had the least amount of articles with 6 out of 15 articles containing aspects of experience thinking.

## **Paper Session 72: Lessons Learned from School-Based Grant Funded Research**

*Ellary Draper, United States, Andrea Cevalco-Trotter, United States*

Music therapy and early education faculty worked with a music therapist to implement a study regarding the effect of music therapy on the executive functioning of preschoolers. We will discuss the process of developing a research project, procuring grant funding, and implementing the study; study results will be discussed.

**4:15pm - 5:15pm**

**LOCATION: MR 7**

## **Paper Session 74: A Framework for Understanding and Using Music-Centered Music Therapy Assessments**

*Elizabeth Schwartz, United States*

Music-centered assessment focuses on the fundamental musicking of the client to determine its relationship to overall health, functioning, and identity. A new, multi-step framework for understanding and using music-centered assessments will be introduced and explored. Clinical examples of each step will be shared with resources of music-centered music therapy assessments.



## **Paper Session 74: A Black Therapist's Experience; Being Impacted by Racism**

*Thyra Andrews, Canada*

This presentation shares one black music therapist and business owners' real-life experiences when dealing with our healthcare field. This honest, frank and reflective account also explores steps as to how one might respond during therapeutic sessions, as well as supporting supervisees when faced with racism.

**4:15pm - 5:15pm**

**LOCATION: MR 9**

## **Paper Session 76: Crisis Management in Inpatient Psychiatric Group Music Therapy**

*Gitta Strehlow, Germany*

This paper deals with the coping of critical and stressful moments in psychiatric group music therapy for patients and therapists. Ruptures or mismatches are both a challenge and an opportunity for reparation. Quantitative and qualitative research findings of group music therapy are reflected in relation to crisis management.

## **Paper Session 76: Containing the Chaos: Innovating On-Line Supervision Groups for Supervisors During a Pandemic**

*Elaine Streeter, United Kingdom*

During the pandemic, music therapy supervisors were faced with extraordinary challenges. On-line supervision groups were devised to support music therapy supervisors working in different parts of the country, who, in turn, were supporting music therapists on-line. The development of, and methodology used, are presented alongside analysis of a participants' survey.

**4:15pm - 5:15pm**

**LOCATION: MR 13**

## **Paper Session 78: Personal and Professional Growth during Self-Experience in Analytical Music Therapy (AMT) Training**

*Juliane Kowski, United States*

Self-experience is part of the Analytical Music Therapy training requirements. The presenters will discuss how self-experience via tele-health or in person enhances personal and professional growth of music therapists during the pandemic. They will also emphasize the role of referential improvisation and share their experiences of working with trainees.

## **Paper Session 78: Student Supervision: Theory & Strategies for Success**

*Laurie Peebles, United States, Hilary Yip, United States*

Music therapy supervisors rarely receive adequate training on how to meet the needs of college students in the clinical setting. Supervision strategies based on William Perry's Scheme of Intellectual and Ethical Development in the College Years provides a theoretical foundation that can be applied toward supervising music therapy students.

**4:15pm - 5:15pm**

**LOCATION: MR 14**

## **Paper Session 79: Brazilian Music Therapists in Time of the COVID 19 Pandemic**

*Claudia Zanini, Brazil, Beatriz Salles, Brazil*

The COVID-19 Pandemic brought a different reality to Music Therapy. This qualitative research (online questionnaire) aimed to know the adaptations made by Brazilian music therapists to meet new demands related to the Pandemic, both in face-to-face consultations and through Information

and Communication Technologies, in public and private institutions.

## **Paper Session 79: Validation of Items for the Early Adolescents' Emotional Skills Assessment Tool**

*Maija Salokivi, Finland*

Content validity assessment is an essential step in the development of the instrument. This presentation describes developing and validating items for an early adolescent emotional skills assessment tool in a music therapy context. The validation process was conducted using appropriate psychometric methods.

**4:15pm - 5:45pm**

**LOCATION: MR 17**

## **Workshop 16: Finding Hope: Using Vocal Psychotherapy to Companion a Client with Early-Stage Alzheimer's**

*Allison Reynolds, United States*

Through an interactive learning environment, participants will learn about Vocal Psychotherapy, specifically the Free Associative Singing method. A case study, using Free Associative Singing, with a 69-year-old male with Early-Stage Alzheimer's will then be discussed and explored. Audio examples will be played to help bring this case study to life.

**4:15pm - 5:45pm**

**LOCATION: MR 18**

## **Workshop 17: Considering Digital Well-Being in Music Therapy Practice and Training**

*Annabelle Brault, Canada*

This workshop highlights the importance of addressing issues related to digital well-being in music therapy practice and training. Participants will reflect on their own digital well-being as well as engage in a

series of music therapy experiences aimed at exploring the digital lives of therapy participants.

**4:15pm - 5:45pm**

**LOCATION: MR 19**

## **Workshop 18: Centering the Family in Practice and Research in the NICU**

*Helen Shoemark, United States, Claire Ghetti, Norway  
Mark Ettenberger, Colombia*

This workshop will include family-centered care frameworks that shift the role of musician to the parent and support emerging musicality in the parent-infant dyad. Participants will work in small groups to explore applicable theoretical, practical and evidence-based strategies for fully family-centered work in the NICU.

**5:45pm - 6:45pm**

**LOCATION: MR 18**

## **Paper Session 58: Voices of Difference: Experiences and Perspectives of Disabled Music Therapists in Canada**

*Cynthia Bruce, Canada*

This presentation aims to bring Critical Disability Studies and Music Therapy into generative conversation. Findings will be shared from a study that aimed to amplify the voices of disabled music therapists through an exploration of their evolving relationships with music and an examination of their experiences as professional music therapists.

## **Paper Session 58: Challenging Ableism: Working Together Towards Anti-ableist Practice**

*Lianna Powers, Canada, Tanya Lavoie, Canada*

Lianna and Tanya will discuss how they use both of their perspectives and experiences, neurodivergent and neurotypical, to work towards anti-ableist practice in their work with children with neurodevelopmental disorders.

**5:45pm - 6:45pm**

**LOCATION: MR 14**

## **Paper Session 59: Assistive Technology for Playing Wind Instrument with Tracheotomy**

*Graciela Ines Broqua, Argentina*

This paper exhibits a contribution of Assistive Technology to music therapy treatments with tracheotomies. An adolescent with cerebral palsy could control the force and duration of his breathing playing a wind instrument with support products. It will be exposed how to elaborate these products to use with similar cases.

**5:45pm - 6:45pm**

**LOCATION: MR 17**

## **Paper Session 63: Who Learns from Whom? Musictherapy in Mozambique: A Cultural and Methodological Exchange**

*Federica Lanciotti, Italy, Floor Meert, Belgium*

Music Therapy in Maputo: an exchange experience aimed to carry out a systematic process of intervention, to promote a cultural and methodological dialogue and to stimulate new ways of exploring Music Therapy.

## **Paper Session 63: Cross-Trained Music Therapists: Identity Confusion or Enrichment?**

*Aksana Kavaliova-Moussi, Canada*

This presentation is based on the research on cross-trained music therapists who completed another degree in a related field. The overarching questions were about the reasons behind pursuing another profession, participants' experiences of professional identities confusion or enrichment, and what fields bring more satisfaction, either intrinsic or extrinsic (financial).

**5:45pm - 6:45pm**

**LOCATION: MR 19**

## **Paper Session 77: Learning Experiences in End-Of-Life Contexts: Innovations and Reflections from Supervisors and Students**

*Sara Klinck, Canada, Adrienne Pringle, Canada, Amy Clements-Cortes, Canada, SarahRose Black, Canada, Chrissy Pearson, Canada, Jill Hedican, Canada*

Canadian Music Therapy Clinicians & Supervisors working in palliative and bereavement care will highlight innovative supervisory approaches/ styles, reflecting on what has worked well (or not!), common issues/concerns/challenges, and sharing helpful resources that aim to promote rich, diverse, and supportive learning experiences within end-of-life contexts.

**5:45pm - 6:45pm**

**LOCATION: MR 13**

## **Paper Session 75: Development and Validation of Two Scales Measuring Professional Development of Music Therapists**

*Dong Min Kim, Republic of Korea, Youngshin Kim, Republic of Korea*

This study investigated the development and validation of two inventories measuring professional development of music therapists. As the result, the Creative Arts Therapist Self-Efficacy Scales(CAT-SES) and the Creative Arts Therapist Developmental Assessment Scales(CAT-DAS) were developed. These scales are also useful for assessing/evaluating music therapy education and training programs.

**8:30am - 10:30am**

**LOCATION: BALLROOM A+B**

## Spotlight Session 4: The Future of Music and Music Therapy in Healthcare The Future of Music and Music Therapy in Healthcare

*Jennifer Buchanan, Canada, Rihab Jebali, Tunisia  
Kezia Putri, Indonesia, Charles-Antoine Thibeault,  
Canada, Kimberley Wade, New Zealand*

In the past few years, the nature of healthcare around the world has changed. Tele-health has moved healthcare beyond facility walls and reached individuals homes. Health is getting more and more inclusive of mental health. A desire to find collectivity after the last years of isolation is ever so present. Panelists Jennifer Buchanan, Rihab Jebali, Karen de Rock and Kezia Putri will discuss how tele-health, mental health and collective health impact music therapy practices in healthcare settings.

**11:00am - 12:00pm**

**LOCATION: MR 9**

## Paper Session 82: Mutual Recognition: Is This the Meaning Music Therapists Are Striving For?

*Rachel Darnley-smith, United Kingdom*

This paper draws upon philosophical theories of mutual recognition and proposes such inter-subjective experience as a key therapeutic agent in music therapy. The significance of this is explored in relation to clinical work with older adults and generalised as a focus for meaning in music therapy across paradigms and technologies.

## Paper Session 82: Cultural Considerations for Music Therapists Working with Jewish Seniors

*Miya Adout, Canada*

The Jewish people are a small but significant minority in the North American population. Although there can be a shared cultural framework, the Jewish people represent a diversity of religious practices, linguistic backgrounds, and countries of origin. This presentation will explore important cultural considerations and the importance of trauma-informed practice.

**11:00am - 12:00pm**

**LOCATION: MR 13**

## Paper Session 84: "My Tune" – Music Therapy Evaluation from a Novel Perspective

*Irene Stepniczka, Austria, Julia Fent, Austria*

Usually, music therapy (MT) processes are evaluated by therapists or other healthcare professionals. Our research project instead focuses on the service users' perspectives, their perceptions and opinions, ascertained by using an innovative MT evaluation tool developed and implemented through a participatory process involving service users, MT clinicians, and caregivers.

## Paper Session 84: When Music Breaks Your Heart: Exploring the Evolution of One's Musical Identity

*Ashley Heyden, United States*

This presentation will focus on how music therapists' relationship with music might be negatively impacted in regard to self-identity through the lens of Bronfenbrenner's Ecological Systems Theory. A model will also be introduced to showcase steps to heal one's relationship with music.



**11:00am - 12:00pm**

**LOCATION: MR 17**

## **Paper Session 85: Assessment is Not a Document**

*Nancy Jackson, United States*

The music therapy assessment process is often described as something that occurs before treatment and which results in programming. This session proposes a re-conceptualization of assessment as the basis for clinical decision-making and as an integral part of the treatment process from beginning to termination of services.

## **Paper Session 85: Introductory Application and Interpretation of EEG and HRV for Students and Clinicians**

*Andrea Hunt, United States*

Many music therapists and students desire knowledge of relevant neurological and physiological responses to music therapy experiences, including electroencephalogram and heart rate variability. The presenter will summarize how hands-on experiences with such measures in educational settings promote participants' research skills, and prepare participants for interdisciplinary clinical and research collaboration.

**11:00am - 12:00pm**

**LOCATION: MR 18**

## **Paper Session 87: Moving to the Beat: Auditory-Motor Development in Children with Motor Coordination Difficulties**

*Marija Pranjić, Canada*

This study will investigate the behavioral and brain correlates of auditory-motor synchronization abilities in children with developmental coordination disorder (DCD). An integrated EEG-fNIRS system will help ascertain which neural processes hinder or support the integration of auditory and motor systems in childhood to enhance music-based interventions for children with DCD.

## **Paper Session 87: Music Therapy and Counseling with Mixed-Race Populations**

*Jay DeRosa, United States*

Understanding multiracial experiences helps to build awareness and improve multicultural competence and care with clients. Research and literature exploring the diverse and unique mixed-race experiences will be discussed. Music therapy and counseling techniques will be suggested for mixed-race clients to develop a stronger sense of self and achieve self-actualization.

**11:00am - 12:00pm**

**LOCATION: MR 19**

## **Paper Session 88: Music as Social Representation. Incidences in Music Therapy**

*Diego Schapira, Argentina*

Music is omnipresent in current societies, and contributes both to building and diluting cultural identity in a complex dynamic that has an impact on human health. Music Therapy requires awareness of this situation and of its incidences upon its professional development.

## **Paper Session 88: Amidst the Mess: A Duoethnography of Two Mother-Clinician-Teacher-Students**

*Jen Gravish, United States, Gabriela Asch-ortiz, United States*

This presentation explores the nuanced lived experiences of two female music therapy clinicians, doctoral students, teachers, and mothers using a duoethnographic approach to deepen our understandings of and unearth new meanings relevant to our respective dissertations, clinical work, and intersectional identities influencing our personal lives and professional work.

**11:00am - 12:00pm**

**LOCATION: MR 14**

## Roundtable Session 16: Music Therapy in End-Of-Life Care: Reconsidering Relational and Community Perspectives

*Giorgos Tsiris, United Kingdom, Amy Clements-Cortes, Canada, John Mondanaro, United States, Wolfgang Schmid, Norway*

Advancements in palliative care music therapy are shared with respect to relational perspectives and community

- Based practices in palliative care. The presenters reflect upon themes of i) Music, embodiment and mutual care,
- Identity reconciliation, iii) Relationship completion

**11:00am - 12:00pm**

**LOCATION: MR 16**

## Roundtable Session 17: Keep a Beat! Improving Social Competence and Reducing Stress For Infant/Caregiver Dyads

*Kamile Geist, United States, Eugene Geist, United States*

Participants will learn about a pilot study where at-home healthcare providers were trained by music therapists to teach music-based strategies to caregivers of infants who are at risk due to environmental distresses. Results of social emotional competence and stress measures will be presented and effective strategies will be demonstrated.

**11:00am - 12:00pm**

**LOCATION: MR 7**

## WFMT Council Presentations Session 8: Past, Present, and Future of the World Federation of Music Therapy

*Aksana Kavaliouva-Moussi, Canada, Andrea Hunt, United States, Anita Swanson, United States, Melissa Mercadal Brotons, Spain*

WFMT officers will focus on this term's work and accomplishments of the council. Information about structure, mission, and how people can become more involved in the WFMT will be shared. Officers will also take a look for the future while stating some ambitions the council has discussed.

**1:00pm - 2:00pm**

**LOCATION: MR 13**

*Petra Burzlaff, Germany*

## Paper Session 91: Proving the Effectiveness of a Vibroacoustic Music Therapy Intervention for Postoperative Delirium

The paper will give an insight into a current mixed-methods research project focusing on vibroacoustic music therapy in postoperative delirium in the ICU. After outlining the innovative intervention with the SoundPad and its theoretical implications, this presentation introduces the study protocol for a pilot RCT-study whose data recording is currently running.

## Paper Session 91: Dare to Lead - Or Dare to Be Led?

*Simon Procter, United Kingdom*

In working with our fellow human beings, do we confidently roll out replicable treatment or tentatively feel our way, seeking guidance from our therapeutic partner(s)? Perhaps professional rhetoric and desire for certainty sometimes distract us from the need to be uncertainly but imaginatively responsive to the cues we are offered.

**1:00pm - 2:00pm**

**LOCATION: MR 17**

## **Paper Session 93: What's the Feel of the Music: Using Countertransference in Analytical Music Therapy**

*Audrey Morse, United States*

Mary Priestley, a creator of Analytical Music Therapy, incorporated elements of her experience of psychoanalysis into AMT theory. In this presentation, I will discuss the psychoanalytic principles of AMT and their relevance to current clinical practice, with particular emphasis on the role of countertransference in symbolic musical improvisation.

## **Paper Session 93: Thinking Integrally About Music Therapy for Blind or Visually Impaired People**

*Della Molloy-Daugherty, United States*

At some point in our clinical career, we will likely provide clinical services to someone who is blind or visually impaired. The presenter will share clinical examples which illustrate how to target outcomes, experiences, and contexts, based on the Integral Thinking (Wilbur, 2000; Bruscia, 2011).

**1:00pm - 2:00pm**

**LOCATION: MR 18**

## **Paper Session 94: The Use of Innovative Technology Interventions for Hospitalized Adolescents in Psychiatric Setting**

*Julien Peyrin, Canada*

This presentation explores a variety of innovative music therapy interventions (active and receptive) to reach and support hospitalized adolescents in psychiatric care. Participants will learn how the adapted use of new technologies can increase adherence to treatment, consolidate the therapeutic alliance and help young patients to develop and strengthen coping strategies.

**1:00pm - 2:00pm**

**LOCATION: MR 19**

## **Paper Session 95: Where Is the Music?: Reconsidering the Presence and Role of Music in Two Online Music Groups**

*Monica Subiantoro, Australia, Kirsten Hillman, Australia*

In this presentation, we aim to respond to the question "Where is the music?" which arose from our PhD research projects. We reconsider the presence and role of music by reflecting on our respective practice orientations and theoretical perspectives as we explore the implications for music therapy practice.

## **Paper Session 95: Exploring the Potential for Music Therapy to Support 21st Century Education Goals**

*Viggo Krüger, Norway*

The aim of this paper is to explore how music therapy as discipline can support the integration of music into educational spaces to help meet the needs of 21st century education. The paper will present main findings and theoretical perspectives.

**1:00pm - 2:00pm**

**LOCATION: MR 9**

## **Pecha Kucha Session 6: Re-Imagining Core Values for a Master of Music Therapy Programme**

*Sarah Hoskyns, New Zealand, Carolyn Shaw, New Zealand, Penny Warren, New Zealand*

This roundtable will focus on our collective team-process to re-imagine the core values of our music therapy programme, in Aotearoa New Zealand. In the collaborative presentation we will approach the curriculum through three lenses: diverse ways of being, considering creative and musical approaches, and fostering personal and professional growth.

## **Pecha Kucha Session 6: Installing “Music Therapist Operation System” to Music Therapy Students**

*Izumi Futamata, Japan*

This presentation will describe the “Music Therapist OS” educational system, an educational program that fosters the ability of music therapists to operationalize their knowledge.

## **Pecha Kucha Session 6: Personality-Centered Supervision for Music Therapy Students**

*Laurie Peebles, United States*

The relationship between the supervisor and music therapy intern is a vital aspect of the supervision. However, personality differences between the supervisor and intern can lead to conflict within the relationship. Having strategies to identify intern needs based on personality preferences can help the supervisor provide a safe supervision experience.

## **Pecha Kucha Session 6: Group Supervision for Supporting Music Therapy Students’ Study Process**

*Malle Luik, Estonia*

The presentation provides an overview of the effective group supervision methods revealed in the study, the needs of the master’s students and the experience in supervision. The necessary changes in the supervisor’s working methods are described. Significant benefits were found from the use of music in the supervision process.

**1:00pm - 2:00pm**

**LOCATION: MR 16**

## **Roundtable Session 18: Practices and Innovations in Telehealth Music Therapy**

*Amy Clements-Cortes, Canada, Melissa Mercadal Brotons, Spain, Allison Fuller, Australia, David Knott, United States, Marija Pranjić, Canada, Indra Selvarajah, Malaysia*

Telehealth music therapy innovations from various theoretical approaches with individuals across the

lifespan are shared from clinicians and researchers representing 4 global regions of the WFMT. Reflect and identify how to continue to advance work in this format based on the experience accumulated.

**1:00pm - 2:00pm**

**LOCATION: MR 7**

## **WFMT Council Presentations Session 5 Global Crises: An Introduction to the WFMT Care Teams**

*Indra Selvarajah, Malaysia*

This session introduces a new WFMT-GCIC led initiative which aims to establish a dedicated cadre of skilled volunteers in every country, proficient in trauma-informed care, psychological first aid, and advocacy. Their swift mobilization during crises, as well as for other WFMT-related advocacy activities, forms the core objective of this initiative. There are three distinctive levels of support i.e. strands, provided through the WFMT Care Teams. The first strand focuses on training and deploying music therapy in crisis response through trauma-informed care and psychological first aid, the second strand concentrates on music therapists’ self-care, while the third strand promotes the development of advocacy skills to serve the profession at large. Together, these three strands are intended to empower music therapists by fostering a culture of collaboration, and strengthening our abilities to innovate better solutions, ultimately enhancing the way we serve our communities. Together, we can harness the power of music therapy to make a meaningful impact and create positive change in the lives of those we care for.

**2:15pm - 3:15pm**

**LOCATION: MR 13**

## **Paper Session 81: Music Therapy in Spain: Steps Towards the Recognition of the Profession**

*Patricia L. Sabbatella, Spain, Melissa Mercadal Brotons, Spain, Catherine Clancy, Spain*

The profession of Music Therapy in Spain is challenged to achieve official recognition. This



paper describes the steps taken in the last 20 years, in the endeavour to organise and standardise training, establish clear guidelines and encourage accreditation, with the objective of achieving a unified professional identity.

**2:15pm - 3:15pm**

**LOCATION: MR 18**

## **Paper Session 83: Next Steps in Innovative Low-Latency Technologies for Online Synchronous Music Therapy Delivery**

*Allison Fuller, Australia*

This presentation will outline the results from a research project conducted with music therapists utilising the 'Elk' low-latency bridge. Video excerpts and the analysed data from surveys, interviews and focus groups will be explored along with opportunities for attendees to reflect on their own experiences when delivering online music therapy.

**2:15pm - 3:15pm**

**LOCATION: MR 17**

## **Paper Session 89: Unified Philosophy of Music Therapy: Solving the Identity Crisis through Interdisciplinary Analysis**

*Janice Lindstrom, United States*

The purpose of this presentation is to report on an investigation of the feasibility of a unifying philosophy for music therapy and to offer an identity for the music therapy profession that is appropriate for the various ways in which music therapy is practiced throughout the world.

## **Paper Session 89: Advancing Cultural Responsiveness: Examining Self-Construal in Music Therapy Clinical Practice**

*Jonathan Tang, United Kingdom*

Self-construal theory (Markus & Kitayama, 1991, 2010) can inform music therapy clinical practice, especially when working with

clients from diverse cultural backgrounds. The implications of self-construal on therapist, client, and music are examined using the data-based model for music therapy (Hanser, 2018). Examples drawn from the author's clinical experiences will be analysed.

**2:15pm - 3:15pm**

**LOCATION: MR 19**

## **Paper Session 90: Transversal Politics and Music Therapy: Re-Visioning Epistemic Communities**

*Simon Gilbertson, Norway*

In this paper I will explain how transversality and global transversal politics can facilitate the encompassment of difference and establishment of sustainable local music therapy ecologies. I propose that self-critical epistemological and ontological analysis is absolutely essential in the continuing development of anti-oppressive, discrimination-challenging music therapy based on shared values.

## **Paper Session 90: Building Capacity for Interprofessional Practice and Research: An Inclusive Case Study**

*Alison Short, Australia, Jennifer MacRitchie, United Kingdom, Amanda Third, Australia, Allison Fuller, Australia*

This panel tracks the development of a university-wide interprofessional music and health research network in a major metropolitan location from initial gathering through industry consultation and collaborative writing of a white paper to foundational support of an engaged research network, connecting to projects across music therapy and broader health areas.

**3:30pm - 4:30pm**

**BALLROOM A+B**

## **Closing Ceremony**



# 14

## General Information

WCMT 2023

### ACCESS/SECURITY

Name Badges will be provided to all delegates and participants and can be picked up at the WCMT 2023 Registration Desk. Please wear and ensure your name badge is visible at all times as it is your admission pass to all sessions, the Exhibit & ePoster Hall and Social Events. Delegates will not be able to access the congress meeting space without their badge. There is a \$100 CAD reprint fee for any lost or misplaced badge.

### OFFICIAL LANGUAGE

The official language of the WCMT2023 Congress is English. All sessions will be conducted in English. During the plenary sessions of the congress, delegates will have the option to access AVA, which is an app that allows for real-time captioning in several languages. Available languages include English, French, Chinese, Dutch, Spanish, Portuguese, Russian, Arabic, Hindi, German, Italian, Swedish, Turkish, Korean, Japanese, Taiwanese, Ukrainian, Swahili, Hebrew, Pashto, Norwegian.

### EXHIBITS & EPOSTER HALL HOURS

Location: Meeting Room Level (MR 1-3)

Tuesday, July 25	7:00pm – 9:00pm
<i>(Welcome Reception)</i>	
Wednesday, July 26	10:30am – 4:15pm
Thursday, July 27	10:30am – 4:15pm
Friday, July 28	10:30am – 4:15pm
Saturday, July 29	10:30am – 2:00pm

### LOST PROPERTY

Please report any lost or unattended items immediately to the WCMT 2023 Registration Desk. Should you lose anything while at the WCMT 2023 Congress, please enquire at the Registration Desk where any recovered lost property will be held. At the end of the conference, all unclaimed lost and found items will be given to the Vancouver Convention Centre.

### WIFI

Network SSID: WCMT2023

Password: vancouver

### REFRESHMENT BREAKS

Location: Exhibit and ePoster Hall

Meeting Room Level (MR 1-3)

July 26-29

MORNING COFFEE  
& TEA BREAK

10:30am - 11:00am

July 26-28

AFTERNOON COFFEE  
& TEA BREAK

3:45pm - 4:15pm

### REGISTRATION DESK HOURS

Location: Vancouver Convention Centre East

Building Foyer, Convention Level

Monday, July 24	12:00pm – 5:00pm
Tuesday, July 25	12:00pm – 8:00pm
Wednesday, July 26	7:30am – 5:00pm
Thursday, July 27	8:00am – 5:00pm
Friday, July 28	8:00am – 5:00pm
Saturday, July 29	8:00am – 2:00pm

### DISCLAIMER

All reasonable endeavors will be made to hold the WCMT 2023 Congress and to present the program as scheduled under circumstances which assure the comfort and safety of the Congress Participants. However, the CAMT & WFMT and its branches, and their respective directors, officers, employees, representatives or agents, shall not be liable in any manner whatsoever to any person as a result of the cancellation of the Congress or any of the arrangements, programs or events connected therewith; nor shall any of the foregoing entities or persons be liable in any manner whatsoever for any loss, injury, damage or inconvenience which may be suffered by any person while travelling to or from, or during such person's presence in, Vancouver in connection with the Congress. Participants are advised to consider procuring their own insurance against any such occurrences.





# WCMT

## WORLD CONGRESS OF MUSIC THERAPY

# Connecting Borders

Creating networks and enhancing identities through Music Therapy

08 / 12 JULY 2026 BOLOGNA, ITALY

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World Federation  
of Music Therapy



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Bologna Welcome  
Convention  
& Visitors Bureau



**Marinella Maggiori**

President AIM  
Italian Association of Music Therapy



**Mariagrazia Baroni**

Past-President AIM  
Italian Association of Music Therapy

*Come and visit us to our booth from 24 to 29 July 2023  
at the Vancouver Convention Centre*